

Carry-On CHECKLIST

TRAVEL DOCUMENTS

- ☐ PASSPORT (IF REQUIRED)
- ☐ WIPES
- ☐ DRIVER'S LICENSE OR ID
- ☐ BOARDING PASS
- ☐ TRAVEL ITINERARY
- ☐ HOTEL CONFIRMATION
- ☐ CRUISE DOCUMENTS
- ☐ TRAVEL INSURANCE INFO
- ☐ CREDIT/DEBIT CARDS
- ☐ CASH (LOCAL CURRENCY)
- ☐ EMERGENCY CONTACT INFO

MEDICATIONS AND HEALTH

- ☐ PRESCRIPTION MEDICATIONS
- ☐ VITAMINS
- ☐ PAIN RELIEVER
- ☐ ALLERGY MEDICATION
- ☐ MOTION SICKNESS MEDICATION
- ☐ INHALER
- ☐ EPIPEN
- ☐ HAND SANITIZER

CLOTHING ESSENTIALS

- ☐ ONE CHANGE OF CLOTHES
- ☐ UNDERWEAR
- ☐ SOCKS
- ☐ LIGHT SWEATER/HOODIE
- ☐ SWIMSUIT

TSA COMPLIANT

TOILETRIES

- ☐ TOOTHBRUSH + TOOTHPASTE
- ☐ DEODORANT
- ☐ LIP BALM
- ☐ MOISTURIZER
- ☐ SUNSCREEN
- ☐ MAKEUP ESSENTIALS
- ☐ CONTACT LENS SUPPLIES
- ☐ GLASSES

ELECTRONICS

- ☐ CELL PHONE
- ☐ PHONE CHARGER
- ☐ PORTABLE POWER BANK
- ☐ LAPTOP + CHARGER
- ☐ TABLET + CHARGER
- ☐ SMART WATCH + CHARGER
- ☐ CAMERA + CHARGER
- ☐ CAMERA BATTERIES + CHARGER
- ☐ HEADPHONES/ EARBUDS
- ☐ TRAVEL ADAPTER

ENTERTAINMENT

- ☐ BOOK OR E-READER
- ☐ DOWNLOADED MOVIES/TV SHOWS
- ☐ DOWNLOADED MUSIC/PODCASTS
- ☐ JOURNAL
- ☐ PEN

SNACKS AND DRINKS

- ☐ REFILLABLE WATER BOTTLE
- ☐ GRANOLA BARS
- ☐ TRAIL MIX
- ☐ CRACKERS
- ☐ GUM OR MINTS

IN-FLIGHT COMFORT

- ☐ NECK PILLOW
- ☐ TRAVEL BLANKET
- ☐ EYE MASK
- ☐ EAR PLUGS
- ☐ COMPRESSION SOCKS

MISCELLANEOUS

- ☐ WALLET
- ☐ KEYS
- ☐ SUNGLASSES
- ☐ SMALL UMBRELLA
- ☐ REUSABLE SHOPPING BAG
- ☐ TISSUES
- ☐ DISINFECTING WIPES
- ☐ LUGGAGE TAG

CARRY-ON TIPS

- KEEP CHARGERS AND LIQUIDS IN EASY-TO-REACH POCKETS FOR SECURITY SCREENING.
- DOWNLOAD AIRLINE APPS, BOARDING PASSES, MAPS, AND ENTERTAINMENT BEFORE LEAVING HOME.
- BRING AN EMPTY REUSABLE WATER BOTTLE TO FILL AFTER SECURITY.
- DRESS IN LAYERS, AS AIRPLANE CABINS CAN BE CHILLY.
- PACK A SMALL ZIP-TOP BAG FOR TRASH OR WET ITEMS.
- LIQUIDS, GELS, AEROSOLS, CREAMS, AND PASTES SHOULD GENERALLY BE 3.4 OZ (100 ML) OR SMALLER AND FIT IN ONE CLEAR, QUART-SIZED BAG.