

Allergen list



Please speak to a member of the team for any further information or substitutes or Vegan adaptations

Celery	Ce	Mustard	Mu
Cereals, Gluten	G	Nuts	N
Shellfish, Crustacean	Cr	Peanuts	P
Molluscs	Mol	Sesame Seeds	Se
Eggs	E	Soybeans	So
Fish	F	Sulphur Dioxide & Sulphites	Sul
Lupin	L		
Milk	Mi		

BITES (excluding dips)

Salt & Pepper Calamari	Mol/G/Mi
Barbacao Tacos	Mi/G
Halloumi Sticks	Mi/G
Hot Link Sausage	G adaptable
The Secret Beef Sausage [Boerewors]	Sul/So/G/Mi/F
XXL Smoked Buffalo Chicken Wings	Sul
Biltong	Sul
Burnt ends	Sul/Mu/G adaptable
Pork Belly Rashers	Sul/Mu
Nachos	May contain So

SIDES

Slaw	E/Sul/Mi
Triple Loaded BBQ Fries	Mi/So/G
Fries, Sweet Fries, Garlic & Parsley, Rosemary Fries	G/Mi
Pit Beans	Mu/Sul
Garlic Bread	Mi/G/So
Mac & Cheese	E/Mi/G/Mu
Cauliflower & Cheese	Mu/Mi/G
Corn	Mi adaptable

MAINS (excluding sides, dips garnish)

St Louis Meaty Pork Ribs	Sul/Mu
Beef Brisket	Sul/Mu
Alabama Chicken	Sul/E adaptable
Smoke Feast	Sul/So/Mi/E/GF adaptable/Mu
Hog Feast	Sul/Mu/Mi/G
Braai Tray	Sul/So/Mi/Mu/GF adaptable
[Braaied] Salmon Fillet	Mu/F
The Classic Cheese	Mi/Se/G/E
The Big Smoke	Mi/Se/G/E
The Veggie One	Mi/Se/G/E
The Low 'n' Slow	Mi/Se/G/Sul/E/Mu
The Boston Butt Burger	Mi/Se/G/Sul/E/Se
House Burger board	Speak to the Team
Cheddarmelt Spur Burger	Mi/G/E/Se
T Bone Steak	Mi/G Adaptable
Meat Board	Speak to the Team
Pulled Pork Tray	Mu/Sul/G Adaptable
Sunday Dinner	Mi/G/E/Sul Adaptable

DIPS & SAUCES

SBK Mayo	E
Alabama Mayo	E/Mi
BBQ Sauce	
Gherkin Mayo	E
Hot Sauce	Sul
Gherkin Mayo	E
Hot Sauce	Sul
Mrs Balls Chutney	Sul
Blue Cheese Sauce	Mi/G
Peppercorn Sauce	Mi/G
Mushroom Sauce	Mi/G
Bearnaise Sauce	Mi/G/E

Creamy Blue Cheese	E/Mi
Ranch	E/Mi
Hot Buffalo	F/Mi
Mild Buffalo	G/Mi
Hot Mayo	E/F/Mi/Sul
Garlic & Parmesan	Mi
Buffalo 2.0	F/G/Mi
Cheese Sauce	Mi/So/Mu/G

Wing Dash

Original Wings	G
Buffalo Wings	G/Mi
Buffalo Wings 2.0	G/F/Mi
Nashville Tenders	G/Mi
Triple Loaded Waffle Fries	E/G/Mi/Mu
Sandwich	G/Mi/Su
Waffle Fries Original	G
Cheesy Waffle Fries	G/Mi/So/Mu
Nacho Fries	E/Mi/So/Mu/G
Miami Nuggets	G/So

TREATS (excluding cream & ice cream)

Chocolate Brownie/Belgian Waffle	Mi/E/G
Caramel Biscoff Cheesecake	G/So
Ice Cream & Cream (Strawberry, Chocolate, Vanilla)	Mi
Shakes (Strawberry, Chocolate, Vanilla)	Mi/G adaptable
Salted Caramel Ice Cream & Shake	Mi/E
Dessert Special	Speak to the team
Hershey Bar	G/Mi/So
Reeses Nutrageous	N/Mi/So
Irish Coffee & Dom Pedro	Mi

Skittles	
Mini Hazelnut & Chocolate Donuts	G/E/Mi/So/N
Ice-cream Sundae	Mi

STICKY FINGERS

Fish Bun	Se/E/F/G
Mac & Cheese	G/Mi/E/Mu
Cheeseburger	Se/E/Mi/G
Secret Sausage	Sul/So/G/Mi/F
Wings	Sul

Updated by Kester Malins-Smith & Zuhair Khan 1st April 2026