

D R I N K S

<u>Sagar Speciality Drinks</u>	
Lassi is a delicious cool, creamy yoghurt & milk drink, served chilled	
Salt Lassi D	£3.45
Sweet Lassi D	£3.45
Mango Lassi D	£3.75
Limbu Pani	£3.25
Home made freshly squeezed lemonade	
Kashmiri Falooda D, N, G	£3.95
Rose Milk	£3.45
Contains milk	
Milkshake D, Soya	£3.95
Chocolate, Vanilla, Strawberry, Pistachio	
Jug of Mango Lassi D	£12.25

<u>Schweppes</u>	
Ginger Ale / Soda Water	£1.75
Tonic Water / Slimline Tonic Water	£1.75
Water Bottle	£3.45
<small>(still / sparkling) 750ml</small>	
Water Glass	£1.95
<small>(still / sparkling) 330 ml</small>	
Lemon Soda	£3.75

<u>Spirits (25ML)</u>	
Bacardi	£3.25
Captain Morgan	£3.25
Gordon's Gin	£3.25
Absolut Vodka	£3.25

<u>Cognac (25 ML)</u>	
Courvoisier	£3.75

<u>Juices</u>	
Orange	£2.65
Mango	£2.65
Passion	£2.65
Jug of Passion	£10.95

<u>Soft Drinks</u>	
Coke / Diet Coke	£1.95
Coke Zero / Fanta Orange / 7Up <small>(330ml)</small>	

<u>Beers</u>	
Kingfisher <small>(330ml) 4.8%</small>	£3.95
Cobra <small>(330ml) 4.8%</small>	£3.95
Kingfisher <small>(330ml) Alcohol Free - 0%</small>	£3.95
Heineken <small>(330ml) 5%</small>	£3.95
Kingfisher <small>Large 4.8%</small>	£5.95
Cobra <small>Large 4.8%</small>	£5.95

<u>Whiskey (25ML)</u>	
Black Label	£3.75
Glenfiddich	£3.75
Laphroaig	£3.75
Jameson	£3.75
Jack Daniels	£3.75

<u>Liqueurs (25 ML)</u>	
Baileys (50ml)	£3.45

<u>Vegetarian White Wine</u>			
	125ml	175ml	bottle
Da Luca Pinot Grigio, Terre Siciliane, Italy. <small>Vegan</small>			£16.95
<small>Delicious fresh and creamy with peach fruit character. A classic South African style.</small>			
Monte Verde Sauvignon Blanc, Chile.	£3.45	£3.95	£15.95
<small>Classic gooseberry flavours enhanced by tropical fruit and zesty lemon</small>			

<u>Vegetarian Rose Wine</u>			
	125ml	175ml	bottle
Los Romeros Merlot Rosé, Central Valley (Chile) <small>Vegan</small>	£3.45	£3.95	£15.95
<small>Bright raspberry and strawberry aromas with pleasant blackcurrant flavours make this a soft easy drinking wine.</small>			

<u>Vegetarian Red Wine</u>			
	125ml	175ml	bottle
Monte Verde Merlot, Central Valley, Chile. <small>Vegan</small>	£3.45	£3.95	£15.95
<small>A supple and intensely juicy style with intense flavours of ripe red berries and plums</small>			
Solstice Shiraz, Italy.			£15.95
<small>A softer style of this spicy, full flavoured grape, that thrives in the Sicilian sun - ripe, light and lively.</small>			

<u>Vegetarian Sparkling Wine & Champagne</u>	
Da Luca Prosecco (Italy) <small>Vegan 200ml</small>	£6.25
<small>Pear and peach fruit on a lively, soft and generous palate.</small>	
Da Luca Prosecco (Italy) <small>Vegan</small>	£19.95
<small>Pear and peach fruit on a lively, soft and generous palate.</small>	

sagar

ONION & GARLIC FREE

M E N U

Our chefs are from Udupi, a small town in the coastal region of the Western Ghats, about 360km from Bangalore in Karnataka. At a famous temple there is an idol of Lord Krishna richly adorned in jewels. The town is a knowledgeable centre for authentic South Indian Cuisine. Udupi chefs are renowned for the cooking of traditional South Indian vegetarian food.

Sagar is a restaurant that is recognised as breaking new ground in the presentation of South Indian vegetarian dishes, including some which are new to this country.

We do Onion Garlicfree Dishes. Please ask the staff for separate menu.

FOOD ALLERGIES AND INTOLERANCES
Please speak to our staff about the ingredients in your meal when placing your order. Thank you

Famous Starters from South India

Idli <small>Vegan</small>	£4.45	Special Upma <small>Vegan</small>	£3.45
Gently steamed rice dumplings served with sambar and coconut chutney Contains Mustard		Cream of wheat cooked with delicate spice, fresh tomato, peas and rich cashew nuts Contains Gluten • Nuts • Mustard	
Idli Vada <small>Vegan</small>	£4.95	Samosa <small>Vegan</small>	£4.25
Gently steamed rice dumplings & lentil doughnut served with coconut chutney & sambar Contains Mustard		Crisp pasty turnovers filled with delicate spice potatoes, peas and cashew nuts Contains Gluten • Nuts	
Chilli Idli <small>Vegan</small>	£4.95	Chilli Paneer	£6.45
Deep-fried rice dumpling tossed in soya sauce with chillies Contains Gluten		Cottage cheese stir fried with capsicum, chillies & tossed in soya sauce Contains Dairy • Gluten	
Fried Idli <small>Vegan</small>	£4.75	Pappadam <small>Vegan</small>	£2.25
Gently steamed rice dumplings fried & served with coconut chutney & tomato ketchup Contains Nuts • Mustard		Two crispy snacks made of black gram lentils served with pickle & chutney	
Medu Vada <small>Vegan</small>	£4.25	Potato Bhajia <small>Vegan</small>	£4.75
Fried lentil doughnuts, soft in the middle and crispy on the outside Contains Mustard		Seasoned potatoes and mild spice, flatened then fried in a gram flour batter Contains Mustard	
Gobi Manchurian <small>Vegan</small>	£5.75	Harabara Kebab <small>Vegan</small>	£4.75
Battered cauliflower deep fried and tossed in soya sauce Contains Gluten		Fresh vegetable and spinach blended with spices made into a patty Contains Gluten	
Masala Chips <small>Vegan</small>	£4.25	Potato Bonda <small>Vegan</small>	£3.95
Potato Chips with Indian spices		Seasoned potatoes and mild spice fried in a gram flour batter Contains Mustard	
Rasa Vada <small>Vegan</small>	£3.95		
Soft lentil doughnuts soaked in warm tangy rasam Contains Mustard			

Soups

Rasam <small>Vegan</small>	£3.25	Dal Soup <small>Vegan</small>	£3.25
Traditional south indian spicy soup Contains Mustard		Lentil broth	

Bombay Chowpati Special

Dahi Potato Puri	£4.45	Potato Chips <small>Vegan</small>	£3.75
Small crispy poori stuffed with potatoes, sweet & sour spicy chutney and yoghurt Contains Dairy • Gluten		Served with tomato ketchup	
Aloo Papadi Chat	£3.95	Pani Puri <small>Vegan</small>	£3.45
Crispy poori served with potatoes, sour & spicy chutney and yogurt Contains Dairy • Gluten		Small crispy poori served with chickpeas, sour & spicy consommé Contains Gluten	
Mogo Chips <small>Vegan</small>	£4.25	Bhel Puri <small>Vegan</small>	£3.95
Served with tomato ketchup and sweet chutney		Puffed rice sev mixed with sour & chutney with tender potatoes Contains Gluten	
Masala Mogo <small>Vegan</small>	£4.95	Dahi Vada	£3.95
Casava chips with chef special spices Contains Gluten		Lentil doughnuts soaked in cold home made yoghurt. Contains Dairy	

Main Meals

All Dosa's served with sambar & coconut chutney

Plain Dosa <small>Vegan</small>	£4.75	Cheese Dosa	£5.45
Rice and lentil pancake Contains Mustard		Rice and lentil pancake with cheese Contains Dairy • Mustard	
Masala Dosa <small>Vegan</small>	£5.45	Nutella Dosa	£4.95
Rice & lentil golden pancake filled with potatos Contains Mustard		Rice and lentil crepe with nutella souce Contains Dairy • Nuts	
Rava Dosa <small>Vegan</small>	£4.95	Paper Masala Dosa	£6.95
Cream of wheat & rice pancake Contains Gluten • Mustard		<small>Vegan</small> Crispy rice and lentil pancake served with potatos Contains Mustard	
Rava Masala Dosa <small>Vegan</small>	£5.45	Ghee Roast	£4.95
Cream of wheat & rice pancake filled with potatos Contains Gluten • Mustard		Rice and lentil pancake filled with ghee Contains Dairy • Mustard	

Our Famous Curry Dishes

Vegetable Kootu	£4.75	Suki Bhajee <small>Vegan</small>	£4.75
Fresh vegetable cooked in coconut, cashewnuts and cream with home made south Indian spices Contains Milk • Nuts • Mustard		Fresh dry vegetable tossed in karahi with coconut and home made south Indian spices Contains Mustard	
Fried Dal <small>Vegan</small>	£4.75	Potato Palya <small>Vegan</small>	£4.75
Yellow pulse with light chilly, tomato and lemon seasoning Contains Mustard		Potatoes cooked with home blended south Indian spices Contains Mustard	

Sambar <small>Vegan</small>	£4.75
Fresh vegetable cooked in fresh coconut and lentil with home made south Indian spice Contains Mustard	

Thalis

Traditional Udupi Thali	£11.95
Traditional south indian platter made mostly with lentil's served with pappadam, raitha,palya, suki bhajee, kootu, vegetable sambar, dal, rasam, basmati rice, poori and dessert Contains Dairy • Mustard • Gluten • Nuts	

Home Made Fresh Bread

Poori <small>Vegan</small>	£3.25	Chappathi <small>Vegan</small>	£3.25
Two pieces of deep fried puffy dough Contains Gluten		Two pieces of unleavened baked bread Contains Gluten	
Batura <small>Vegan</small>	£3.25	Paratha <small>Vegan</small>	£2.95
Large fluffy fried bread Contains Gluten		One piece delicious flaky leavened plain flour bread Contains Gluten	

Home Made Rice Speciality

Lemon Rice	£3.45	Boiled Rice <small>Vegan</small>	£3.25
<small>Vegan option available - without raitha</small> Basmati rice tossed in a deep pan with peas and fresh lemon juice served with raitha in a separate dish Contains Mustard • Nuts • Dairy		Basmati rice	
Vegetable Pilau Rice	£3.45	Curd Rice	£3.75
<small>Vegan</small> Basmati rice prepared with mixed vegetables and vegetable ghee		A cooling mixture of rice, cucumber and yoghurt, served with home-made pickle. Contains Dairy • Mustard	
Jeera Rice	£3.45		
<small>Vegan option available - without raitha</small> Basmati rice toasted with cumin seeds served with raitha in a separate dish Contains Mustard			

Uthappams (Lentil Pizza)

All Uthappams served with sambar & coconut chutney

Plain Uthappam <small>Vegan</small>	£4.75	Cheese Uthappam <small>Vegan</small>	£5.75
Traditionally prepared rice & lentil pizza Contains Mustard		Traditionally prepared rice & lentil pizza topped with cheese Contains Mustard • Dairy	
Tomato Uthappam <small>Vegan</small>	£5.25	Sagar Special Uthappam	£6.25
Traditionally prepared rice & lentil pizza topped with tomato Contains Mustard		Traditionally prepared rice & lentil pizza topped with tomato, capsicum and cheese Contains Dairy • Mustard	
Masala Uthappam <small>Vegan</small>	£5.95		
Traditionally prepared rice & lentil pizza topped with potato, coriander, mulaga podi Contains Mustard			

Extras

Raitha	£1.95	Mulaga Podi	£1.95
Special salad made with carrots, cucumber & yoghurt Contains Dairy		Combination of lentils ground together with spices and served with ghee Contains Dairy	
Poori Masala <small>Vegan</small>	£5.45	Pickles (each)	£1.25
Contains Gluten		Lime chutney, Mango chutney	