

D R I N K S

Sagar Speciality Drinks	
Lassi is a delicious cool, creamy yoghurt & milk drink, served chilled	
Salt Lassi D	£3.45
Sweet Lassi D	£3.45
Mango Lassi D	£3.75
Limbu Pani	£3.25
Home made freshly squeezed lemonade	
Kashmiri Falooda D, N, G	£3.95
Rose Milk	£3.45
Contains milk	
Milkshake D, Soya	£3.95
Chocolate, Vanilla, Strawberry, Pistachio	
Jug of Mango Lassi D	£12.25

Schweppes	
Ginger Ale / Soda Water	£1.75
Tonic Water / Slimline Tonic Water	£1.75
Water Bottle	£3.45
(still / sparkling) 750ml	
Water Glass	£1.95
(still / sparkling) 330 ml	
Lemon Soda	£3.75

Spirits (25ML)	
Bacardi	£3.25
Captain Morgan	£3.25
Gordon's Gin	£3.25
Absolut Vodka	£3.25

Cognac (25 ML)	
Courvoisier	£3.75

Juices	
Orange	£2.65
Mango	£2.65
Passion	£2.65
Jug of Passion	£10.95

Soft Drinks	
Coke / Diet Coke	£1.95
Coke Zero / Fanta Orange / 7Up	(330ml)

Beers	
Kingfisher	(330ml) 4.8% £3.95
Cobra	(330ml) 4.8% £3.95
Kingfisher	(330ml) Alcohol Free - 0% £3.95
Heineken	(330ml) 5% £3.95
Kingfisher	Large 4.8% £5.95
Cobra	Large 4.8% £5.95

Whiskey (25ML)	
Black Label	£3.75
Glenfiddich	£3.75
Laphroaig	£3.75
Jameson	£3.75
Jack Daniels	£3.75

Liqueurs (25 ML)	
Baileys (50ml)	£3.45

Vegetarian White Wine			
	125ml	175ml	bottle
Da Luca Pinot Grigio, Terre Siciliane, Italy.	Vegan		£16.95
Delicious fresh and creamy with peach fruit character. A classic South African style.			
Monte Verde Sauvignon Blanc, Chile.	£3.45	£3.95	£15.95
Classic gooseberry flavours enhanced by tropical fruit and zesty lemon			

Vegetarian Rose Wine			
	125ml	175ml	bottle
Los Romero's Merlot Rosé, Central Valley (Chile)	Vegan	£3.45	£3.95 £15.95
Bright raspberry and strawberry aromas with pleasant blackcurrant flavours make this a soft easy drinking wine.			

Vegetarian Red Wine			
	125ml	175ml	bottle
Monte Verde Merlot, Central Valley, Chile.	Vegan	£3.45	£3.95 £15.95
A supple and intensely juicy style with intense flavours of ripe red berries and plums			
Solstice Shiraz, Italy.			£15.95
A softer style of this spicy, full flavoured grape, that thrives in the Sicilian sun - ripe, light and lively.			

Vegetarian Sparkling Wine & Champagne			
Da Luca Prosecco (Italy)	Vegan	200ml	£6.25
Pear and peach fruit on a lively, soft and generous palate.			
Da Luca Prosecco (Italy)	Vegan		£19.95
Pear and peach fruit on a lively, soft and generous palate.			

sagar	
M E N U	
Our chefs are from Udupi, a small town in the coastal region of the Western Ghats, about 360km from Bangalore in Karnataka. At a famous temple there is an idol of Lord Krishna richly adorned in jewels. The town is a knowledgeable centre for authentic South Indian Cuisine. Udupi chefs are renowned for the cooking of traditional South Indian vegetarian food.	
Sagar is a restaurant that is recognised as breaking new ground in the presentation of South Indian vegetarian dishes, including some which are new to this country.	
We do Onion Garlic-free Dishes. Please ask the staff for separate menu.	
FOOD ALLERGIES AND INTOLERANCES Please speak to our staff about the ingredients in your meal when placing your order. Thank you	

Famous Starters from South India

Idli	Vegan	£4.45
Gently steamed rice dumplings served with sambar and coconut chutney		
Contains Mustard		
Idli Vada	Vegan	£4.95
Gently steamed rice dumplings & lentil doughnut served with coconut chutney & sambar		
Contains Mustard		
Chilli Idli	Vegan	£4.95
Deep-fried rice dumpling tossed in soya sauce with garlic and chillies		
Contains Gluten		
Fried Idli	Vegan	£4.75
Gently steamed rice dumplings fried & served with coconut chutney & tomato ketchup		
Contains Nuts • Mustard		
Medu Vada	Vegan	£4.25
Fried lentil doughnuts, soft in the middle and crispy on the outside		
Contains Mustard		
Rasa Vada	Vegan	£3.95
Soft lentil doughnuts soaked in warm tangy rasam		
Contains Mustard		
Sambar Vada	Vegan	£3.95
Soft lentil doughnuts soaked in sambar		
Contains Mustard		

Potato Bhajia	Vegan	£4.75
Seasoned potatoes and mild spice, flattened then fried in a gram flour batter		
Contains Mustard		

Special Upma	Vegan	£3.45
Cream of wheat cooked with delicate spice, fresh tomato, peas and rich cashew nuts		
Contains Gluten • Nuts • Mustard		

Samosa	Vegan	£4.25
Crisp pasty turnovers filled with delicate spice potatoes, peas and cashew nuts		
Contains Gluten • Nuts		

Spring Roll	Vegan	£4.95
Crispy rolls filled with white cabbage, carrot, bean sprouts, green peas, sweetcorn and soya sauce		
Contains Gluten		

Chilli Paneer	£6.45
Cottage cheese stir fried with capsicum, chillies, onion, garlic & tossed in soya sauce	
Contains Dairy • Gluten	

Gobi Manchurian	Vegan	£5.75
Battered cauliflower deep fried and tossed in soya sauce with onion and garlic		
Contains Gluten		

Bhajia	Vegan	£4.25
Chopped onions dipped in light batter of gram flour, rice coriander seeds and fried them to give the extra munch		

Pappadam	Vegan	£2.25
Two crispy snacks made of black gram lentils served with pickle & chutney		

Potato Bonda	Vegan	£3.95
Seasoned potatoes and mild spice fried in a gram flour batter		
Contains Mustard		

Masala Chips	Vegan	£4.25
Potato Chips with Indian spices		

Masala Papad	Vegan	£1.45
Crispy papadam top with onion, tomato and spices		

Pizza Samosa	£4.95
Crisp pastry filled with cheese, mix pepper, tomato, sweet corn, onion and chilly	
Contains Gluten • Dairy	

Harabara Kebab	Vegan	£4.75
Fresh vegetable and spinach blended with spices made into a patty		
Contains Gluten		

Samosa Chat	£4.75
Samosa broken into pieces topped with channa masala, sweet yogurt and chutneys	
Contains Gluten • Nuts • Dairy	

Paneer Roll	£6.25
Crispy roll filled with paneer, pepper, onion, garlic, chilli and soya sauce	
Contains Gluten	

Soups					
<b>Rasam</b>	Vegan	£3.25	<b>Dal Soup</b>	Vegan	£3.25
Traditional south indian spicy soup			Lentil broth		
Contains Mustard					

Bombay Chowpati Special

<b>Bhel Puri</b>	Vegan	<b>£3.95</b>	<b>Pani Puri</b>	Vegan	<b>£3.45</b>
Puffed rice sev mixed with sour & garlic chutney with tender potatoes and onions					
Contains Gluten					

<b>Sev Puri</b>	(Vegan option available)	<b>£4.45</b>	<b>Dahi Vada</b>		<b>£3.95</b>
Crisp poori prepared with onions, tamarind, coriander, garlic chutney and yoghurt garnished with sev					
Contains Dairy • Gluten					

<b>Dahi Potato Puri</b>		<b>£4.45</b>	<b>Mogo Chips</b>	Vegan	<b>£4.25</b>
Small crispy poori stuffed with potatoes, sweet & sour spicy chutney and yoghurt					
Contains Dairy • Gluten					

<b>Aloo Papadi Chat</b>		<b>£3.95</b>	<b>Masala Mogo</b>	Vegan	<b>£4.95</b>
Crispy poori served with potatoes, sour & spicy chutney and yogurt					
Contains Dairy • Gluten					

Main Meals
All Dosa’s served with sambar & coconut chutney

<b>Plain Dosa</b>	Vegan	<b>£4.75</b>	<b>Paneer Masala Dosa</b>		<b>£6.25</b>
Rice and lentil pancake					
Contains Mustard					

<b>Masala Dosa</b>	Vegan	<b>£5.45</b>	<b>Nutella Dosa</b>		<b>£4.95</b>
Rice & lentil golden pancake filled with potato, onions & carrot					
Contains Mustard					

<b>Mysore Masala Dosa</b>	Vegan	<b>£6.25</b>	<b>Spring Dosa</b>	Vegan	<b>£6.25</b>
Very famous rice and lentil spicy pancake spreaded with red coconut chutney filled with potato, onions & carrot					
Contains Mustard					

<b>Mysore Dosa</b>	Vegan	<b>£5.45</b>	<b>Sagar Special Dosa</b>	Vegan	<b>£6.45</b>
Very famous rice and lentil spicy pancake spread with red coconut chutney					
Contains Mustard					

<b>Rava Dosa</b>	Vegan	<b>£4.95</b>	<b>Paper Masala Dosa</b>	Vegan	<b>£6.95</b>
Cream of wheat & rice pancake					
Contains Gluten • Mustard					

<b>Rava Masala Dosa</b>	Vegan	<b>£5.45</b>	<b>Paper Paneer Dosa</b>		<b>£7.25</b>
Cream of wheat & rice pancake filled with potato, onions & carrot					
Contains Gluten • Mustard					

<b>Onion Rava Dosa</b>	Vegan	<b>£5.25</b>	<b>Ghee Roast</b>		<b>£4.95</b>
Cream of wheat & rice crispy pancake with sautéed onions					
Contains Gluten • Mustard					

<b>Onion Rava Masala Dosa</b>	Vegan	<b>£5.75</b>	<b>Extra Topping of Cheese, Paneer or Mulaga Podi</b>		<b>£1.50</b>
Cream of wheat & rice pancake filled with potato,onions & carrot					
Contains Gluten • Mustard					

<b>Cheese Dosa</b>		<b>£5.45</b>			
Rice and lentil pancake with cheese					
Contains Dairy • Mustard					

Uthappams (Lentil Pizza)
All Uthappams served with sambar & coconut chutney

<b>Plain Uthappam</b>	Vegan	<b>£4.75</b>	<b>Mix Uthappam</b>	Vegan	<b>£5.75</b>
Traditionally prepared rice & lentil pizza					
Contains Mustard					

<b>Onion Uthappam</b>	Vegan	<b>£5.25</b>	<b>Masala Uthappam</b>	Vegan	<b>£5.95</b>
Traditionally prepared rice & lentil pizza topped with onion					
Contains Mustard					

<b>Tomato Uthappam</b>	Vegan	<b>£5.25</b>	<b>Sagar Special Uthappam</b>		<b>£6.25</b>
Traditionally prepared rice & lentil pizza topped with tomato					
Contains Mustard					

<b>Cheese Uthappam</b>		<b>£5.75</b>	<b>Extra Topping of Cheese or Capsicum</b>		<b>£1.50</b>
Traditionally prepared rice & lentil pizza topped with cheese					
Contains Milk • Mustard					

<b>Onion &amp; Chilli Uthappam</b>		<b>£5.45</b>			
Vegan					
Traditionally prepared rice & lentil pizza topped with onion & chillies					
Contains Mustard					

Our Famous Curry Dishes

<b>Vegetable Kurma</b>	Vegan	<b>£4.95</b>	<b>Brinjal Bhajee</b>	Vegan	<b>£5.25</b>
Creamy curry of fresh vegetables cooked in mild sauce with cashewnuts					
Contains Nuts					

<b>Channa Masala</b>	Vegan	<b>£4.95</b>	<b>Vegetable Kootu</b>		<b>£4.75</b>
Chick peas simmered in a tomato curry with fresh spices, ideally eaten with batura					

<b>Mattar Paneer</b>		<b>£5.75</b>	<b>Fried Dal</b>	Vegan	<b>£4.75</b>
A delicious curry with fresh home made cottage cheese, peas, cashewnuts & cream					
Contains Dairy • Nuts					

<b>Aloo Ghobi</b>	Vegan	<b>£4.95</b>	<b>Sambar</b>	Vegan	<b>£4.75</b>
A delicious curry with cauliflower, potato, fresh tomato and capsicum (red & green) with home blended south indian spices					

<b>Saag Aloo</b>	Vegan	<b>£4.95</b>	<b>Suki Bhajee</b>	Vegan	<b>£4.75</b>
A delicious curry with spinach, potato, with home blended south Indian spices					

<b>Saag Paneer</b>		<b>£5.75</b>	<b>Potato Palya</b>	Vegan	<b>£4.75</b>
Lightly spiced fresh spinach cooked with fresh home made cottage cheese					
Contains Dairy					

<b>Bhajee</b>	Vegan	<b>£4.95</b>			
Smash mixed vegetables cooked in tomato sauce and spices					

Thalis

<b>Traditional Udupi Thali</b>	<b>£11.95</b>	<b>Rajdani Thali</b>	<b>£11.95</b>
Traditional south indian platter made mostly with lentil’s served with pappadam, raitha,palya, suki bhajee, kootu, vegetable sambar, dal, rasam, basmati rice, poori and dessert			
Contains Dairy • Mustard • Gluten • Nuts			

<b>Vegan Thali</b>	<b>£12.95</b>		
Special platter with pappadam, channa masala, brinjal bhajee, vegetable kurma, sambar, potato palya, suki bhajee, lemon rice, paratha and dessert			
Contains Mustard • Gluten • Nuts			

Home Made Fresh Bread

<b>Poori</b>	Vegan	<b>£3.25</b>	<b>Stuffed Paratha with Plain Yogurt</b>		<b>£3.95</b>
Two pieces of deep fried puffy dough					
Contains Gluten					

<b>Batura</b>	Vegan	<b>£3.25</b>	<b>Paratha</b>	Vegan	<b>£2.95</b>
Large fluffy fried bread					
Contains Gluten					

<b>Chappathi</b>	Vegan	<b>£3.25</b>			
Two pieces of unleavened baked bread					
Contains Gluten					

Home Made Rice Speciality

<b>Lemon Rice</b>		<b>£3.45</b>	<b>Vegetable Fried Rice</b>	Vegan	<b>£3.75</b>
Vegan option available - without raitha					
Basmati rice tossed in a deep pan with peas and fresh lemon juice served with raitha in a separate dish					
Contains Mustard • Nuts • Dairy					

<b>Vegetable Biriyani</b>		<b>£5.25</b>			
Vegan option available - without raitha					
Basmati rice cooked with vegetables and home made spices served with vegetable kurma & salads and with raitha in a separate dish					
Contains Dairy • Nuts					

Basmati rice cooked with vegetables and home made spices served with vegetable kurma & salads and with raitha in a separate dish		<b>Curd Rice</b>		<b>£3.75</b>
Contains Dairy • Nuts		A cooling mixture of rice, cucumber and yoghurt, served with home-made pickle		
<b>Vegetable Pilau Rice</b>	Vegan	<b>£3.45</b>	Contains Dairy • Mustard	

<b>Jeera Rice</b>		<b>£3.45</b>			
Vegan option available - without raitha					
Basmati rice toasted with cumin seeds served with raitha in a separate dish					
Contains Mustard					

Extras

<b>Chana Batura</b>	Vegan	<b>£5.75</b>	<b>Pav Bhaji</b>	Vegan	<b>£5.45</b>
Contains Gluten					

<b>Poori Masala</b>	Vegan	<b>£5.45</b>	<b>Mix Salad</b>	Vegan	<b>£3.25</b>
Contains Gluten					
cucumber, tomato, onions, lettuce, carrots, chilly & lemon					

<b>Chappathi with Kurma</b>		<b>£5.75</b>	<b>Mulaga Podi</b>		<b>£1.95</b>
Vegan					
Contains Gluten					
Combination of lentils ground together with spices and served with ghee					
Contains Dairy					

<b>Raitha</b>		<b>£1.95</b>	<b>Pickles (each)</b>		<b>£1.25</b>
Special salad made with carrots, cucumber & yoghurt					
Contains Dairy					