

D R I N K S

Sagar Speciality Drinks

Lassi is a delicious cool, creamy yoghurt & milk drink, served chilled

Salt Lassi D	£5.45
Sweet Lassi D	£5.45
Mango Lassi D	£5.95
Limbu Pani	£4.45
Home made freshly squeezed lemonade	

Soft Drinks

Coke / Diet Coke	£4.45
Coke Zero / Fanta Orange / Sprite	(330ml Glass)

Schweppes

Ginger Ale / Soda Water	£3.75
Tonic Water	£3.75
Water Bottle	£4.95
(still / sparkling) 750ml	
Water Glass	£2.95
(still / sparkling) 330 ml	

Aperitifs (50ML)

Cinzano Bianco	£3.95
Martini (Dry Rosso)	£3.95
Campari	£3.95

Spirits (25ML)

Bacardi	£4.95
Captain Morgan Dark	£4.95
Absolute	£4.95

Cognac (25 ML)

Hennessy	£4.95
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Juices

Orange	£4.35
Mango	£4.35
Passion	£4.35

Beers

Kingfisher (330ml) 4.8%	£5.35
Kingfisher (330ml) Alcohol Free - 0%	£5.35
Cobra (330ml) 4.8%	£5.35
Kingfisher Large (650ml) 4.8%	£7.95
Cobra Large (650ml) 4.8%	£7.95

Whiskey (25ML)

Black Label	£4.95
Glenfiddich	£4.95
Jameson	£4.95
Jack Daniels	£4.95

Gin (25 ML)

Gordon's Gin	£4.95
Bombay Sapphire	£4.95

Liqueurs (25 ML)

Baileys (50ml)	£4.95
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Vegetarian White Wine

	125ml	175ml	bottle
Ayrum Verdejo Blanco Albali, Valdepeñas, Spain.	£5.45	£5.95	£23.95
This aromatic Verdejo shows floral notes with green apple and citrus fruit on the palate.			
Cullinan View Chenin Blanc, South Africa.		£6.25	£24.95
Delicious fresh and creamy with peach fruit character. A classic South African style.			
Monte Verde Sauvignon Blanc, Chile.		£6.55	£25.95
Classic gooseberry flavours enhanced by tropical fruit and zesty lemon			
Pinot Grigio di Pavia, Collezione Marchesini, Italy.			£26.45
Lovely buttery, crisp and dry style with typical pear fruit from this area of central northern Italy in the Southern section of Lombardy.			
Da Luca Pinot Grigio, Terre Siciliane, Italy.	Vegan		£26.95
Delicious fresh and creamy with peach fruit character. A classic South African style.			

Vegetarian Rose Wine

	125ml	175ml	bottle
Ayrum Tempranillo Rosado Albali, Valdepeñas (Spain)	£5.45	£5.95	£23.95
This aromatic Verdejo shows floral notes with green apple and citrus fruit on the palate.			
Los Romeros Merlot Rosé, Central Valley (Chile)	Vegan	£5.35	£6.05
Bright raspberry and strawberry aromas with pleasant blackcurrant flavours make this a soft easy drinking wine.			

Vegetarian Red Wine

	125ml	175ml	bottle
Borsari Cabernet Sauvignon, Italy.	£5.15	£5.65	£21.95
Bright, soft berry-fruits with juicy damsons, a smooth, easy-going red.			
Solstice Shiraz, Italy.		£6.25	£24.95
A softer style of this spicy, full flavoured grape, that thrives in the Sicilian sun - ripe, light and lively.			
Monte Verde Merlot, Central Valley, Chile.	Vegan	£6.55	£25.95
A supple and intensely juicy style with intense flavours of ripe red berries and plums			
Callia Malbec, San Juan, Argentina.			£26.45
Plenty of ripe, soft berry fruit flavours with the usual pinch of spice associated with Malbec as well as cinnamon and vanilla oak-spice notes			
Da Luca Nero d'Avola, Terre Siciliane, Italy.	Vegan		£26.95
Delicious cherry and bramble fruit aromas, followed by a note of vanilla on the finish			

Vegetarian Sparkling Wine & Champagne

	125ml	175ml	bottle
Da Luca Prosecco (Italy)	Vegan	200ml	£9.95
Pear and peach fruit on a lively, soft and generous palate.			
Da Luca Prosecco (Italy)	Vegan		£30.95
Pear and peach fruit on a lively, soft and generous palate.			
Louis Dornier et Fils Brut (France)	Vegan		£40.95
A light, fresh, vigorously youthful Champagne with a fine, elegant, slightly lemony nose, and long, crisp palate.			

sagar

ONION & GARLIC FREE

M E N U

Our chefs are from Udupi, a small town in the coastal region of the Western Ghats, about 360km from Bangalore in Karnataka. At a famous temple there is an idol of Lord Krishna richly adorned in jewels. The town is a knowledgeable centre for authentic South Indian Cuisine. Udupi chefs are renowned for the cooking of traditional South Indian vegetarian food.

Sagar is a restaurant that is recognised as breaking new ground in the presentation of South Indian vegetarian dishes, including some which are new to this country.

We do Onion Garlicfree Dishes. Please ask the staff for separate menu.

FOOD ALLERGIES AND INTOLERANCES
Please speak to our staff about the ingredients in your meal when placing your order. Thank you

Famous Starters from South India

Idli

Vegan

£7.45

Gently steamed rice dumplings served with coconut chutney & sambar

Contains Mustard

Special Upma

Vegan

£4.95

Cream of wheat cooked with delicate spice, fresh tomato, peas and rich cashew nuts

Contains Gluten • Nuts • Mustard

Idli Vada

Vegan

£8.35

Gently steamed rice dumplings & lentil doughnut served with coconut chutney & sambar

Contains Mustard

Medu Vada

Vegan

£7.45

Fried lentil doughnuts, soft in the middle and crispy on the outside with coconut chutney & sambar

Contains Mustard

Gobi Manchurian

£8.75

Battered cauliflower deep fried and tossed in soya sauce

Contains Gluten

Rasa Vada

Vegan

£7.45

Soft lentil doughnuts soaked in warm tangy rasam

Contains Mustard

Soups

Rasam

Vegan

£3.95

Traditional south indian spicy soup

Contains Mustard

Dal Soup

Vegan

£3.95

Lentil broth

Bombay Chowpati Special

Dahi Potato Puri

£6.95

Small crispy poori stuffed with potatoes, sweet & sour spicy chutney and yoghurt

Contains Dairy • Gluten

Aloo Papadi Chat

£6.65

Crispy poori served with potatoes, sour & spicy chutney and yogurt

Contains Dairy • Gluten

Pani Puri

Vegan

£6.45

Small crispy poori served with chickpeas, sour & spicy consommé

Contains Gluten

Samosa

Vegan

£7.25

Crisp pasty turnovers filled with delicate spice potatoes, peas and cashew nuts

Contains Gluten • Nuts

Pappadam

Vegan

£3.75

Two crispy snacks made of black gram lentils served with pickle & chutney

Potato Bonda

Vegan

£7.25

Seasoned potatoes and mild spice fried in a gram flour batter

Contains Mustard

Main Meals

All Dosa's served with sambar & coconut chutney

Plain Dosa

Vegan

£8.45

Rice and lentil pancake

Contains Mustard

Cheese Dosa

£8.95

Rice and lentil pancake with cheese

Contains Dairy • Mustard

Masala Dosa

Vegan

£9.45

Rice & lentil golden pancake filled with potato

Contains Mustard

Rava Dosa

Vegan

£9.45

Cream of wheat & rice pancake

Contains Gluten • Mustard

Rava Masala Dosa

Vegan

£10.45

Cream of wheat & rice pancake filled with potato

Contains Gluten • Mustard

Ghee Roast

£9.35

Rice and lentil pancake filled with ghee

Contains Dairy • Mustard

Vegetable Kootu

Vegan

£7.95

Fresh vegetable cooked in coconut, cashewnuts and cream with home made south Indian spices

Contains Nuts • Mustard

Suki Bhajee

Vegan

£7.95

Fresh dry vegetable tossed in karahi with coconut and home made south Indian spices

Contains Mustard

Potato Palya

Vegan

£7.95

Potatoes cooked with home blended south Indian spices

Contains Mustard

Sambar

Vegan

£7.95

Fresh vegetable cooked in fresh coconut and lentil with home made south Indian spice

Contains Mustard

Thalis

Traditional Udupi Thali

£22.95

Traditional south indian platter made mostly with lentil's served with pappadam, raitha,palya, suki bhajee, kootu, vegetable sambar, dal, rasam, basmati rice, poori and dessert

Contains Mustard • Gluten • Dairy • Nuts

Home Made Fresh Bread

Poori

Vegan

£4.45

Two pieces of deep fried puffy dough

Contains Gluten

Chappathi

Vegan

£4.45

Two pieces of unleavened baked bread

Contains Gluten

Batura

Vegan

£4.45

Large fluffy fried bread

Contains Gluten

Paratha

Vegan

£4.45

One piece delicious flaky leavened plain flour bread

Contains Gluten

Home Made Rice Speciality

Lemon Rice

£5.95

Vegan option available - without raitha

Basmati rice tossed in a deep pan with peas and fresh lemon juice served with raitha in a separate dish

Contains Mustard • Nuts • Dairy

Boiled Rice

Vegan

£4.45

Basmati rice

Curd Rice

£6.95

A cooling mixture of rice, cucumber and yoghurt, served with home-made pickle.

Contains Dairy • Mustard

Vegetable Pilau Rice

Vegan

£5.95

Basmati rice prepared with mixed vegetables and vegetable ghee

Uthappams (Lentil Pizza)

All Uthappams served with sambar & coconut chutney

Plain Uthappam

Vegan

£8.95

Traditionally prepared rice & lentil pizza

Contains Mustard

Cheese Uthappam

£9.95

Traditionally prepared rice & lentil pizza topped with cheese

Contains Dairy • Mustard

Tomato Uthappam

Vegan

£9.25

Traditionally prepared rice & lentil pizza topped with tomato

Contains Mustard

Masala Uthappam

Vegan

£10.45

Traditionally prepared rice & lentil pizza topped with potato, coriander, mulaga podi (gun powder)

Contains Mustard

Sagar Special Uthappam

Vegan

£10.95

Traditionally prepared rice & lentil pizza topped with tomato and capsicum

Contains Mustard

Extras

Raitha

£3.45

Special salad made with carrots, cucumber & yoghurt

Contains Dairy

Mulaga Podi

£2.45

Combination of lentils ground together with spices and served with ghee

Contains Dairy