

LE INSALATE

CAESAR PLANET 11,00

LATTUGA ICEBERG, POLLO AL FORNO, PATATE AL FORNO, CROSTINI, SCAGLIE DI PARMIGIANO.

DRESSING
CAESAR

RUN TO MARS 12,90

MISTICANZA, CAVOLO ROSSO, FARRO, SALMONE AL FORNO, PATATE AL FORNO, OLIVE, NOCI.

DRESSING
OLIO EVO

APPLE PLANET 11,50

SPINACINO, CAVOLO NERO, MELE STARK, FETA BARBABIETOLA, CROSTINI, MANDORLE A SCAGLIE.

DRESSING
VINAIGRETTE

AV(I)OSPACE 12,00

SPINACINO, COUS COUS, BARBABIETOLA, CAROTE JULIENNE, CECI, AVOCADO, CROSTINI.

DRESSING
WHITENESS (SALSA YOGURT)

SPRING BLOOM 12,90

MISTICANZA, RISO VENERE, ZUCCHINE AL FORNO, BURRATINA (50GR), MAIS, AVOCADO, NOCI.

DRESSING
OLIO EVO

L'ITALIANA 12,50

LATTUGA ICEBERG, POMODORINI, MAIS, TONNO SOTT'OLIO, FAGIOLINI, UOVO SODO, NOCI.

DRESSING
TZATZIKI

SPACE PROTEIN 12,60

MISTICANZA, LATTUGA ICEBERG, CAVOLO ROSSO, CIPOLLA ROSSA, FETA, POMODORINI, POLLO SPEZIATO AL FORNO, CROSTINI.

DRESSING
OLIO EVO

SPACE GODDES 12,90

LATTUGA ICEBERG, CAVOLO NERO, RISO VENERE, AVOCADO POMODORINI AL FORNO, POLLO GRIGLIATO, SCAGLIE DI PARMIGIANO.

DRESSING
OLIO EVO

BOWL E PIATTI CALDI

FLAVOUR BANG (BOWL CALDA) 11,90

MISTICANZA, RUCOLA, SALMONE AL FORNO, COUS COUS, PATATE AL FORNO, ZUCCHINE AL FORNO, NOCI.

DRESSING
ZENZY

ZERO GRAVITY (BOWL CALDA) 11,60

MISTICANZA, FARRO, POLLO AL FORNO, ZUCCHINE AL FORNO, MELANZANE AL FORNO, POMODORINI AL FORNO.

DRESSING
OLIO EVO

PROTEIN WAVE (PIATTO CALDO) 11,60

DOPPIO RISO NERO, POLLO SPEZIATO, FAGIOLI COTTI, POMODORINI AL FORNO, ZUCCHINE AL FORNO, MANDORLE A SCAGLIE.

DRESSING
OLIO EVO

ORANGESIDE (PIATTO CALDO) 11,90

SALMONE AL FORNO, RISO NERO, BROCCOLI, FAGIOLI ROSSI, CAVOLO ROSSO, SPICY CHIPS.

DRESSING
ZENZY

COMPONI LA TUA SPACE SALAD

A PARTIRE DA €10,50



SCEGLI 3 BASI TRA CEREALI E VERDURA A FOGLIA



AGGIUNGI 3 TOPPING
(oltre i 3 €0,50)



AGGIUNGI 1 LE PROTEINE
(una proteina base inclusa)



UN TOCCO CROCCANTE
(€0.70)



SCEGLI TRA UNO DEI NOSTRI DRESSING.
(INCLUSO)

PANE INTEGRALE SU RICHIESTA

SPACE GOODIES

GOODIES

CLASSICO 6.00

HUMMUS + FOCACCIA

SPICY 6.00

HUMMUS AL PEPERONCINO+ FOCACCIA

PATASPACE 4.00

PATATE AL FORNO LEGGERMENTE SPEZIATE CON SALSA WHITENESS (SALSA YOGURT)

GALLETTE DI RISO DOLCI

NUTSCHOCO 2.99

GALLETTE DI RISO RICOPERTE DI CIOCCOLATO FONDENTE CON NOCCIOLE - ALEX THEORY

DARKCHOCO 2.99

GALLETTE DI RISO RICOPERTE DI CIOCCOLATO FONDENTE ALLA VANIGLIA CON MANDORLE - ALEX THEORY

DARKCOCO 2.99

GALLETTE DI RISO RICOPERTE DI CIOCCOLATO FONDENTE ALLA VANIGLIA CON COCCO - ALEX THEORY.

BEVANDE

ACQUA NATURALE 1.20

ACQUA FRIZZANTE 1.20

SUCCO DI FRUTTA BIO 3,20

SUPER SMOOTHIE 3,50

COCA COLA 2,50

LEMONSODA 2,50



CREATE YOUR OWN SPACE SALAD

FROM €10,50

CHOOSE 3 BASES FROM LEAFY GREENS AND GRAINS,
ADD 3 TOPPINGS (FROM THE 4TH €0,50 EXTRA EACH) + 1 PROTEIN

LEAFY GREENS

ICEBERG LETTUCE – MIXED GREENS
LAMB'S LETTUCE – BABY SPINACH
RED CABBAGE – BLACK KALE

CEREALS

BLACK VENUS RICE
BASMATI RICE
COUSCOUS
FARRO

TOPPING

CARROTS
GREEN BEANS
BEANS
TOMATOES
BEETROOT
OLIVES

APPLE
CORN
RED ONION
CHICKPEAS
CUCUMBERS
AVOCADO + 1,00

CHEESE SHAVINGS
ROASTED POTATOES
ROASTED EGGPLANT
ROASTED TOMATOES
ROASTED ZUCCHINI
ROASTED BROCCOLI

INCLUDED PROTEIN

ROASTED CHICKEN
SPICY ROASTED CHICKEN
FETA CHEESE
EGG
CHICKPEA HUMMUS

1 INCLUDED,
FROM THE SECOND + €1.50

PROTEIN PLUS

BURRATA CHEESE € 1,00
ROASTED SALMON € 1,00
TUNA € 1,00
STEAMED SHRIMPS € 1,50

FROM THE SECOND + €2,5

CRUNCHY (€0,70)

ALMONDS - WALNUTS
CHIPS DI MAIS - SPICY CHIPS

DRESSING

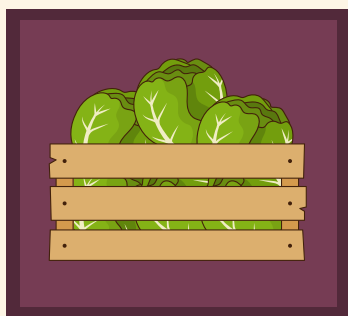
OLIO EVO | VINAIGRETTE | CAESAR
SALAS YOGURT | TZAZIKI | ZENZY
SALSA DI SOYA | SPICY (PICCANTE)



COMPONI LA TUA SPACE SALAD

A PARTIRE DA €10,50

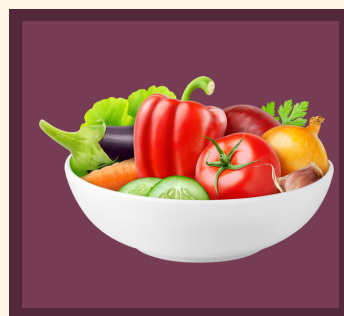
SCEGLI 3 BASI TRA GREEN E CEREALI + AGGIUNGI 3 TOPPING
A SCELTA (DAL QUARTO €0,50 IN PIÙ) + 1 PROTEINA



VERDURE A FOGLIA

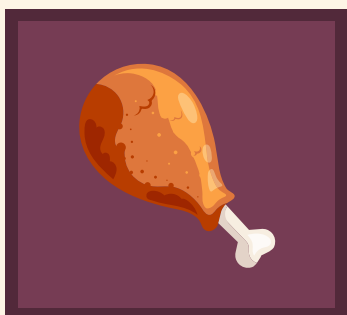


CEREALI

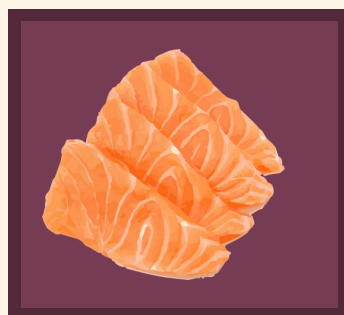


TOPPING

AGGIUNGI LE PROTEINE



PROTEINA INCLUSA
DALLA SECONDA + €1,50



PROTEINA PLUS (€1,00)
DALLA SECONDA + €2,50

AGGIUNGI I CROCCANTI



EXTRA CROCCANTI
+ €0,70

AGGIUNGI IL CONDIMENTO



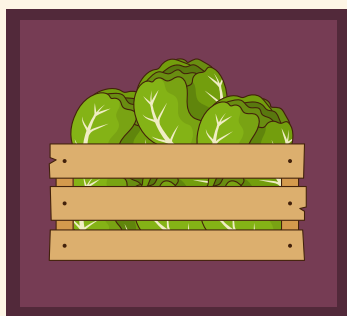
DRESSING
INCLUSO



CREATE YOUR OWN SPACE SALAD

FROM €10,50

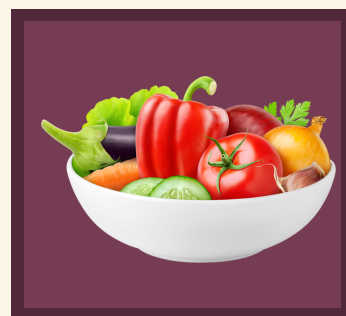
CHOOSE 3 BASES FROM LEAFY GREENS AND GRAINS,
ADD 3 TOPPINGS (FROM THE 4TH €0,50 EXTRA EACH) + 1 PROTEIN



GREENS

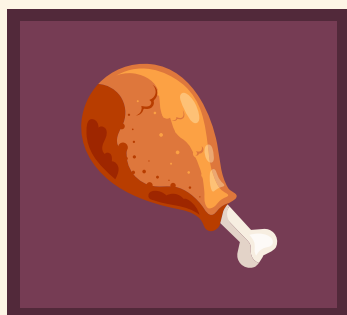


CEREALS



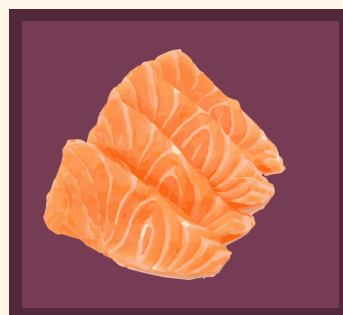
TOPPINGS

ADD THE PROTEINS



INCLUDED PROTEIN

FROM THE SECOND + €1.50



PROTEINA PLUS (€1,00)

FROM THE SECOND + €2,50

ADD THE CRUCHIES



CRUNCHY

+ €0,70

ADD THE DRESSING



DRESSING

INCLUDED