

Information for Patients



TURBT



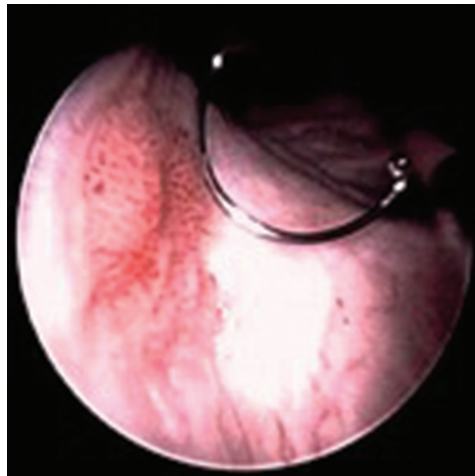
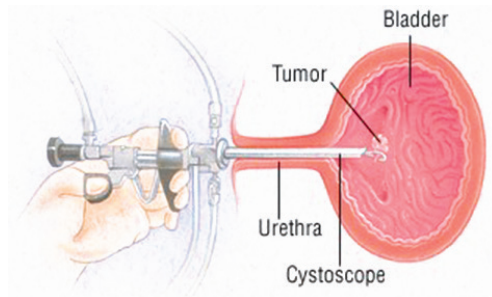
What is a TURBT?

A transurethral resection of Bladder Tumor is an operation to remove tissue from the bladder. This is done to collect samples of tissue for diagnosis or remove bladder cancer tissue.

What happens during the operation?

A telescopic instrument is passed up the urethra. This has a wire loop which uses an electrical current to cut tissue and seal blood vessels. The tissue is samples are removed from the bladder and sent to the laboratory for analysis.

A catheter may be inserted through the urethra into the bladder to drain your urine.



What to expect after my operation

A TURBT is normally a Day Stay procedure. When the operation is completed, you will go to the recovery room for a short while. Once you are recovered you will be discharged home. Occasionally your Urologist will require you to stay overnight, this may be planned in advance or decided during your operation.

You will be asked to drink extra fluids after your operation. This clears up bleeding and washes away debris.

It takes a while for the inside of the bladder to heal. You may have some discomfort and / or urgency to pass urine and want to go to the toilet more often. These are normal symptoms and will settle as healing progresses. Mild pain relief such as Paracetamol or Ibuprofen can help.

You can do most activities after your operation. Please do not do any heavy lifting, straining or strenuous activity for 2 weeks.

You will receive an appointment with your Urologist 2 weeks after your operation. This is to discuss the results of the tissue samples (histology results).

If you have a diagnosis of bladder cancer your Urologist will tell you what further treatment and surveillance you have.

When to seek medical advice?

If you develop a **temperature**, or you have urinary symptoms that are concerning you, this may indicate an infection, and you may need antibiotics. You should contact your **Urologist or GP**.

You should **contact your Urologist, GP or go to your local A&E department immediately** if:

- Bleeding prevents you from passing urine
- You are unable to pass urine at all
- You are passing large blood clots



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