

Information for Patients

Care after your Penile Prosthesis

Discharge from hospital

- Your penile prosthesis has been left partially (usually around 80%) inflated. It is important that you leave the device in this state for the first three weeks as this will maximise your penile length during the healing period.
- Take your antibiotics for one week as prescribed.
- You may experience pain, soreness, swelling and bruising of the penis and scrotum in the first few days and up to several weeks after surgery. This is normal and can be treated with pain relief, rest and cold packs. In the first 2-3 days after surgery, there may be a small amount of discharge from the incision. There is no need to treat this because it usually stops on its own.

Post-operative week 3

- Inflate the device and immediately deflate the device once a day for one week.
- If you are still swollen, bruised and sore please contact Urology Associates and speak to a nurse. The inflation and deflation can be delayed until you are ready.

Post-operative week 4

- Inflate the device twice a day for one week. Leave inflated for 5 minutes then deflate the device.

For 4-6 weeks after the surgery

- Do not lift anything heavier than 5 kilograms
- Do not do any heavy exercise and avoid bike riding
- Do not take thermal baths or go to the sauna

Post-operative week 5

- Inflate the device twice a day for one week. Leave inflated for 20 minutes then deflate the device.

Post-operative week 6

- If comfortable you can start intercourse at 6 weeks after surgery.
 - Inflate device and leave inflated for 10 minutes, once a day.
 - Continue cycling the device like this for 6 months.
-

You should contact Urology Associates if:

- The swelling is severe or not improving.
- You have discharge of a large amount of fluid each day.
- The pain gets worse or does not improve.
- You notice increased redness or tenderness around the incision site.
- You have a fever.



urology

associates

George Acland
MB ChB, FRACS
Urologist

Kevin Bax
MB ChB, FRACS
Urologist

Nick Buchan
MB ChB, FRACS
Urologist

Frank Kueppers
Dr. med.
Urologist

Giovanni Losco
MB ChB, FRACS
Adult & Paediatric
Urologist

Jane MacDonald
MB ChB, FRACS
Urologist

Stephen Mark
MB ChB, FRACS
Adult & Paediatric
Urologist

Louise Rouse
BHB, MB ChB, FRACS
Urologist

Urology Associates

Forte Health, 132 Peterborough Street
PO Box 917, Christchurch 8140

P: 03 355 5129

E: reception@urology.co.nz

www.urology.co.nz