## 2025-2026 CMCP Athletic Department Required Courses for Student-Athletes

Before participating in any sports activity, all student-athletes must complete the mandatory health and safety courses as required by the Florida High School Athletic Association (FHSAA). These courses are available for free on the NFHS Learning website.

## **Required Courses:**

1. Concussion in Sports: Click here for the course

2. Heat Illness Prevention: Click here for the course

3. Sudden Cardiac Arrest: Click here for the course

4. Sportsmanship: Click here for the course

## **How to Complete Your Courses:**

- 1. Go to <a href="https://nfhslearn.com">https://nfhslearn.com</a>
- 2. Click "Register" in the upper right corner to create your account (use your school email).
- 3. After logging in, click "Courses" from the top menu.
- 4. Use the search bar to find each of the required courses use the "Students" Tab
- 5. Click the course name, then click "Order Course."
- 6. Select "Florida" as your state and proceed to checkout.
- 7. Click "Go to Course" to begin and complete each course.
- 8. After finishing each course, click "Download Certificate."
- 9. Save each certificate as a PDF or take a screenshot.
- 10. Submit these by uploading them to Athletic Clearance on HomeCampus.

**Deadline:** All student-athletes must complete and submit their certificates before athletic participation to be eligible for participation.

If you have any questions or need help accessing the courses, please speak to your coach or visit the athletic office.