

Today's Theme

“Functioning With Self-Control”

Part Three July 26, 2026

Facts About Self-Control

1. Self-control can be *acquired*.
2. Self-control is *managing* desires & passions.
3. Self-control *comes* from God.
4. Self-control *allows* us to follow God.

Why Self Control Is So Important

1. Self-control can *protect* my life.
2. Self-control adds *stability* to my life.
3. Self-control is necessary to *grow* spiritually.
4. Self-control *keeps* me from evil.

How Can Self-Control Manage My Life?

1. Become *honest* with *problem* areas.
2. Make *changes* where *needed*.
3. Face the *consequences* of *bad* behavior.
4. Understand the _____ of my _____ life.

2 Cor 10:5 We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ.

Psalms 94:11 The Lord knows all human plans; he knows that they are futile.

Proverbs 4:23 Above all else, guard your heart, for everything you do flows from it.

Colossians 3:2 Set your minds on things above, not on earthly things.

5. Manage my _____ life with _____ Word.

Luke 6:45 A good man brings good things out of the good stored up in his heart, and an evil man brings evil things out of the evil stored up in his heart. For the mouth speaks what the heart is full of.

Psalms 119:9 How can a young person stay on the path of purity? By living according to your word.

Hebrews 4:12 For the word of God is alive and active. Sharper than any double-edged sword, it penetrates even to dividing soul and spirit, joints and marrow; it judges the thoughts and attitudes of the heart.

Romans 12:1 Therefore, I urge you, brothers and sisters, in view of God's mercy, to offer your bodies as a living sacrifice, holy and pleasing to God—this is your true and proper worship. 2 Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will.

Phil 4:8 Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things.

6. Organize my _____ for _____ success.

Romans 13:14 Rather, clothe yourselves with the Lord Jesus Christ, and do not think about how to gratify the desires of the flesh.

1 Timothy 4:7 Have nothing to do with godless myths and old wives' tales; rather, train yourself to be godly.

8 For physical training is of some value, but godliness has value for all things, holding promise for both the present life and the life to come.

Ephesians 5:15 Be very careful, then, how you live—not as unwise but as wise, 16 making the most of every opportunity, because the days are evil.