

Today's Theme

“Functioning With Self-Control”

Part Two July 19, 2026

Facts About Self-Control

1. Self-control can be *acquired*.
2. Self-control is *managing* desires & passions.
3. Self-control *comes* from God.
4. Self-control *allows* us to follow God.

Why Self Control Is So Important

1. Self-control can *protect* my life.
2. Self-control adds *stability* to my life.
3. Self-control is necessary to *grow* spiritually.
4. Self-control *keeps* me from evil.

How Can Self-Control Manage My Life?

1. Become _____ with _____ areas.

Lam 3:40 Let us examine our ways and test them, and let us return to the Lord.

1 Cor 11:28 Everyone ought to examine themselves before they eat of the bread and drink from the cup.

2. Make _____ where _____.

2 Cor 7:9 yet now I am happy, not because you were made sorry, but because your sorrow led you to repentance. For you became sorrowful as God intended and so were not harmed in any way by us. 10 Godly sorrow brings repentance that leads to salvation and leaves no regret, but worldly sorrow brings death.

3. Face the _____ of _____ behavior.

Prov 8:10 Choose my instruction instead of silver, knowledge rather than choice gold, 11 for wisdom is more precious than rubies, and nothing you desire can compare with her. 12 “I, wisdom, dwell together with prudence; I possess knowledge and discretion. 13 To fear the Lord is to hate evil; I hate pride and arrogance, evil behavior and perverse speech.

Col 1:21 Once you were alienated from God and were enemies in your minds because of your evil behavior. 22 But now he has reconciled you by Christ’s physical body through death to present you holy in his sight, without blemish and free from accusation—

4. Understand the _____ of my _____ life.

2 Cor 10:5 We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ.

Psalm 94:11 The Lord knows all human plans; he knows that they are futile.

5. Manage my _____ life with _____ Word.

Luke 6:45 A good man brings good things out of the good stored up in his heart, and an evil man brings evil things out of the evil stored up in his heart. For the mouth speaks what the heart is full of.

Psalm 119:9 How can a young person stay on the path of purity? By living according to your word.

Hebrews 4:12 For the word of God is alive and active. Sharper than any double-edged sword, it penetrates even to dividing soul and spirit, joints and marrow; it judges the thoughts and attitudes of the heart.

6. Organize my _____ for _____ success.

Romans 13:14 Rather, clothe yourselves with the Lord Jesus Christ, and do not think about how to gratify the desires of the flesh.

Gal 5:22 But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, 23 gentleness and self-control. Against such things there is no law. 24 Those who belong to Christ Jesus have crucified the flesh with its passions and desires. 25 Since we live by the Spirit, let us keep in step with the Spirit.