

Theme Today

“10 Things To Do With Dad”

1. Ask him about his *childhood*.
The parts he never brings up on his own.
2. *Record* his voice or laugh.
One day, that sound will mean everything.
3. Let him *teach* you something he's good at.
Even if you think you already know.
4. Take a *photo* together on purpose.
Not rushed. Not accidental.
5. Go on a *quiet* drive.
Some of the deepest conversations happen
with the radio low.
6. Ask what he's most *proud* of.
You might be in the answer.
7. Tell him *thank* you for specific things.
Not just “everything,”
But the moments that shaped you.
8. Do something he *loves*, even if you don't.
Because one day you'll wish you did it more.
9. *Forgive* him (out loud or silently)
For being human before he was your dad.
10. Tell him you *love* him in a way he understands.
Not every dad hears love the same way.

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