

3-DAY CLINIC SCHEDULE

DAY 1

FCA CHEER /COACH MEETING 8:30AM
PRAYER/QUIET TIME 9:00AM
STRETCH 9:15AM
JUMP CLASS 9:30AM
1 CHEER & 1 SIDELINE 9:45AM
EVALUATE STUNTS & STUNT 10:30AM
SUPREME ROUTINE 1 11:30AM
LUNCH 12:00PM
FCA HUDDLE/CROSS 1:00PM
INCORP 1 CHEER
(MEGS, POMS, FLAGS & SIGNS) 1:45PM
CHEER & SIDELINE
EVALUATION 2:45PM
SUPREME ROUTINE 2
& REVIEW ALL 3:00PM
CIRCLE OF CHAMPIONS 3:45PM
CLOSING PRAYER 4:00PM

DAY 2

PRAYER/QUIET TIME 9:00AM
STRETCH 9:15AM
JUMP CLASS &
CONTEST 9:30AM
1 CHEER & 1 SIDELINE 9:45AM
NEW STUNT CLASS 10:30AM
BAND DANCE 11:30AM
LUNCH 12:00PM
FCA HUDDLE/CROSS 1:00PM
INCORP SUPREME ROUTINE 1:45PM
SUPREME EVALUATION 2:30PM
BAND DANCE 2:45PM
CIRCLE OF CHAMPIONS 3:45PM
CLOSING PRAYER 4:00PM

DAY 3

PRAYER/QUIET TIME 9:00AM
STRETCH 9:15AM
1 SIDELINE & REVIEW 9:30AM
STUNT CLASS 10:00AM
AA WARM-UP 10:45AM
AA TRYOUTS 11:00AM
FCA HUDDLE, FATHER'S
LOVE LETTER/ CROSS 11:15AM
LUNCH 12:00PM
WARM UP & REVIEW 1:00PM
PARENT SHOW 1:30PM
AWARDS CEREMONY 1:45PM
CLOSING PRAYER & END OF
CLINIC 2:00PM

****BRING BIBLES, JOURNALS &
PENS TO ALL HUDDLES****

