

2023 FCA GAME READY SUMMER CAMP SCHEDULE

Don't forget to visit the Camp Store every night from 8:30pm- 9:15pm for the latest Cheer Gear!

DAY 1	WELCOME	TO FCA CHEER CAMP	
9:00 - 11:00	Coaches	Check-In Registration & Receive FCA Supplies	Dorm Lobby
1:00	All	Welcome and Prayer from FCA Cheer Director	Gym
	All	Opening Demonstration/ Introduce All FCA Staff	Gym
1:30	All	Warm Up/ 1 AA Cheer, 2 Situational Sidelines)	Gym
1:30	Coaches	FCA Coaches Meeting	Meeting Room
2:00	All	Supreme Routine Class	Gym
2:45	All	Spotting Safety First Seminar	Gym
3:00	All	Stunt Class	Gym
4:00	All	Home Sideline Showcase	Gym
4:15	All	FCA Huddle & Coaches Huddle	Bring Bible, Journal, & Pen
5:00	All	Dinner	Cafeteria
6:30-7:45	All	Fuel Station	Bring Bible, Journal, & Pen
7:45-8:30	All	Huddle Meetings after Fuel Station	Huddles near Dorm or FS
7:45-8:30	Coaches	Coaches Huddle	TBD
8:30-9:15	All	Camp Store Open	TBD

Dorm Times: In dorm @ 8:45 pm; On floor 10:00 pm; In room 10:30 pm; Lights out 11:00 pm!

GAME READY DAY			
All	Breakfast	Cafeteria	
All	Quiet Time and Opening Prayer	Bring Bible, Journal, & Pen/ Gym	
Coaches	FCA Coaches Meeting	Meeting Room	
All	Warm Up/ Jumps & Technique	Gym	
All	1 Cheer/ 2 Situational Sidelines & Review	Gym	
All	Band Dance (Dancing Diva) Review	Gym	
All	Stunt Class	Gym	
All	FCA Huddle & Coaches Huddle	Bring Bible, Journal, & Pen	
All	Lunch	Cafeteria	
All	Game Ready Class/Flags, Poms, Megs & Signs)		
All	Private Coaching (Game Ready-Group A/ Open W	/orkshop – Group B)	
All	Circle of Champions	Gym	
All	• • • • • • • • • • • • • • • • • • • •	Vorkshop- Group A)	
All	Showcase / Evaluation Feedback	Gym	
All	Jump Off	*4 per squad*	
All	Supreme Routine Review	Gym	
All	Daily Awards	Gym	
All	Dinner	Cafeteria	
All	Fuel Station	Bring Bible, Journal, & Pen	
All	Huddle Meetings after Fuel Station	Huddles Around Gym or Dorm	
Coaches	Coaches Huddle	TBD	
All	Camp Store Open	TBD	
	All Coaches All All All All All All All All All Al	All Quiet Time and Opening Prayer Coaches FCA Coaches Meeting All Warm Up/ Jumps & Technique All 1 Cheer/ 2 Situational Sidelines & Review All Band Dance (Dancing Diva) Review All Stunt Class All FCA Huddle & Coaches Huddle All Lunch All Game Ready Class/Flags, Poms, Megs & Signs) All Private Coaching (Game Ready-Group A/ Open Wall Circle of Champions All Private Coaching (Game Ready-Group B / Open Wall Showcase / Evaluation Feedback All Jump Off All Supreme Routine Review All Daily Awards All Dinner All Fuel Station All Huddle Meetings after Fuel Station Coaches Coaches Huddle	

2023 FCA SUMMER CAMP SCHEDULE, cont.

DAY 3 FUN DAY – Theme Candyland (Dress like your favorite candy bar!)

7:00	All	Breakfast	Cafeteria
8:00	All	Quiet time and Opening Prayer Bring Bible, Journal, &	
8:15	All	Fun Day Sports Teams	Gym
8:45	Coaches	FCA Coaches Meeting	Gym
8:45	All	Warm Up/ Material Review & AA Practice/ 2 Sidelines	Gym
9:30	All	Stunt Class & Pyramid Ideas	Gym
11:00	All	FCA Huddle & Coaches Huddle	Bring Bible, Journal, & Pen
11:45	All	Lunch	Cafeteria
1:30	All	Private Coaching	Gym
-		(Supreme Routine - Group B/Open Workshop- Group	A)Gym
2:15	All	Circle of Champions	Gym
2:30	All	Private Coaching	Gym
	All	(Supreme Routine- Group A / Open Workshop- Group B)Gym	
3:15	All	Showcase/Evaluation	Gym
3:45	All	All American Tryouts / Review	*6 per team or all seniors
4:45	All	Daily Awards (announce AA and Sword deco winner)	Gym
5:00	All	Dinner	Cafeteria
6:30	All	Fuel Station	Bring Bible, Journal & Pen
7:45	All	Huddle Meetings after Fuel Station	Huddles around Gym or Dorm
7:45	Coaches	Coaches Huddle	TBD
8:30-9:15	All	Camp Store Open	TBD

Dorm Times: In dorm @ 8:45 pm; On floor 10:00 pm; In room 10:30 pm; Lights out 11:00 pm!

<u>Day 4</u>	Final Da	ay	
7:00	All	Breakfast	Cafeteria
8:00	All	Quiet Time	Bring Bible, Journal & Pen/ Gym
8:15	All	Final FCA Huddle	Bring Bible, Journal & Pen/Gym
9:00	All	Open Practice	Gym
9:45	All	Final Competition	(Game Day Rally & Supreme)
10:15	All	Material Review for Parents	Gym
10:45	All	Final Awards & Closing Prayer	Gym
11:00	All	Check-Out	Dorm

