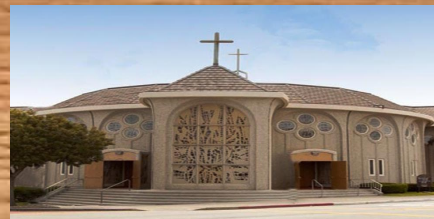




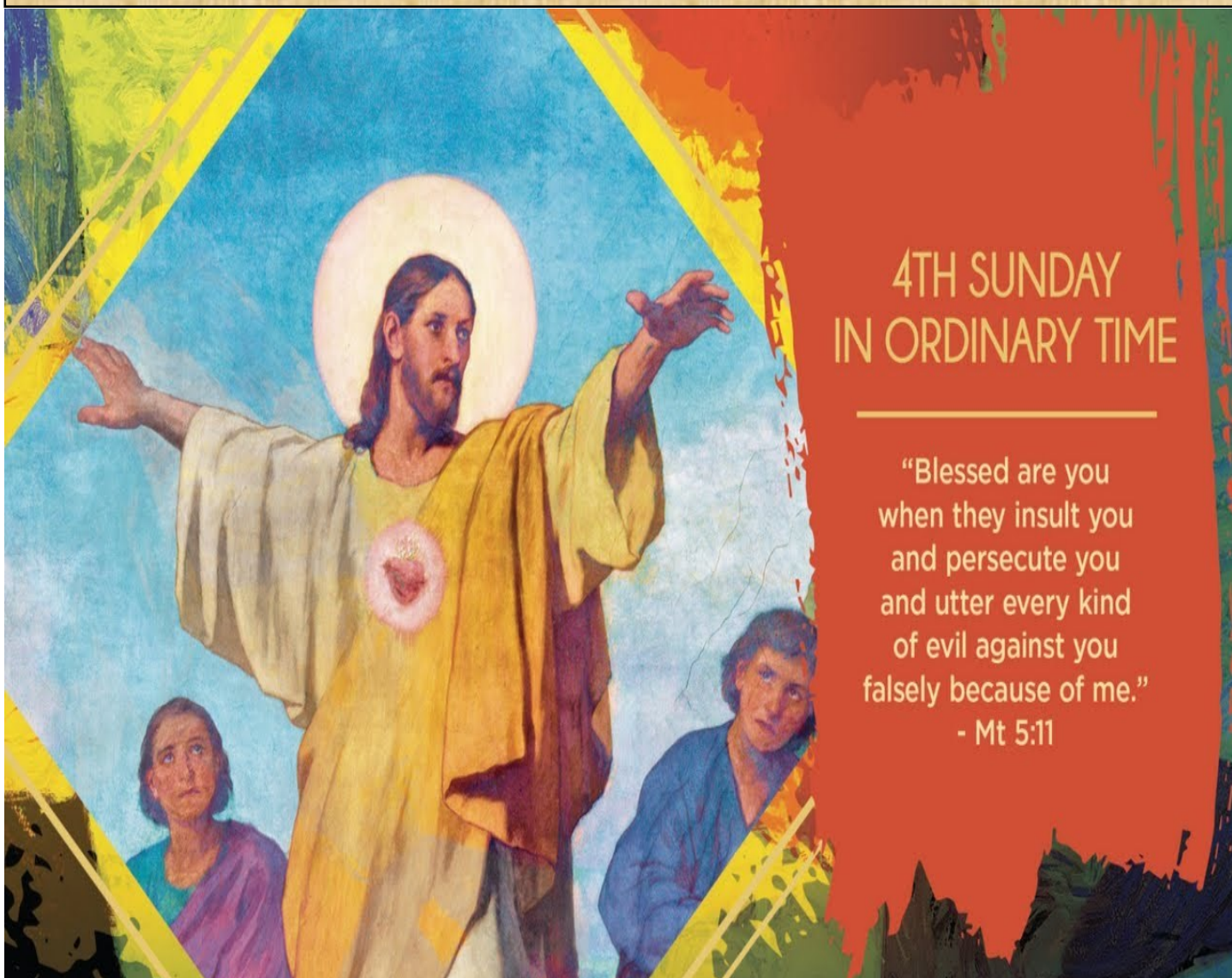
ALL SOULS
CATHOLIC PARISH

315 Walnut Avenue, SSF, CA 94080
Telephone 650-871-8944
www.allsoulsparishssf.org FB: @allsoulsparishssf



Fourth Sunday in Ordinary Time

February 1, 2026



4TH SUNDAY IN ORDINARY TIME

"Blessed are you
when they insult you
and persecute you
and utter every kind
of evil against you
falsely because of me."
- Mt 5:11

Cuarto Domingo del Tiempo
Ordinario

1 de Febrero 2026

PARISH STAFF**EQUIPO PASTORAL****Rev. Miguel Antonio Ruiz, SVD, Pastor****Rev. Fransiskus Santoso, SVD, Parochial Vicar****Rev. Mr. Romeo G. Cruz, Deacon**

Email: rcruz121@att.net

Ms. Valeria Guardado, Parish Secretary

Email: allsoulssec@gmail.com

Ms. Lourdes Yñiguez, Rel. Educ. Director

Email: lyg.allsouls.dre@gmail.com

Mrs. Maureen Allen, All Souls School**Parish Office/Oficina Parroquial: 650-871-8944**

Family Faith Formation /Catecismo: 650-873-5356

A.S. School/Escuela Parroquial: 650-583-3562

All Souls' Parish Office Fax: 650-871-5806

Second Harvest Volunteer:

VolunteerAllSouls@gmail.com

MASSES**MISAS:****Saturday/Sábado:** Vigil 5:15 pm,
6:30 pm en Español**Sunday/Domingo:** 7:30 am, 9 am en Español, 10:30 am
12:00 Noon en Español and 5:15 pm**Weekday:** Monday thru Friday
8 am English and 6pm Spanish**SACRAMENT OF
RECONCILIATION—RECONCILIACION****Saturday/Sábado: 4:00 pm -5:00 pm****DEVOTIONS:** Our Lady of Perpetual Help:
Tuesday 6:00 pm**EXPOSITION OF THE BLESSED SACRAMENT**

Monday thru Friday after the 8 am Mass until 12 pm

MINISTRY TO THE SICK & HOMEBOUND

Call the parish office for receiving the Anointing for one of your beloved ones who is sick.

BAPTISM / BAUTISMO

We urge that the arrangements be made at least three months in advance. Call the parish office from 9am to 4:30pm.

MARRIAGE / MATRIMONIO

Call the parish office and bring the required documents to set the wedding date. Ordinarily preparations will take at least six months.



Presentation of the Lord

PRESENTATION OF THE LORD**February 2nd, Monday** is the Feast of the Presentation of the Lord. Therefore during our Masses we are going to **bless the candles**. If anyone wants to get candles blessed please bring them for that Mass.

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PRESENTACIÓN DEL SEÑOR**El Lunes, 2 de Febrero** es la Fiesta de la Presentación del Señor. Por lo tanto, durante todas las **Misas** vamos a bendecir las velas. Si alguien quiere sus **velas bendecidas** por favor tráigalos para esa Misa.

Please join us for a
Valentine's Day Party
All Souls Parish Hall
14 February
Start at 6:00pm
Dancing | Music
Building community
RSVP
Tickets will be sold after Mass. Price \$35 for adult and \$25 for kids

Únete a nosotros para la
Fiesta
Día de los Enamorados
Salón de la Parroquia de Todas las Almas
14 de febrero
Empieza a las 6:00 p.m.
Baile | Música
Creando comunidad
Las entradas RSVP se podrán comprar después de la misa. Precio: \$35 para adultos y \$25 para niños.

THOUGHT FOR THE WEEK:

The readings for this Sunday remind us to seek God with humility. The first reading tells us that God protects those who are humble and follow His ways. The psalm praises God for caring for the weak and needy. The second reading says that God chooses the lowly to show His greatness. The gospel gives us the Beatitudes, where Jesus tells us who is truly blessed. These are the people who trust in God, show mercy, seek justice, and endure hardship for their faith.

We are called to live in a way that is different from the world. The Beatitudes show us that true blessing comes from following Jesus, not from wealth or power. God blesses those who are humble, kind, and faithful. We should ask ourselves if we are seeking God or just waiting for something to happen. We should also reflect on how we can be a blessing to others.

PENSAMIENTO DE LA SEMANA:

Las lecturas de este Domingo nos recuerdan buscar a Dios con humildad. La primera lectura nos dice que Dios protege a los humildes y a los que siguen Sus caminos. El salmo alaba a Dios por cuidar de los débiles y necesitados. La segunda lectura dice que Dios elige a los humildes para mostrar Su grandeza. El evangelio nos da las Bienaventuranzas, donde Jesús nos dice quiénes son verdaderamente bienaventurados. Estas son las personas que confían en Dios, muestran misericordia, buscan la justicia y soportan dificultades por su fe.

Estamos llamados a vivir de una manera diferente a la del mundo. Las Bienaventuranzas nos muestran que la verdadera bendición proviene de seguir a Jesús, no de la riqueza o el poder. Dios bendice a quienes son humildes, amables y fieles. Debemos preguntarnos si estamos buscando a Dios o simplemente esperando que algo suceda. También debemos reflexionar sobre cómo podemos ser una bendición para los demás.

TODAY'S READINGS

First Reading – Zephaniah 2:3; 3:12-13: The humble who follow God's commands are urged to seek justice and humility for refuge from His wrath. Among them, a peaceful, truthful remnant of Israel will be preserved.

Responsorial Psalm – Psalm 146: Blessed are the poor in spirit; the kingdom of heaven is theirs!

Second Reading – 1 Corinthians 1:26-31: God chose the unwise, weak, and lowly to confound the mighty, ensuring no one boasts before Him. In Christ, we gain wisdom, righteousness, holiness, and redemption, boasting only in the Lord.

Gospel – Matthew 5:1-12A: On a mountain, Jesus taught his disciples, outlining the Beatitudes. He declared blessings on the spiritually humble, mourners, the gentle, those yearning for righteousness, the merciful, the pure in heart, peacemakers, and those persecuted for righteousness. He encouraged joy amidst persecution for his sake, promising heavenly reward.

LECTURAS DE HOY

Primera Lectura – Sofonías 2:3; 3:12-13: Se exhorta a los humildes que siguen los mandamientos de Dios a buscar justicia y humildad como refugio de Su ira. Entre ellos, se preservará un remanente pacífico y veraz de Israel.

Salmo Responsorial – Salmo 145: Dichosos los pobres de espíritu, porque de ellos es el Reino de los cielos.

Segunda Lectura – 1 Corintios 1:26-31: Dios eligió a los insensatos, débiles y humildes para confundir a los poderosos, asegurando que nadie se glorie ante Él. En Cristo, recibimos sabiduría, justicia, santidad y redención, gloriándonos únicamente en el Señor.

Evangelio – Mateo 5:1-12A: Jesús subió a un monte y enseñó a sus discípulos, exponiendo las Bienaventuranzas. Declaró bendiciones para los humildes de espíritu, los que lloran, los mansos, los que anhelan la justicia, los misericordiosos, los de corazón puro, los pacificadores y los perseguidos por causa de la justicia. Les animó a alegrarse en medio de la persecución por su causa, prometiendo recompensa en el cielo.

**ASH WEDNESDAY
February 18th**

A Day of Fast and Abstinence

Masses: 8 am in English; 12 pm Spanish; 5:15 pm in English & 7 pm in Spanish

At all these Masses ashes will be blessed and imposed on the faithful.

**MIERCOLES DE CENIZA 18 de Febrero**
Un Día de Ayuno y Abstinencia

Misas: 8 am en Inglés; 12 del Mediodía Español; 5:15 pm en Inglés y 7 pm en Español

En estas Misas cenizas serán bendecidas e impuestas a los fieles. La imposición de estas cenizas manifiestan un visible signo de la virtud del arrepentimiento. Una de las formulas usadas en el rito de la imposición de estas cenizas es: *"Arrepiéntete y cree en el evangelio"*.

WEEKEND COLLECTIONS: Jan. 25, 2026Sunday Collection: **\$ 7,289**Building Maintenance Fund: **\$ 2,015**

We give to the Lord the best from what we have received from Him. Please do not forget our weekly offering to the Parish.

Our generous giving to the Parish of All Souls, makes the timely paying of the bills & various parish ministries possible.

Thank you for your support!



SABOR DIVINO!!!

**SUNDAY, 22ND OF FEBRUARY
AFTER 9, 10:30 & 12NOON MASSES**

Compra por adelantado, busca a un Caballero

SMOKED RIBS, COLE SLAW, POTATO, CORN & SODA/WATER

PURCHASE IN ADVANCE, LOOK FOR A KNIGHT

\$25/Plate/Plato

**Join us every Friday during
Lent for dinner**



**ALL SOULS
CATHOLIC PARISH**
Remember, Lord, Our Beloved Ones

Fish Fry Friday

Prices

Plate \$ 15

Family (4 plates) \$ 50

Prepay

6 Fridays one plate \$ 80

6 Fridays for family

(4 plates) \$280



**SHRIMP
COCKTAIL
\$10**

Side will vary every Friday

**DINNER SERVICE
STARTS AT 5 PM.**

**ENTER INTO THE SEASON OF LENT BY
ACCOMPANYING OUR LORD AS HE
JOURNEYS THROUGH HIS SUFFERING
AND DEATH**

PRAYER CORNER

Would you consider praying and supporting our parishioners who are sick: May Jesus heal them, be their source of strength and comfort in this time of distress and that they may recover soon.

Juana Ríos, Graciela Ramirez, Tess Valido, Ned Cardenas, Maribel Abarca, Vincent Cruz, Tida Lao, Melita Cardenas, José Martin and Mary Dowd.



This Weekend of February 1st the Second Collection is for: the Building Maintenance Fund.

Next Weekend of February 8th the Second Collection will be for: the Building Maintenance Fund.

RETIRO DE INICIACION

**¡Este es tu momento!
No te lo pierdas
Jesús te espera!**

Para mas información llamar a Mariana Flores 951-215-1839



**“Yo he venido para
que tengan vida, y
para que la tengan
en abundancia.” -
Juan 10, 10**

LUGAR: All Souls Catholic Church
315 Walnut Ave,
South San Francisco, CA 94080

Donación: \$50 (Incluye comidas)
Para mayores de 18 años

FECHA: 13, 14 y 15 de Marzo

HORA: Viernes: 6:30pm-10:00pm

Sábado: 8:00am-10:00pm

Domingo: 8:00am-1:00pm

Debes asistir los 3 días para participar en el retiro.

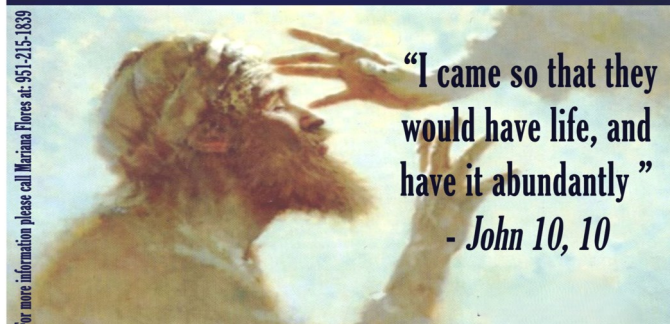


**ALL SOULS
CATHOLIC PARISH**
Remember, Lord, Our Beloved Ones

INITIATION RETREAT

**This is your moment!
Don't miss out
Jesus is waiting!**

For more information please call Mariana Flores at: 951-215-1839



**“I came so that they
would have life, and
have it abundantly”
- John 10, 10**

PLACE:
All Souls Catholic Church
315 Walnut Ave,
South San Francisco, CA 94080

Donation: \$50 (Includes all meals)
For Adults 18 years or older

DATE & TIME:

March 13-15, 2026

Friday: 6:30pm-10:00pm

Saturday: 8:00am-10:00pm

Sunday: 8:00am-1:00pm



**ALL SOULS
CATHOLIC PARISH**
Remember, Lord, Our Beloved Ones

SAT 01/31	5:15 pm MR 6:30 pm FS	Miguel Ángel y Lisbet Torres: Cumpleaños
SUN 02/01	7:30 am FS 9:00 am MR 10:30 am FS 12:00 pm MR 5:15 pm MR	Intentions for Parishioners † Dolores Ibarra y Luisa Ramírez † Rolando Salvador Duran: Aniversario #1 de Difunto † Angela Rosa Silva Gutiérrez: Aniversario de Difunta † Ana Ofelia Dominguez
MON 02/02	8:00 am FS 6:00 pm FS	Purita Mendoza: Birthday
TUE 02/03	8:00 am MR 6:00 pm FS	† Ana Margarita Melara Ungo † Juan Ponce
WED 02/04	8:00 am FS 6:00 pm MR	Joe and Renee de la Rosa: Wedding Anniversary † Deceased Mem of the Schurba Fam
THU 02/05	8:00 am MR 6:00 pm FS	† Irma Rodríguez Pinto: Aniversario #3 de Difunta
FRI 02/06	8:00 am MR 6:00 pm MR	† Blanca Tello

This Week at a Glance: February 1—7, 2026

SUN 02/01	10:00 am 12:00 pm 3:30 pm 6:30 pm	Hospitality and Food Sale Café y Pan y Venta de Comida OCIA: Spanish OCIA: English	Parish Hall Parish Hall Youth Rm Youth Rm
MON 02/02	8:30 am 4:00 pm 6:30 pm	Adoration of Sacrament FFP: E1 and GIF FFP: C2 Parent Session	Church FFC
TUE 02/03	8:30 am 6:45 pm 7:00 pm	Adoration of Sacrament Clase de Biblia en Español Verbum Dei	Church Youth Rm FFC
WED 02/04	8:30 am 4:00 pm 6:30 pm 7:00 pm	Adoration of Sacrament FFP: Eucharist 2 FFP: C1 Parent Session MDC: Asamblea de Oración	Church FFC Church
THU 02/05	 3:30 pm 4:00 pm 7:00 pm 7:00 pm	No Adoration of Sacrament Legion of Mary: English Group Cheer Practice MDC: Clase de Crecimiento Estudio Bíblico	 Youth Rm Cafeteria Youth Rm Parish Hall
FRI 02/06	8:30 am pm	Adoration of Sacrament Crab Feed Set Up	Church Parish Hall
SAT 02/07	9:30 am 11:00 pm 4:00 pm 4:00 pm	FFP: E1 & Special Ed FFP: E2 & GIF Family Session Legion of Mary-Spanish Group Confessions/ Confesiones Crab Feed	FFC Youth Rm Church Parish Hall



**WALK WITH CHRIST /
CAMINANDO CON CRISTO**

Young Adults Ministry

Ages/Edades: 18 to 35

**EVERY 2ND AND 4TH
SUNDAY OF THE
MONTH**

1:30PM IN THE CHURCH

**ALL SOULS
CATHOLIC CHURCH**

Join us for fellowship, faith-filled conversation, prayer, and community.

For more information scan the QR code.
Para mas informacion, escanee el código QR.

A graphic with a blue background. On the left, there is a stack of books with the text "Estudio Bíblico" in large, bold, white letters. To the right of the books, there is a small, open book with a white page. On the right side of the graphic, the text "¡TE INVITAMOS!" is written in large, bold, white letters. Below it, the text "Estudio Bíblico todos los Jueves" is written in bold, white letters. Below that, the text "en el Salón Parroquial a las 7pm" is written in bold, white letters. At the bottom, the text "Curso: Historia de Salvación" is written in bold, white letters.

SAINT BLAISE

Tuesday, February 3rd we commemorate St. Blaise the Martyr and are **going to give the blessing of St. Blaise** against illnesses of the throat after our two masses at 8 am and 6 pm.

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SAN BLAS

El **Martes, 3 de Febrero** conmemoramos San Blas el Mártir, y vamos a **dar la bendición de San Blas** contra las enfermedades de la garganta después de cada Misa de 8 am y 6 pm.



The image shows a close-up of a priest in red vestments performing a throat blessing on a young girl. The priest's hands are positioned near the girl's throat, and he is holding a small white object, likely a candle or incense burner. The girl is looking up at him. The background is blurred, showing other people in a church setting.