

🔗 WHY IT MATTERS

- The age you start Social Security can impact **hundreds of thousands of dollars over a lifetime.**
- Many retirees rely on simple rules like: "Take it at 62", "Always wait until 70", or "Start when you retire".
- The right timing depends on your health, taxes, goals, and the rest of your retirement plan.

📅 KEY AGES TO KNOW

AGE 62 EARLIEST ELIGIBILITY	FULL RETIREMENT AGE (FRA)	AGE 70 MAXIMUM BENEFIT
Benefits can start at 62 but are permanently reduced.	For most current P&G employees: 67.	Benefits increase 8% per year after FRA.
For someone with a Full Retirement Age of 67, benefits are reduced roughly 30%.	You receive your full Primary Insurance Amount (PIA).	Waiting from 67 to 70 increases benefits by about 24%.

💰 WHY MANY RETIREES DELAY

- Higher guaranteed lifetime income.
- Stronger survivor protection for a spouse.
- Larger inflation-adjusted benefit over time.

⌚ WHEN STARTING EARLIER MAY MAKE SENSE

- Health concerns or shorter life expectancy.
- Income needs early in retirement.
- Tax planning opportunities such as Roth conversions.

EXAMPLE:

If a retiree is eligible for **\$3,000/month** at age **67**:

- Starting at 62: about **\$2,100/month**
- Starting at 70: about **\$3,720/month**

*That difference could create over **\$19,000/year** of additional guaranteed income.*