



***Patient Activation and Engagement
for Health and Wellness!
impactlifegroup.com***

Impact Life Group (ILG) aims to activate and engage patients to coordinate care to facilitate their health and wellness. One in three patients are disengaged in managing their own health and supporting better outcomes.

Patient activation is the willingness and ability of the patient to take independent actions to manage one's own health and health care. It entails 'understanding one's role in the care process, and having the knowledge, skill, and confidence' to do so.

Impact Life Group engages patients with the following:

- meaningful technology that spans the patient engagement framework,
- workstreams dedicated to health literacy, patient education, and remote patient monitoring,
- care-decision aids that support patients in a timely manner, and,
- personal contact with each patient through telehealth.

Patient activation and engagement are especially important in enlisting those with chronic conditions to take ownership of the management and control of their condition through telehealth and health enhancement interventions.

ILG identifies clinical populations with underlying conditions that impacts costs and for whom patient engagement provides the best opportunity for improved quality of life and enhanced health. ILG engages the use of health IT tools to engage individuals in patient-centered care including telehealth, patient education, remote patient monitoring, and digital health solutions.

Our offerings target the 50% of healthcare organizations that lack a formal program despite new CMS payments to physician practices for select chronic care management (CCM) services. ILG uniquely:

- leverages data analytics to understand populations and trends,
- applies people, process, and technology to patient care coordination,
- utilizes a LPN and NP workforce to evolve your care delivery and shift to population health management and chronic care patient engagement.
- Continues to use data analytics to intervene in disease progression by identify early risk factors.

ILG recognizes that most people what help with specific, personalized health goals and actions, and reminders about necessary actions that support their health and well-being.

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