



## **RAINBOW PRE-SCHOOL**

Established 1979

Registered Charity No: 1026005

**BAPTIST CHURCH HALL**

2 Dukes Avenue, Muswell Hill, London N10 2PT

Telephone 020 8883 4010

## **No Smoking/Vaping Policy**

### **Policy statement**

We are committed to promoting children's health and well-being. This is of the utmost importance for the preschool.

Smoking and the use of e-cigarettes has proved to be a health risk and therefore in accordance with legislation, the preschool operates a strict no smoking/vaping policy within its buildings and premises. It is illegal to smoke/vape in enclosed places.

All persons must abstain from smoking/vaping while on the premises. This applies to staff, students, parents, carers, contractors and any other visitors to the premises.

Staff accompanying children outside the preschool, are not permitted to smoke/vape. We also request that any parents accompanying preschool children on outings refrain from smoking/vaping while caring for the children.

Staff must not smoke/vape while wearing preschool uniform as it is essential that staff are positive role models to children and promote a healthy lifestyle. Where staff choose to smoke/vape during breaks, they are asked to smoke/vape away from the main entrance and nursery premises. They should have a change of clothes and wash their hands before going back to the children. Staff should wait for 30 minutes after smoking before holding children, even after a change of clothes.

We respect that smoking/vaping is a personal choice, although as an organisation we support healthy lifestyles. We follow UK Health Security Agency advice and aim to help staff and parents to stop smoking/vaping by:

- Providing factsheets and leaflets
- Providing information of local help groups
- Providing details of the NHS quit smoking helpline <https://www.nhs.uk/better-health/quit-smoking/>
- Offering information regarding products that are available to help stop smoking.