

SARAH M. MUGMON

ASSOCIATE

WASHINGTON, D.C.

Phone: (202) 689-1200 | Fax (202) 689-1209

smugmon@fortneyscott.com | [vCard](#)



Sarah Mugmon has over a decade of experience representing hundreds of employers and management-side clients through various employment law-related inquiries, audits, investigations, and claims.

Specifically, Ms. Mugmon's experience includes defending employers against alleged violations of Title VII of the Civil Rights Act, the Americans with Disabilities Act (ADA), the Age Discrimination in Employment Act (ADEA), the Family Medical Leave Act (FMLA), and the Fair Labor Standards Act (FLSA), as well as their state and local equivalents. She also advises and coordinates with organizations to ensure their practices and initiatives—including those related to inclusion and opportunity—are current with such applicable laws, regulations, and policy developments. While aiming to mitigate legal exposure, Ms. Mugmon also focuses on her clients' business growth and success in both the short- and long-term.

Ms. Mugmon has extensive experience representing clients through workplace-related investigations conducted by federal, state, and local government agencies. She also serves as an independent investigator into allegations and claims arising in the workplace, providing thorough assessments and recommended courses of action when needed. Her practice further includes advising clients through audits and enforcement actions led by the U.S. Department of Labor and/or state agencies, designing and implementing best practices and compliance programs, and responding to press and Congressional inquiries related to child labor matters.

Prior to joining Fortney & Scott, Ms. Mugmon represented organizations local to the DC metropolitan area in employment and business law matters, as well as management-side federal employees under civil and Congressional investigations or facing disciplinary actions. Outside of her practice, Ms. Mugmon has served in various leadership roles with the Women's Bar

Office

1909 K St., NW, Suite 330
Washington, DC 20006

Practices

- [Washington DC Expertise](#)
- [EEOC Compliance](#)
- [Inclusion and Opportunity](#)
- [International](#)
- [Federal Contractor Compliance](#)
- [Pay Equity](#)
- [Wage & Hour](#)
- [Workplace Investigations](#)

Admitted to Practice

- District of Columbia
- Maryland
- Virginia

Education

- The George Washington University of Law School (J.D.)
- University of Maryland, College Park (B.A.)

Association of the District of Columbia and is currently a member of its Board of Directors.

PROFESSIONAL ACTIVITIES:

Member of the Board of Directors, Women's Bar Association of the District of Columbia (2025-current)

Secretary of the Board of Directors, Women's Bar Association of the District of Columbia (2024-2025)

Amicus Committee Co-Chair, Women's Bar Association of the District of Columbia (2020-2024)