

REC: Tumbling Basics
(TOTS 4-6 years)

REC: Tumbling Basics
(6+ years)

MONDAY
4:15-5:00p
5:00-5:45p

MONDAY
4:00-5:00p
5:00-6:00p

TUESDAY
4:15-5:00p
5:00-5:45p

TUESDAY
4:00-5:00p

WEDNESDAY
4:15-5:00p
5:00-5:45p

WEDNESDAY
4:00-5:00p

THURSDAY
4:15-5:00p
5:00-5:45p

THURSDAY
4:00-5:00p
5:00-6:00p

Continuing our TUMBLING

Schedule



**Academy Tumbling
Level 1**

**Academy Tumbling
Level 2**

**Academy Tumbling
Level 3**

**Academy
Tumbling
Level 4+**

MONDAY
Coach Wilder
5:00-6:00p

MONDAY
Coach Wilder
6:00-7:00p

MONDAY
Coach Wilder
7:00-8:00p

MONDAY
Coach Wilder
8:00-9:00p

TUESDAY
Coach Wilder
5:00-6:00p
6:00-7:00p

TUESDAY
Coach Wilder
6:00-7:00p

TUESDAY
Coach Wilder
7:00-8:00p

TUESDAY
Coach Wilder
8:00-9:00p

WEDNESDAY
Coach Speakman
5:00-6:00p

WEDNESDAY
Coach Speakman
6:00-7:00p

WEDNESDAY
Coach Speakman
6:00-7:00p

HS SCHOOL TUMBLING
Wilder+Speakman
8:00-9:00p

THURSDAY
Coach Colbie
5:00-6:00p

THURSDAY
Coach Colbie
6:00-7:00p

THURSDAY
Coach Speakman
7:00-8:00p

THURSDAY
Coach Speakman
8:00-9:00p

RISE★FIGHT★WIN



info@hceliteathletics.com



www.hceliteathletics.com



512-829-4155

Strength & Stretch

Dance/Acro



info@hceliteathletics.com



www.hceliteathletics.com



512-829-4155



MONDAY

6:00-6:45p
7:00-7:45p

WEDNESDAY

7:00-8:00p

TUESDAY

6:00-6:45p
7:00-7:45p

FRIDAY

4:00-5:00p

WEDNESDAY

6:00-6:45p
7:00-7:45p

THURSDAY

6:00-6:45p
7:00-7:45p

SPECIALTY

Offerings

HS Tumbling Night

For HIGH SCHOOLERS ONLY

WEDNESDAY

8:00-9:00pm

Fun Vibe with Friends and Teammates!

This class is designed to give athletes more ownership over their training. While guided by both Austen Speakman and Austin Wilder, it will offer a more flexible structure — allowing each athlete to focus on the skills that align with their personal goals. It's a space where motivated athletes can take the lead, push their limits, and progress at their own pace with intention and purpose.

STUNT (18U/High School)

WEDNESDAY

7:00-8:00pm

Austin Wilder

Want to Work on Your STUNT skills?

This class will focus on set STUNT routines that progress in difficulty over the course of a few months. This is a precursor if interested in joining STUNT the Sport competitive Team.

STUNT (8U/11U/14U)

THURSDAY

7:00-8:00pm

Colbie DeWitt

Want to Work on Your STUNT skills?

This class will focus on set STUNT routines that progress in difficulty over the course of a few months. This is a precursor if interested in joining STUNT the Sport competitive Team.

Continued NINJA

Classes



info@hceliteathletics.com

www.hceliteathletics.com

512-829-4155



NINJA BASICS
(Tots: 4-6 years)

MONDAY
Coach Speakman
4:15-5:00p

TUESDAY
Coach Speakman
4:15-5:00p

WEDNESDAY
Coach Wilder
4:15-5:00p

THURSDAY
Coach Speakman
4:15-5:00p

NINJA BASICS
(6-9 years)

MONDAY
Coach Speakman
5:00-6:00p

TUESDAY
Coach Speakman
5:00-6:00p

WEDNESDAY
Coach Wilder
5:00-6:00p

THURSDAY
Coach Speakman
5:00-6:00p

NINJA Intermediate
(6+yrs)

MONDAY
Coach Speakman
6:00-7:00p

TUESDAY
Coach Speakman
6:00-7:00p

WEDNESDAY
Coach Wilder
6:00-7:00p

OPEN GYM
Middle School

OPEN GYM
High School

**NINJA
ACADEMY**

Enrollment by Request
info@hceliteathletics.com

NEW TIME

WEDNESDAY
7:00-8:00pm

WEDNESDAY
8:00-9:00pm

NEW TIME

TUESDAY 7:00-8:00p
THURSDAY 6:00-7:00p

The NINJA ACADEMY are classes for athletes who wish to take their skills to the competition level. Our structured classes focus on competition-style obstacles, course management, and overall strength and agility to help athletes perform with confidence and precision.

You do NOT have to compete to be in the class; however, it does require a higher level of commitment, focus, and physical readiness. Athletes should come prepared to train with intensity, push their limits, and grow both mentally and physically in a team-focused environment.