



BEHAVIOUR SUPPORT DEVELOPMENT PROGRAM

2026

helpz

What does a Behaviour Support Practitioner do?

Behaviour Support Practitioners support children and adults who display behaviours of concern. They use a person-centred approach and work closely with individuals, families, and support networks to understand why behaviours occur.

As a Behaviour Support Practitioner, you will:

- Work with clients to understand their needs and develop goals.
- Support participants at home, school, work, and through telehealth.
- Complete functional behaviour assessments using interviews, observations, and data.
- Review and manage restrictive practices in line with NDIS requirements.
- Write clear and timely behaviour support reports.
- Assess risk and develop positive behaviour support strategies.
- Collaborate with families, carers, and other professionals.
- Provide training and support to staff and carers.
- Using assessments and observations, practitioners develop personalised Behaviour Support Plans with practical strategies to reduce behaviours of concern.

The overall goal is to improve quality of life, build independence, and support meaningful community participation.



Program Overview



The Behaviour Support Development Program (BSDP) offers a personalised and flexible learning journey. The pathway begins with an initial engagement and includes access to clinical supervision, advanced learning modules, and guidance to support your NDIS registration. It is designed for individuals aspiring to become Behaviour Support Practitioners under the National Disability Insurance Scheme (NDIS).

Whether you're just starting out or looking to formalise your experience, the BSDP offers a flexible, hands-on learning experience that covers the foundational principles of Behaviour Support. With BSDP, you're in control! You choose the level of involvement that suits your goals, schedule, and professional development needs.

The program can also provide tailored Behaviour Support solutions outside of the NDIS. Please enquire within.

Preliminary Engagement

Your journey begins with a one-on-one conversation with a member of our team.

During this initial contact:

- We will introduce you to helpz and the BSDP, and take the time to understand your background, interests, and connection to Behaviour Support—whether or not you've worked in the NDIS space.
- You'll receive access to a free webinar: Introduction to Behaviour Support via our Teachable platform, helping you confirm whether this field aligns with your expectations.
- If you haven't already provided a CV, we will request one to better understand your experience and skills.
- Based on your background, we will then propose a tailored learning and development pathway, selecting modules that match your level of experience and professional goals.

The program offers:

- 6 online modules to introduce you to the basics of Behaviour Support.
- Resources and additional learning opportunities to support you in working with people with behaviours of concern.
- Opportunity to engage in the Pathway To Core Extended Program.
- Support to register as a suitable NDIS Practitioner.
- Clinical Supervision.
- Networking opportunities with other Practitioners and disciplines.

Option 1: Behaviour Support Development Program - Pathway to Core

Begin developing your Core capability level through a structured and flexible program that focuses on building a Portfolio of Evidence and completing a self-assessment review.

Program Duration:

This program is completely self-paced. There is no time limits and no due dates. Fit the program into your life as you need, whether that be 10 weeks or 12 months - we will be here when you are ready!



What's Included:

- **Access to the 6 Core Learning Modules** to give foundational knowledge.
- **Seven additional online modules** designed to help you apply Behaviour Support principles through practical case studies.
- **Assigned tasks** to contribute to your portfolio of evidence and get feedback from experienced practitioners.
- **Access to a logbook** to track your learning and practical engagement in the program and other opportunities, to use as part of your portfolio.
- **Flexible supervision options:** Weekly, fortnightly, or monthly group sessions
- **Access to case studies** to support practical learning.
- **Incidental supports** to guide you through challenges and questions.
- **Resources and tools**, including Behaviour Support design strategies.
- **Review of your core self-assessment** to develop further learning goals.

Option 2: Behaviour Support Development Program - Modules Only

These modules serve as either:

- A foundation for those new to Behaviour Support, or
- A deeper dive for those progressing toward practitioner registration.

Included Modules:

- Risks and Behaviour Support
- Restrictive Practices
- Functional Behaviour Assessment
- Formulation
- Planning
- Training, Implementation, and Review

Application for Suitability as a Behaviour Support Practitioner

As part of your journey toward becoming a Behaviour Support Practitioner under the NDIS Quality and Safeguards Commission, helpz offers guided support through the application process.

This stage includes:

- Step-by-step assistance navigating the NDIS application portal.
- Provision and endorsement of a personalised Learning Plan and Supervision Plan, developed by helpz.
- Certification of qualifications, vocational training, and relevant experience to strengthen your application.
- A preliminary assessment and endorsement from helpz, indicating your potential to grow and succeed in the field of Behaviour Support.

To receive our endorsement for registration, you'll need to provide evidence of your experience and capabilities, or complete the Pathway to Core Program (Option 1) to build your knowledge and skills.



Important Note:

This stage is subject to formal review and endorsement by the NDIS Quality and Safeguards Commission, which may take 4–6 weeks.

Suitability at this point does not confirm your capability to practice. Instead, it marks the beginning of your development journey. The helpz Behaviour Support Development Program is designed to help you build the skills and knowledge required to meet the NDIS Capability Framework, which is essential for practicing as a Behaviour Support Practitioner.

BDSP Price List

1. Behaviour Support Development Program - Pathway to Core

Total \$898.25

(a) Portfolio Development & Supervision Program

\$299.25 - Entry and Access to All Program Content

NO cost for supervision sessions booked for program content

N.B. there must be a minimum of 5 online sessions attended

Includes:

- Supervision (flexible frequency) sessions with a Clinical Supervisor
- Access to case studies
- Online modules
- Behaviour Support resources
- Tasks to build your portfolio of evidence
- A logbook to demonstrate your engagement
- Review of your NDIS self-assessment checklist

(b) Review of all Tasks and Work Submitted

\$599.70 - 6 Hours Supervisor Review & Feedback - Split into 2 Payments

- Payment 1 due after Session 2 - \$199.90 - 2 hours review & feedback of initial work submitted after session 2
- Payment 2 due after Session 5 - \$399.80 - 4 hours review & feedback of all work submitted after session 5

2. Behaviour Support Development Program - Modules Only

Total \$199.25

6 Modules (Full Set):

Includes foundational topics such as:

- Risks and Behaviour Support
- Restrictive Practices
- Functional Behaviour Assessment
- Formulation
- Planning
- Training, Implementation, and Review

3. Application Support to NDIS Quality & Safeguards Commission

Total \$199.95

Assisted Application Support:

- Help navigating the portal
- Endorsed Learning plan
- Supervision agreement
- Certification of qualifications and experience
- Preliminary suitability assessment

FAQs about the role

What age group can I work with as a practitioner?

Behaviour support works across the life span. We work with children right through to older adults with intellectual disabilities and other developmental disabilities.

What experience do I need to become a Behaviour Support Practitioner?

Though it is great to have experience supporting people with a disability, and/or have a recognised relevant degree (eg. Allied Health, Social Work, Teachers etc), we welcome discussions with all interested parties to see how your experience may fit with the role.

Are there other expectations of the role?

In order to gain employment under the NDIS, you will be required to also have a WWCC / relevant jurisdictional clearances, as well as a NDIS Worker Check.

What is the timeframe to complete the Pathway to Core?

There is no timeframe set by helpz for you to complete the program. The program is self-paced to fit in with your life.

Are there any pre-requisites for the Pathway to Core?

Knowledge of the behaviour support principles is advantageous. It is recommended that practitioners complete the theory modules prior to commencing the coursework.

CONTACT US

Ready to take the next step in your journey to becoming a Behaviour Support Practitioner? Get in touch with us and receive personalised guidance on your learning pathway.

BSDP Enquiry Form

To register your interest in the BSDP, please complete our BSDP Enquiry form on our website via this [link](#) or by scanning the QR Code below. Due to the high volume of enquiries, our team will aim to be in contact with you within 5 business days.

