

WSC

TRACK RULES

- 1** Be aware of individuals entering and exiting the track & tennis courts
- 2** Adult supervision is required for children under 13 at all times on and around the track
- 3** Strollers and Baby Carriers are not permitted on the track
- 4** Stay in designated lanes. Walkers on inside lane, Runners on outside lane
- 5** Walk side-by-side only when traffic allows
- 6** Avoid collisions by keeping arms and hands within your lane
- 7** Follow track daily directionals, marked at each entrance

**Maintain a
safe and
motivating
environment**