CARDIO TENNIS

CARDIO TENNIS™ is a fun, high-energy fitness activity combining tennis and a cardiovascular workout similar to interval training. Improve your cardio. Improve your stamina. Burn calories and get in shape.

CARDIO TENNIS MAX – Players 3.5 and higher can take it up a notch with this cardio tennis class at max intensity! This class is more challenging and competitive than regular cardio tennis to meet the needs of a higher level player.

Tennis Members may sign up 3 days in advance (at class start time) HC/PB Members 1 day prior (at class start time), up until class time or until class is full. Players register by logging into their online WSC/Club Automation account and selecting 'Group Activities', or on WSC App under 'Classes'. *WSC Guests may register 12 hours in advance.

Players can cancel online up to 24 hours prior to class. Players who cancel in less than 24 hours or register and don't show will be charged a $8 fee.

Players can sign up for 1 class where multiple classes are offered in a row, and can add additional classes if there are open spots 24 hours prior.

Class schedules are subject to change. *Maximum 8 participants per class.*

DAY	TIME	PLAYER LEVEL
Mon*	8-8:55am	All Levels
Mon	6-6:55pm	CT Max 3.5+
Mon	7-7:55pm	All Levels
Tues	7-7:55pm	All Levels
Tues	8-8:55pm	CT Max 3.5+
Wed	1-1:55pm	All Levels
Thurs	6-6:55am	All Levels
Fri*	7:00-7:55am	All Levels
Fri	8:00-8:55am	All Levels
Fri	9:00-9:55am	All Levels

DAY	TIME	PLAYER LEVEL
Sat	7:30-8:25am	All Levels
Sat	8:30-9:25am	All Levels
Sat	9:30-10:25am	CT MAX 3.5+

RATE TYPE	TENNIS MEMBER	HEALTH CLUB MEMBER	GUEST
Cardio Tennis™ 10-Pack*	$112	$152	N/A
Cardio Tennis™ Drop-In Rate	$16/ class	$21/ class	$29/ class*

**Email tennis@wheatonsportcenter.com to purchase a 10-pack. 10-packs apply to any regular Cardio Tennis class, following the drop in registration procedures.*

**New class times start October 19th*

POLICIES & ADDITIONAL INFORMATION

GROUP LESSON MAKE UP & REFUND POLICY

Students are responsible for attending the lesson for which they have registered. A maximum of 2 missed lessons may be made up per session with prior approval of the Tennis Administrator. Student must email the Tennis Administrator 24 hours prior to the missed lesson. Lessons must be made up during the current session and are NOT guaranteed. Approval for make up lesson is based on class space availability. Refunds are honored for any reason if notification is given 72 hours prior to the first lesson. After a lesson session has started, refunds are only given for illness or injury with a doctor's note. A $10 fee per registrant will be charged for all refunds.

RACQUET STRINGING & SALES

Wheaton Sport Center offers on-site, same-day racquet stringing. We have a great selection of strings in every category. Whether you need more power, feel, control, comfort, or durability, we have the perfect strings for you! All racquets are strung on our state-of-the-art, constant pull, digital, Wilson Baiardo stringing machine for a consistent, accurate string job every time.

Are you looking for a new racquet? We offer affordable racquet prices that are comparable to online stores. If you need help choosing the right racquet for your game, our tennis professionsals are happy to help.

- *To take advantage of restringing services, drop off your racquet at the front desk or stop in the Tennis Welcome Center for assistance.*

BALL MACHINE RENTAL

Ball machine is available year-round on Court 1. Additionally, it is available on Court 7 from mid-October through mid-May. WSC members can rent a ball machine by choosing the ball machine option when making a court reservation. Please contact tennis staff if you have any questions about ball machine usage.

TIME	TENNIS MEMBER	HEALTH CLUB MEMBER
30 minutes	$13	$16
60 Minutes	$26	$32

PRIVATE LESSONS

TENNIS MEMBER RATES

Teaching Pro	1 student 1/2 hour	1 student 1 hour	2 students 1 hour	3 students 1 hour	4 students 1 hour	5 students 1 hour
Bill Eng	$36.00	$66.00	$37.00 *each*	$34.00 *each*	$31.00 *each*	$29.00 *each*
Mark Exner	$45.00	$80.00	$46.00 *each*	$42.00 *each*	$39.00 *each*	$36.00 *each*
Russ Ruffolo	$32.00	$60.00	$33.00 *each*	$30.00 *each*	$28.00 *each*	$26.00 *each*
Morrie Marino	$32.00	$55.00	$31.00 *each*	$28.00 *each*	$26.00 *each*	$24.00 *each*
Mike Fessel	$45.00	$80.00	$46.00 *each*	$42.00 *each*	$39.00 *each*	$36.00 *each*
Emily Connolly	$45.00	$80.00	$46.00 *each*	$42.00 *each*	$39.00 *each*	$36.00 *each*
Danilo Kovacevic	$47.50	$85.00	$48.50 *each*	$44.50 *each*	$41.50 *each*	$38.50 *each*
George Botha	$47.50	$85.00	$48.50 *each*	$44.50 *each*	$41.50 *each*	$38.50 *each*
Rick Huffman	$47.50	$85.00	$48.50 *each*	$44.50 *each*	$41.50 *each*	$38.50 *each*
Matt Roszkowski	$52.50	$95.00	$53.00 *each*	$49.00 *each*	$45.00 *each*	$40.00 *each*
Jonathan Diamond	$52.50	$95.00	$53.00 *each*	$49.00 *each*	$45.00 *each*	$40.00 *each*
Anne Mache	$36.00	$66.00	$37.00 *each*	$34.00 *each*	$31.00 *each*	$29.00 *each*
Karl Peterson	$52.50	$95.00	$53.00 *each*	$49.00 *each*	$45.00 *each*	$40.00 *each*
Linda Wright	$45.00	$80.00	$46.00 *each*	$42.00 *each*	$39.00 *each*	$36.00 *each*
Anders Singdahlsen	$40.00	$73.00	$41.00 *each*	$37.00 *each*	$34.00 *each*	$31.00 *each*
Rick Jorgensen	$40.00	$73.00	$41.00 *each*	$37.00 *each*	$34.00 *each*	$31.00 *each*
Brant Buckley	$40.00	$73.00	$41.00 *each*	$37.00 *each*	$34.00 *each*	$31.00 *each*
Keith Mills	$40.00	$73.00	$41.00 *each*	$37.00 *each*	$34.00 *each*	$31.00 *each*
Jeff Porto	$40.00	$73.00	$41.00 *each*	$37.00 *each*	$34.00 *each*	$31.00 *each*
Wiktoria Bratko	$27.00	$51.00	$29.00 *each*	$26.00 *each*	$24.00 *each*	$22.00 *each*

HEALTH CLUB MEMBER RATES

Teaching Pro	1 student 1/2 hour	1 student 1 hour	2 students 1 hour	3 students 1 hour	4 students 1 hour	5 students 1 hour
Bill Eng	$40.00	$73.00	$41.00 *each*	$38.00 *each*	$36.00 *each*	$34.00 *each*
Mark Exner	$48.00	$87.00	$49.00 *each*	$45.00 *each*	$42.00 *each*	$39.00 *each*
Russ Ruffolo	$36.00	$67.00	$37.00 *each*	$34.00 *each*	$32.00 *each*	$30.00 *each*
Morrie Marino	$33.00	$62.00	$35.00 *each*	$32.00 *each*	$30.00 *each*	$28.00 *each*
Mike Fessel	$48.00	$87.00	$49.00 *each*	$45.00 *each*	$42.00 *each*	$39.00 *each*
Emily Connolly	$48.00	$87.00	$49.00 *each*	$45.00 *each*	$42.00 *each*	$39.00 *each*
Danilo Kovacevic	$50.50	$92.00	$51.50 *each*	$47.50 *each*	$44.50 *each*	$42.00 *each*
George Botha	$50.50	$92.00	$51.50 *each*	$47.50 *each*	$44.50 *each*	$42.00 *each*
Rick Huffman	$50.50	$92.00	$51.50 *each*	$47.50 *each*	$44.50 *each*	$42.00 *each*
Matt Roszkowski	$56.00	$102.00	$57.00 *each*	$53.00 *each*	$49.00 *each*	$44.00 *each*
Jonathan Diamond	$56.00	$102.00	$57.00 *each*	$53.00 *each*	$49.00 *each*	$44.00 *each*
Anne Mache	$40.00	$73.00	$41.00 *each*	$38.00 *each*	$36.00 *each*	$34.00 *each*
Karl Peterson	$56.00	$102.00	$57.00 *each*	$53.00 *each*	$49.00 *each*	$44.00 *each*
Linda Wright	$48.00	$87.00	$49.00 *each*	$45.00 *each*	$42.00 *each*	$39.00 *each*
Anders Singdahlsen	$44.00	$80.00	$45.00 *each*	$41.00 *each*	$38.00 *each*	$35.00 *each*
Rick Jorgensen	$44.00	$80.00	$45.00 *each*	$41.00 *each*	$38.00 *each*	$35.00 *each*
Brant Buckley	$44.00	$80.00	$45.00 *each*	$41.00 *each*	$38.00 *each*	$35.00 *each*
Keith Mills	$44.00	$80.00	$45.00 *each*	$41.00 *each*	$38.00 *each*	$35.00 *each*
Jeff Porto	$44.00	$80.00	$45.00 *each*	$41.00 *each*	$38.00 *each*	$35.00 *each*
Wiktoria Bratko	$31.00	$58.00	$33.00 *each*	$30.00 *each*	$28.00 *each*	$26.00 *each*

GUEST RATES

Teaching Pro	1 student 1/2 hour	1 student 1 hour	2 students 1 hour	3 students 1 hour	4 students 1 hour	5 students 1 hour
Bill Eng	$44.00	$81.00	$45.00 *each*	$42.00 *each*	$40.00 *each*	$38.00 *each*
Mark Exner	$52.00	$94.00	$53.00 *each*	$49.00 *each*	$46.00 *each*	$43.00 *each*
Morrie Marino	$37.00	$70.00	$39.00 *each*	$36.00 *each*	$34.00 *each*	$32.00 *each*
Russ Ruffolo	$40.00	$75.00	$41.00 *each*	$38.00 *each*	$36.00 *each*	$34.00 *each*
Mike Fessel	$52.00	$94.00	$53.00 *each*	$49.00 *each*	$46.00 *each*	$43.00 *each*
Emily Connolly	$52.00	$94.00	$53.00 *each*	$49.00 *each*	$46.00 *each*	$43.00 *each*
Danilo Kovacevic	$54.50	$98.50	$55.00 *each*	$51.00 *each*	$48.00 *each*	$45.00 *each*
George Botha	$54.50	$98.50	$55.00 *each*	$51.00 *each*	$48.00 *each*	$45.00 *each*
Rick Huffman	$54.50	$98.50	$55.00 *each*	$51.00 *each*	$48.00 *each*	$45.00 *each*
Matt Roszkowski	$59.00	$108.00	$60.00 *each*	$56.00 *each*	$52.00 *each*	$47.00 *each*
Jonathan Diamond	$59.00	$108.00	$60.00 *each*	$56.00 *each*	$52.00 *each*	$47.00 *each*
Anne Mache	$44.00	$81.00	$45.00 *each*	$42.00 *each*	$40.00 *each*	$38.00 *each*
Karl Peterson	$59.00	$108.00	$60.00 *each*	$56.00 *each*	$52.00 *each*	$47.00 *each*
Linda Wright	$52.00	$94.00	$53.00 *each*	$49.00 *each*	$46.00 *each*	$43.00 *each*
Anders Singdahlsen	$48.00	$88.00	$49.00 *each*	$43.00 *each*	$41.00 *each*	$39.00 *each*
Rick Jorgensen	$48.00	$88.00	$49.00 *each*	$43.00 *each*	$41.00 *each*	$39.00 *each*
Brant Buckley	$48.00	$88.00	$49.00 *each*	$43.00 *each*	$41.00 *each*	$39.00 *each*
Keith Mills	$48.00	$88.00	$49.00 *each*	$43.00 *each*	$41.00 *each*	$39.00 *each*
Jeff Porto	$48.00	$88.00	$49.00 *each*	$43.00 *each*	$41.00 *each*	$39.00 *each*

2026-11-04

ADULT TENNIS



WINTER 1 2026-2027

OCTOBER 19, 2026 - JANUARY 17, 2027

11-WEEK SESSION (NO CLASS 11/26, 12/23-1/5)

ADULT LEAGUES

PRIVATE LESSONS

GROUP LESSONS

TENNIS DRILLS

Tennis Manager: *Lori Mills | lmills@wheatonsportcenter.com*

Director of Tennis Development : *Jonathan Diamond | jdiamond@wheatonsportcenter.com*

Tennis Administrator: *Alyssa Denigot | tennis@wheatonsportcenter.com*

Wheaton Sport Center
Your Neighborhood Club

630-690-0887 | www.wheatonsportcenter.com

GROUP LESSONS *(4-WEEK SESSIONS)*

New classes begin the 1st week of each month.

TENNIS UNIVERSITY *(INTRO TO TENNIS FOR BEGINNERS)*

Designed for all non-tennis players, Tennis University offers an introduction to basic tennis strokes. Bring a tennis racquet if you have one, or our pro will provide one for you. Get into the game of tennis – this lifetime sport is a great way to stay fit!

**To register for your free class, send an email to Lori Mills: lmills@wheatonsportcenter.com*

DAY	TIME	TENNIS MEMBER	HEALTH CLUB MEMBER	GUEST
Tues	12:00pm-1:00pm	1st Time-FREE*/ $85	1st Time-FREE*/ $100	$115
Thu	6:00pm - 7:00pm			
Fri	10:00am-11:00am			
Sunday	12:30pm-1:30pm			

TENNIS UNIVERSITY PhD

Have you graduated from Tennis University and are ready for the next level? Tennis University PhD introduces additional strokes and technical skills while reinforcing your Tennis University skills. A new 4-week session starts the first of each month, beginning in September. *Register online or on the WSC App.*

DAY	TIME	TENNIS MEMBER	HEALTH CLUB MEMBER	GUEST
Wed	12:00-1:00pm	$89	$104	$120
Thurs	6:00-7:00pm	$89	$104	$120

ADVANCED BEGINNER SKILLS & DRILLS

This 4-week class is for Tennis University PhD graduates & players with some experience. It combines 1/2 hour of technical instruction with 1/2-hour of supervised point play. Players continue to develop their tennis skills while also learning how to use them in game situations. *Register online or on the WSC App.*

DAY	TIME	TENNIS MEMBER	HC MEMBER	GUEST
Tue	7:00pm-8:00pm	$89	$104	$120
Fri	11:00am-12:00pm			

INTERMEDIATE SKILLS & DRILLS

Continue your tennis development by advancing from Advanced Beginner Skills and Drills to the Intermediate level class. This class focuses technical skills for a variety of shots as well as more advanced strategies. Players moving up from the Advanced Beginner should confirm with their coach that they are ready for this level. *Register online or on the WSC App.*

DAY	TIME	TENNIS MEMBER	HC MEMBER	GUEST
Tue	8:00pm-9:00pm	$89	$104	$120

USTA DRILLS

These drills are perfect for those who want to up their game, as well as their USTA rating. Fast paced, point play based drills, with a focus on improving your match toughness. This class is open to USTA and Gladiator league players. Players must be approved by Director Jonathan Diamond prior to registering for hte 4.5 + level.

CLASS / LEVEL	DAY	TIME
Mens 3.5+	MON	6:30-8:00pm
Men's 4.0+	TUES	6:30-8:00pm
Men's 4.5+	WED	7:00-8:30pm



TENNIS DRILLS *OCTOBER 19 - JANUARY 17 (11-WEEK SESSIONS) NO CLASS 11/26, 12/3-1/5*

NEW REGISTRATION OPTIONS FOR DOUBLES TACTICS, ADULT DRILL & PLAY, AND USTA DRILLS

NEW DRILL 6-PACKS!

Players can now enjoy ultimate flexibility by purchasing an Adult Tennis Drill 6-pack! The 6-pack can be used throughout the 11-week Winter 2026-27 program session (from October 19-January 17). Mix and Match! The 1.5 hour 6-pack applies to all 1.5 hour Doubles Tactics, Adult Drill & Play and USTA Drill classes and the 1.0 hour 6-pack applies to the 1-hr Doubles Tactics and Adult Drill & Play classes.

Email Tennis Administrator Alyssa Denigot to purchase an Adult Drill 6-pack (indicate 1 or 1.5 hour) at tennis@wheatonsportcenter.com

Drill packs must be used within the 10-week program session and expire 1/17/2027.

ADULT TENNIS DRILL 6-PACK FEES	TENNIS	HC/PB MEMBER	GUEST
1.5 hour Drill Pack	$200	$240	$275
1 hour Drill pack	$135	$160	$185

Players can also sign up on a week to week basis:

WEEKLY SIGN UP OPTION	TENNIS	HC/PB MEMBER	GUEST
1.5 hour Drill	$40	$46	$53
1 hour Drill	$29	$32	$37

Please note:

- *Both Drill 6-pack players and week to week sign up players must register in advance - space is limited*
- *Late unregistration fee (24 hours prior to class) is $8 and no-show fee is the class fee.*
- *Drill packs must be used withing the 10-week program session and expire 1/17/2027.*

DOUBLES TACTICS CLASS

This class focuses on fast-moving doubles drills and point play with instruction on doubles positioning, strategy, and technical components associated with different doubles situations. This is a great way to improve your doubles game and learn skills for success in your next match. Players who need assistance in assessing which level to join should contact Director of Tennis Development, Jonathan Diamond.

CLASS / LEVEL	DAY	TIME
Level 3.0-3.25, NITTL Div 3/4	Mon	10:30am-12:00pm
Level 3.0-3.25, NITTL Div 3/4	Wed	1:00-2:00pm
Level 3.5-3.75, NITTL Div 2	Mon	10:30am-12:00pm
Ladies' Level 4.0+, NITTL Div 1	Tues	10:30am-12pm
CoEd Evening Level 3.5+	Thurs	7:00-8:00pm

ADULT DRILL & PLAY CLASSES

Join us on court to work on both your singles and doubles game. Each class will focus a specific skill or strategy – the first half hour will give instruction through drills that reinforce the skill/strategy of the week, then will continue with instruction/feed back as players apply it in the context of match play.

CLASS / LEVEL	DAY	TIME
Adult Evening Drill & Play	Thurs	7:00pm-8:00pm
Men's 3.5 Drill & Play	Wed	6:30pm-8:00pm

TAKEOVER THURSDAYS

LEARN TO RULE THE COURT!

Sharpen your skills and strategy and become a force on the court! These specifically themed clinics will focus on developing tools for tennis success. Players sign up on a week-to-week basis in your WSC App or online.

CLASS / LEVEL	DAY	TIME	FEES		
			TENNIS	HC MEMBER	GUEST
OCT 22	Thurs	12:00pm-1:30pm	$38	$44	$57
OCT 29	Thurs	12:00pm-1:30pm	$38	$44	$57
NOV 5	Thurs	12:00pm-1:30pm	$38	$44	$57
NOV 12	Thurs	12:00pm-1:30pm	$38	$44	$57
NOV 19	Thurs	12:00pm-1:30pm	$38	$44	$57
DEC 3	Thurs	12:00pm-1:30pm	$38	$44	$57
DEC 10	Thurs	12:00pm-1:30pm	$38	$44	$57
DEC 17	Thurs	12:00pm-1:30pm	$38	$44	$57
JAN 7	Thurs	12:00pm-1:30pm	$38	$44	$57
JAN 14	Thurs	12:00pm-1:30pm	$38	$44	$57

Oct 22 - Out of the 'Air' Strike
Oct 29 - 5 Rules of the Rally
Nov 5 - Dominating the Net - Volleys & Poaching
Nov 19 - Turning Defense into Offense
Dec 3 - Serves & Returns
Dec 10 - Creating Angles
Dec 17 - Specialty Shots
Jan 7 - Utilizing the zones of the court
Jan 14 - Using Lobs & Overheads for Offense & Defense

LADIES PRO-LED MATCH PLAY

Join us for some fun summer competition and improve your match skills! Each week a WSC Director of Tennis will facilitate competitive doubles play, including circulating each court to give immediate tactical/technical feedback and advice. Players sign up on a week-to-week basis.

CLASS / LEVEL	DAY	TIME	WSC MEMBERS	GUESTS
Ladies NITTL Division 3 & 3.25+	WED	12:00-1:30PM	$12	$15

TENNIS LEAGUES

In-house leagues are open to WSC Tennis Members ages 18 and over. First-time participants are evaluated by a WSC tennis professional to ensure placement at the proper level. *Register for Leagues now online or on the WSC App (under classes).*

Registration Deadline: Closes October 4
Session Dates: October 19 - January 17, *no league November 26*

	LEAGUE	DAY	TIME	FEE
WOMEN'S LEAGUES	2.0 Women's Scheduled Doubles	THU	10:00-11:30am	$60
	3.0 Women's Scheduled Doubles	THU	6:00pm-7:30pm	$60
	3.5 Women's Scheduled Doubles	WED	6:00pm-7:30pm	$65
	Women's Self-Scheduled Singles 3.25-3.75	***		$65

	LEAGUE	DAY	TIME	FEE
MEN'S LEAGUES	3.0 Men's Scheduled Doubles	SAT	7:30am-9:00am	$65
	3.5 Men's Scheduled Doubles	MON	6:00pm-7:30pm	$65
	Men's Self-Scheduled Singles 3.0, 3.5, 4.0	***		$65

No league play Thursday, November 26.
For more information, contact League Coordinator, Susan Johnson sjohnson@wheatonsportcenter.com