ARROW ACADEMY
SCHOOL HEALTH ADVISORY COUNCIL (SHAC)

Official Meeting Minutes | October 1, 2026

Meeting format	**Virtual (Zoom)**
Meeting time	1:30 p.m.
Presiding officer	Charnice Tatum, SHAC Chairperson
Quorum	Confirmed at the start of the official meeting

1. Attendance

Charnice Tatum, Chairperson; Christina Fowler, Vice Chairperson; Dr. Kandys McKinley-Foster, Secretary; Tiffany Green, Administrative Liaison; and Crystal Warner, SHAC Mentor. Attendance and a quorum were confirmed during roll call.

2. Call to Order and Purpose

Chairperson Tatum called the October 1, 2026 meeting to order. The Council convened to review fentanyl abuse prevention and drug poisoning awareness guidance, consider age-appropriate student and family education, and develop a recommendation for the Leadership Education Foundation Board of Directors meeting scheduled for October 22, 2026.

3. SHAC Responsibilities and TEA Guidance

Tiffany Green reviewed the Council's advisory role and the Texas Education Agency guidance dated September 17, 2026. Discussion included October Fentanyl Poisoning Awareness Month, the October 11–17 awareness week, and SHAC's responsibility to recommend grade levels and instruction concerning opioids, including fentanyl. The presentation described annual research-based instruction for grade 6 covering fentanyl abuse prevention, drug poisoning awareness, suicide prevention, substance use and abuse, and access to school and community resources.

4. Proposed 2026–2027 Drug and Fentanyl Awareness Initiative

Kindergarten–Grade 2: General medicine and unknown-substance safety through read-alouds, safety scenarios, and pledge cards. Core message: "Don't touch it, don't take it, tell a trusted adult."

Grades 3–5: Safe medicine use, unknown pills and substances, refusal skills, and reporting concerns to trusted adults through decision-making scenarios and a Safe Choice Challenge.

Grade 6: Research-based, TEKS-aligned fentanyl and drug poisoning awareness instruction, myth/fact activities, safe decision-making, suicide prevention, and school/community help resources.

The proposal also included English- and Spanish-language family communications, TEA flyers, posters, and coordination with Red Ribbon Week. Campus-level materials would be selected for age appropriateness. Green described plans to coordinate with leadership at Liberation Academy, Harvest Preparatory Academy, and Save Our Streets (SOS).

5. Council Deliberation

Members discussed the developmental appropriateness of the proposed activities. Crystal Warner expressed support and did not propose changes. Dr. McKinley-Foster emphasized keeping information general and age-appropriate for younger students and avoiding premature exposure to advanced drug-related content.

6. Motion, Second, and Vote

Motion made by Crystal Warner: That SHAC recommend to the Arrow Academy Board of Directors age-appropriate instruction on the dangers of opioids, including synthetic opioids such as fentanyl, and implementation of the proposed 2026–2027 Arrow Academy Drug and Fentanyl Awareness Initiative. For students in grades 6 served by Arrow Academy, the recommended instruction would include the research-based components identified in the September 17, 2026 TEA guidance and applicable law.

Second: Christina Fowler. Following an opportunity for further discussion, the Chair called for a vote. Members voiced votes in favor; the Chair declared the motion carried.

7. Follow-Up and Next Meeting

Green will finalize the written recommendation and supporting materials for the October 22, 2026 Board meeting, coordinate with district and campus leadership regarding implementation planning subject to Board and district direction, and maintain SHAC documentation and records.

Thursday, December 10, 2026, at 1:30 p.m. was proposed for the next SHAC meeting, pending confirmation of member availability. Green will follow up by email.

8. Public Comment and Adjournment

The Chair provided an opportunity for public comment; none was recorded. The Council proceeded to adjournment, and the Chair declared the meeting adjourned at 1:55 p.m.