

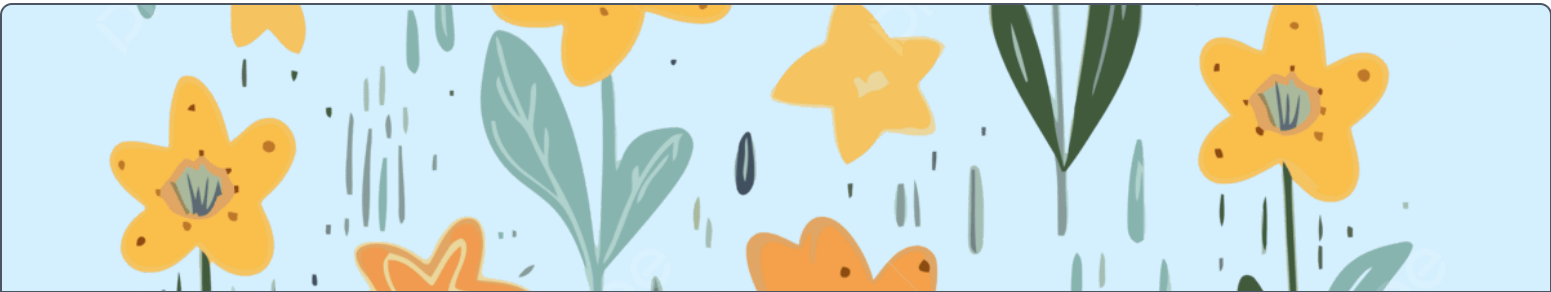
April

Arrow Academy Breakfast K8

		Breakfast Entree 1 Maple Pancake, Chicken Sausage & Cheese Sandwich Fruit Banana Apple Juice	Breakfast Entree 2 Honey Chicken Biscuit Fruit Sour Mixed Berry Raisins Apple Juice		
	6 Breakfast Entree 7 Trix Mini French Toast Fruit Diced Peaches Apple Juice	Breakfast Entree 8 Maple Belgian Waffle Fruit Banana Apple Juice	Breakfast Entree 9 Breakfast Turkey Sausage Pizza Fruit Craisins Apple Juice	Breakfast Entree 10 Strawberry Pop Tart Fruit Fuji Apple Apple Juice	
Breakfast Entree 13 Cocoa Puffs Cereal Fruit Applesauce Apple Juice Grains Honey Graham Crackers	Breakfast Entree 14 Turkey Sausage, Egg & Cheese Breakfast Bagel Fruit Diced Peaches Apple Juice	Breakfast Entree 15 Mini Maple Pancakes Fruit Banana Apple Juice	Breakfast Entree 16 Turkey Sausage Biscuit Fruit Sour Watermelon Raisins Apple Juice	Breakfast Entree 17 Lucky Charms Cereal Fruit Fuji Apple Apple Juice	
Breakfast Entree 20 Mini Cinnamon Rolls Fruit Apple Juice Applesauce	Breakfast Entree 21 Egg, Turkey Sausage & Cheese Breakfast Burrito Fruit Diced Peaches Apple Juice	Breakfast Entree 22 Blueberry Belgian Waffle Fruit Banana Apple Juice	Breakfast Entree 23 NEW!! Beef & Chicken Maple Kolache Fruit Sour Mixed Berry Raisins Apple Juice	Breakfast Entree 24 Yogurt & Granola Fruit Fuji Apple Apple Juice	
Breakfast Entree 27 Apple Cinnamon Nutri- Grain Bar Fruit Applesauce Apple Juice	Breakfast Entree 28 Cinnamon Toast Crunch Mini French Toast Fruit Diced Peaches Apple Juice	Breakfast Entree 29 Mini Confetti Pancakes Fruit Banana Apple Juice	Breakfast Entree 30 Honey Chicken Biscuit Fruit Craisins Apple Juice		

All K-12 Breakfast and Lunch are served with a choice of milk. Preschool and Supper meals are served with 1% white milk. Milk is not offered at snack.

This institution is an equal opportunity provider.



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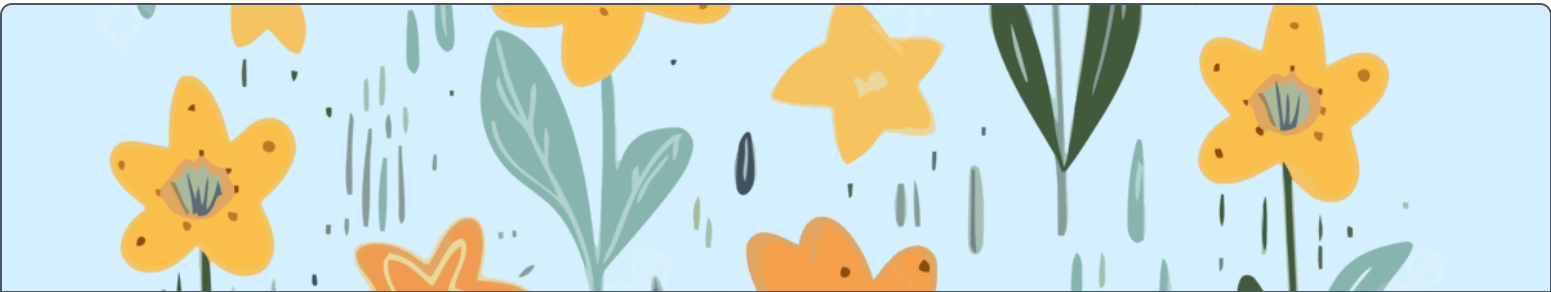
Arrow Academy

Lunch K8

		1 Lunch Entree Breakfast for Lunch: Scrambled Eggs, Turkey Sausage & Biscuit Vegetables Tater Tots Dragon Punch Fruit Red Apple Slices	2 Lunch Entree Spaghetti & Meatballs Vegetables Garden Salad Fruit Apple Juice	3
6	7 Lunch Entree Chicken Smackers & Ketchup Vegetables Diced Carrots Fruit Orange Grains Broccoli Cheese Rice	8 Lunch Entree Crispy Beef Taco Vegetables Pinto Beans Corn Fruit Red Apple Slices Grains Mexican Rice	9 Lunch Entree Chicken Alfredo Vegetables Broccoli Fruit Apple Juice	10 Lunch Entree Turkey Pepperoni Pizza Rippers Vegetables Green Beans Diced Carrots Fruit Cool Tropics Slush
13 Lunch Entree Meatball Sub Vegetables Crinkle Cut Fries Fruit Sour Watermelon Raisins	14 Lunch Entree Mini Chicken Corn Dogs Vegetables Pinto Beans Vegetable Blend Fruit Orange	15 Lunch Entree Chicken Tenders & Ketchup Vegetables Tater Tots Green Beans Fruit Red Apple Slices	16 Lunch Entree Cheeseburger Mac Vegetables Baby Carrots Fruit Apple Juice Condiments Ranch Packet	17 Lunch Entree Italian Pull Apart Cheese & Garlic Bread Vegetables Broccoli Florets Cucumber Slices Fruit Diced Peaches Condiments Ranch Packet
20 Lunch Entree BBQ Chicken Tender Sandwich Vegetables Diced Carrots Dill Pickle Chips Fruit Sour Mixed Berry Raisins	21 Lunch Entree Beef & Cheese Walking Taco Vegetables Pinto Beans Corn Fruit Orange	22 Lunch Entree Meatballs,beef Vegetables Mashed Potatoes & Gravy Green Beans Fruit Red Apple Slices Grains Dinner Roll	23 Lunch Entree Breakfast for Lunch: Scrambled Eggs & French Toast Sticks Vegetables Diced Potatoes Dragon Punch Fruit Apple Juice	24 Lunch Entree Mini Beef Pepperoni Calzones Vegetables Broccoli Diced Carrots Fruit Diced Peaches
27 Lunch Entree All Beef Hot Dog Vegetables Crinkle Cut Fries Broccoli Fruit Sour Watermelon Raisins	28 Lunch Entree Beef & Cheese Quesadilla Vegetables Pinto Beans Diced Carrots Fruit Orange	29 Lunch Entree "Fried" Chicken Bowl with Mashed Potatoes & Corn Fruit Red Apple Slices	30 Lunch Entree S&F Foods Turkey Ham & Cheese Stromboli Vegetables Green Beans Broccoli Fruit Apple Juice	

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April

Arrow Academy Snack K12

		Fruit Red Apple Grains Cheez-It Crackers	1	Breakfast Entree Honey Graham Crackers Fruit Red Apple	2	3			
6	Fruit Fruit Punch Grains Giant Vanilla Goldfish	7	Fruit Red Apple Grains Honey Graham Crackers	8	Fruit Fruit Punch Grains Cheddar Chex Mix	9	Fruit Red Apple Grains Goldfish Pretzels	10	
Fruit Fruit Punch Grains Keebler Cinnamon Bug Graham Bites	13	Fruit Red Apple Grains Birthday Cake Graham Crackers	14	Grains Heart Shaped Pretzels Condiments Wowbutter	15	Breakfast Entree Animal Crackers Fruit Apple Slices	16	Fruit Fruit Punch Grains Strawberry Yogurt Snack Mix	17
Fruit Red Apple Grains Smart Crackers	20	Fruit Fruit Punch Grains Goldfish Pretzels	21	Fruit Red Apple Grains Cheez-It Crackers	22	Breakfast Entree Honey Graham Crackers Fruit Red Apple	23	Fruit Fruit Punch Grains Birthday Cake Graham Crackers	24
Fruit Red Apple Grains Cheddar Goldfish	27	Fruit Fruit Punch Grains Giant Vanilla Goldfish	28	Fruit Red Apple Grains Honey Graham Crackers	29	Fruit Fruit Punch Grains Cheddar Chex Mix	30		