

Arrow Academy School Health Advisory Council (SHAC) Meeting Minutes

Date: May 18, 2026

Time: 2:00 PM – 2:36 PM

Location: Virtual Meeting

The Arrow Academy School Health Advisory Council (SHAC) held its final meeting for the 2025–2026 school year on May 18, 2026. SHAC Chairperson Robin Jones called the meeting to order at 2:06 PM and confirmed that a quorum was present.

The committee reviewed and approved the minutes of the March 26, 2026, SHAC meeting. Tiffany Green motioned to approve the minutes, and Charnice Tatum seconded the motion.

During the meeting, the committee reflected on the accomplishments of the 2025–2026 school year. Key accomplishments included:

- Establishment and implementation of the Arrow Academy SHAC
- Development and approval of SHAC bylaws and procedures
- Conducting quarterly SHAC meetings
- Supporting parent and community engagement initiatives
- Promoting student mental health and wellness awareness
- Planning and implementing the Mental Health Wellness Parent Workshop for families

Tiffany Green, SHAC Administrative Liaison, presented the Mental Health Wellness Parent Workshop Feedback Report from the virtual workshop held on April 30, 2026. The workshop focused on healthy boundaries, trusted adults, and empowering children to use their voice. A total of twenty-six parents participated and completed surveys. Feedback reflected overwhelmingly positive responses, with the majority rating the workshop as “Excellent.” Parents expressed appreciation for the practical strategies shared and requested continued wellness-focused parent engagement opportunities.

The committee also discussed planning for the 2026–2027 SHAC school year. Members agreed to continue holding four meetings annually, consisting of two meetings during the fall semester and two meetings during the spring semester. Tentative meeting dates discussed included:

- August 19, 2026
- September 16, 2026
- February 17, 2027

- April 28, 2027 (tentative and subject to adjustment due to state testing schedules)

Committee members discussed strategies to increase parent participation and communication for future workshops and SHAC initiatives. Suggestions included:

- Utilizing QR codes for workshop registration and promotion
- Increasing promotion during school events and morning announcements
- Expanding outreach through parent advisory groups, ClassDojo, email, text messaging, and campus communication channels
- Recognizing students whose parents participate in workshops and initiatives

The committee also discussed preparing the annual SHAC report that will be presented to district leadership and the Board in June 2026. Additionally, members agreed to provide parents with a follow-up Q&A document and additional wellness resources before the conclusion of the school year.

Before adjournment, Tiffany Green thanked committee members for their dedication, collaboration, and commitment to supporting the health and wellness of Arrow Academy students and families throughout the school year.

A motion to adjourn the meeting was made by Crystal Warner and seconded by Ana Lerma. The meeting adjourned at 2:36 PM.