



## **Lent 1 Midweek**

**LUTHERAN CHURCH OF THE GOOD SHEPHERD**

Olney, Maryland

February 25, 2026 | 7:00 PM

- L** O Lord, open my lips,  
**C** and my mouth will declare Your praise.  
**L** Make haste, O God, to deliver me;  
**C** make haste to help me, O Lord.  
**Glory be to the Father and to the Son and to the Holy Spirit;  
as it was in the beginning, is now, and will be forever. Amen.**

## Psalm



- <sup>1</sup>Blessèd is the one whose transgression is for- | given,\*  
whose sin is | covered.
- <sup>2</sup>Blessèd is the man against whom the LORD counts no in- | iquity,\*  
and in whose spirit there is | no deceit.**
- <sup>3</sup>For when I kept silent, my bones wast- | ed away\*  
through my groaning | all day long.
- <sup>4</sup>For day and night your hand was heavy up- | on me,\*  
my strength was dried up as by the heat of | summer.**
- <sup>5</sup>I acknowledged my sin to you,  
and I did not cover my in- | iquity,\*  
I said, "I will confess my transgressions to the LORD,"  
and you forgave the iniquity | of my sin.
- <sup>6</sup>Therefore let everyone who is godly  
offer prayer to you at a time when you | may be found;\*  
surely in the rush of great waters,  
they shall not | reach him.**
- <sup>7</sup>You are a hiding place for me;  
you preserve me from | trouble;\*  
you surround me with shouts of de- | liverance.
- Glory be to the Father and | to the Son\*  
and to the Holy | Spirit;  
As it was in the be- | ginning,\*  
in now, and will be forever. | Amen.**

## Reading

*Exodus 1:1–14, 22; 2:23–25*

- <sup>1</sup>These are the names of the sons of Israel who came to Egypt with Jacob, each with his household: <sup>2</sup>Reuben, Simeon, Levi, and Judah, <sup>3</sup>Issachar, Zebulun, and Benjamin, <sup>4</sup>Dan and Naphtali, Gad and Asher. <sup>5</sup>All the descendants of Jacob were seventy persons; Joseph was already in Egypt. <sup>6</sup>Then Joseph died, and all his brothers and all that generation. <sup>7</sup>But the

people of Israel were fruitful and increased greatly; they multiplied and grew exceedingly strong, so that the land was filled with them.

<sup>8</sup>Now there arose a new king over Egypt, who did not know Joseph. <sup>9</sup>And he said to his people, “Behold, the people of Israel are too many and too mighty for us. <sup>10</sup>Come, let us deal shrewdly with them, lest they multiply, and, if war breaks out, they join our enemies and fight against us and escape from the land.” <sup>11</sup>Therefore they set taskmasters over them to afflict them with heavy burdens. They built for Pharaoh store cities, Pithom and Raamses. <sup>12</sup>But the more they were oppressed, the more they multiplied and the more they spread abroad. And the Egyptians were in dread of the people of Israel. <sup>13</sup>So they ruthlessly made the people of Israel work as slaves <sup>14</sup>and made their lives bitter with hard service, in mortar and brick, and in all kinds of work in the field. In all their work they ruthlessly made them work as slaves....

<sup>22</sup>Then Pharaoh commanded all his people, “Every son that is born to the Hebrews you shall cast into the Nile, but you shall let every daughter live.”

...

<sup>2:23</sup>During those many days the king of Egypt died, and the people of Israel groaned because of their slavery and cried out for help. Their cry for rescue from slavery came up to God. <sup>24</sup>And God heard their groaning, and God remembered his covenant with Abraham, with Isaac, and with Jacob. <sup>25</sup>God saw the people of Israel—and God knew.

Reading

*Romans 8:18–25*

<sup>18</sup>For I consider that the sufferings of this present time are not worth comparing with the glory that is to be revealed to us. <sup>19</sup>For the creation waits with eager longing for the revealing of the sons of God. <sup>20</sup>For the creation was subjected to futility, not willingly, but because of him who subjected it, in hope <sup>21</sup>that the creation itself will be set free from its bondage to decay and obtain the freedom of the glory of the children of God. <sup>22</sup>For we know that the whole creation has been groaning together in the pains of childbirth until now. <sup>23</sup>And not only the creation, but we ourselves, who have the firstfruits of the Spirit, groan inwardly as we wait eagerly for adoption as sons, the redemption of our bodies. <sup>24</sup>For in this hope we were saved. Now hope that is seen is not hope. For who hopes for what he sees? <sup>25</sup>But if we hope for what we do not see, we wait for it with patience.



1 When in the hour of deep - est need We know not  
 2 Then is our com - fort this a - lone That we may  
 3 For You have prom - ised, Lord, to heed Your chil - dren's  
 5 O from our sins, Lord, turn Your face; Ab - solve us  
 6 So we with all our hearts each day To You our



where to look for aid; When days and nights of  
 meet be - fore Your throne; To You, O faith - ful  
 cries in time of need Through Him whose name a -  
 through Your bound - less grace. Be with us in our  
 glad thanks - giv - ing pay, Then walk o - be - dient



anx - ious thought No help or coun - sel yet have brought,  
 God, we cry For res - cue in our mis - er - y.  
 lone is great, Our Sav - ior and our ad - vo - cate.  
 an - guish still; Free us at last from ev - 'ry ill.  
 to Your Word, And now and ev - er praise You, Lord.

Text: Paul Eber, 1511-69; tr. Catherine Winkworth, 1827-78, alt.  
 Tune: Louis Bourgeois, c. 1510-61  
 Text and tune: Public domain

## Sermon: Groaning in Bondage

## Kyrie

LSB 285

- L** O Lord,  
**C** have mercy.  
**L** O Christ,  
**C** have mercy.  
**L** O Lord,  
**C** have mercy.

## Lord's Prayer

- C** **Our Father who art in heaven,**  
**hallowed be Thy name,**  
**Thy kingdom come,**  
**Thy will be done on earth**  
**as it is in heaven;**  
**give us this day our daily bread;**

**and forgive us our trespasses  
as we forgive those  
who trespass against us;  
and lead us not into temptation,  
but deliver us from evil.  
For Thine is the kingdom  
and the power and the glory  
forever and ever. Amen.**

Apostles' Creed

**☩ I believe in God, the Father Almighty,  
maker of heaven and earth.**

**And in Jesus Christ, His only Son, our Lord,  
who was conceived by the Holy Spirit,  
born of the virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died and was buried.  
He descended into hell.  
The third day He rose again from the dead.  
He ascended into heaven  
and sits at the right hand of God the Father Almighty.  
From thence He will come to judge the living and the dead.**

**I believe in the Holy Spirit,  
the holy Christian Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life † everlasting. Amen.**

Versicles

*LSB 286*

- L** Hear my prayer, O Lord;  
**C** **let my cry come to You.**  
**L** In the day of my trouble I call upon You,  
**C** **for You answer me.**  
**L** Hide Your face from my sins,  
**C** **and blot out all my iniquities.**  
**L** Create in me a clean heart, O God,  
**C** **and renew a right spirit within me.**  
**L** Cast me not away from Your presence,  
**C** **and take not Your Holy Spirit from me.**  
**L** Restore to me the joy of Your salvation,  
**C** **and uphold me with a willing spirit.**

- L** Because Your steadfast love is better than life,
- C** **my lips will praise You.**
- L** For You have been my help,
- C** **and in the shadow of Your wings I will sing for joy.**
- L** Teach me Your way, O Lord, that I may walk in Your truth;
- C** **unite my heart to fear Your name.**
- L** I give thanks to You, O Lord my God, with my whole heart,
- C** **and I will glorify Your name forever.**
- L** May all who seek You rejoice and be glad in You.
- C** **May those who love Your salvation say evermore, "God is great!"**
- L** Save Your people and bless Your heritage!
- C** **Be their shepherd and carry them forever.**
- L** Give ear, O Lord, to my prayer;
- C** **listen to my plea for grace.**

Collect of the Day

- L** Let us pray.  
O Lord God, You led Your ancient people through the wilderness and brought them to the promised land. Guide the people of Your Church that following our Savior we may walk through the wilderness of this world toward the glory of the world to come; through Jesus Christ, Your Son, our Lord, who lives and reigns with You and the Holy Spirit, one God, now and forever.
- C** **Amen.**

Evening

- C** **I thank You, my heavenly Father, through Jesus Christ, Your dear Son, that You have graciously kept me this day; and I pray that You would forgive me all my sins where I have done wrong, and graciously keep me this night. For into Your hands I commend myself, my body and soul, and all things. Let Your holy angel be with me, that the evil foe may have no power over me.**  
**Amen.**

Benedicamus

*LSB 287*

- L** Let us bless the Lord.
- C** **Thanks be to God.**

Blessing

*LSB 287*

- L** The Lord bless us, defend us from all evil, and bring us to everlasting life.
- C** **Amen.**

Grant peace, we pray, in mer - cy, Lord; Peace  
 in our time, O send us! For there is  
 none on earth but You, None oth - er  
 to de - fend us. You on - ly,  
 Lord, can fight for us. A - men.

Text: Latin, c. 6th cent.; adapt. Martin Luther, 1483–1546; tr. Laudamus, 1952, Hannover

Tune: Felix Mendelssohn, 1809–47

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## Announcements

## Dismissal

## Postlude

*Offerings may be left in the offering plate.*

## Acknowledgments

Responsive Prayer 2 from Lutheran Service Book

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**Midweek Lenten Services**

Wednesday, March 4, 2026  
Service 7:00 PM

Wednesday, March 11, 2026  
Service 7:00 PM

Wednesday, March 18, 2026  
Service 7:00 PM

Wednesday, March 25, 2026  
Service 7:00 PM

Holy Week

Sunday, March 29, 2026

will begin on

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