



**24th ANNUAL MEETING OF THE ANDROGEN
EXCESS & PMOS SOCIETY
10–12 December 2026
Hotel Levi Panorama,
LEVI, KITTILÄ, FINLAND**

**“PMOS across the
life course”**





**Congress venue: Hotel Levi Panorama
Tunturitie 205, 99130, Levi, Kittilä, Finland
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DAY 1: Thursday 10th December

Time	Event	
9:00 – 10:00 am	Registration	
10:00 – 10:15 am	Welcome	Terhi Piltonen Finland Aled Rees UK Maria Forslund Sweden
Session 1. Early start with vast consequences Chairs:		
10:15 – 10:35 am	What is the outcome? Finnish population-based studies reveal long-term health disparities in PMOS	Terhi Piltonen Finland
10:35 – 10:55 am	What is the start? Oocyte-mediated DNA methylation reprogramming in PMOS	Han Zhao China
10:55 – 11:15 am	What is the cost? QoL and financial cost of PMOS	Ricardo Azziz USA
11:15 – 11:30 am	Panel discussion	All panelists
11:30 – 12:30 pm	Early/Mid -Career Event: Meet and Greet	
12:00 - 1:45 pm	LUNCH AND NETWORKING	
1:45 – 2:15 pm	Gedeon Richter: Sponsor Lecture Chairs:	
Session 2. Oral Presentations Chairs:		
2:15 – 2:30 pm	PMOS prevalence and diagnostic workflow targeting primary care – a cross-sectional population-based cohort study	Ewelina Kuusiniemi Finland
2:30 – 2:45 pm	Anti-Müllerian hormone across Polyendocrine Metabolic Ovarian Syndrome phenotypes in a community-based Nigerian cohort	Ricardo Azziz USA
2:45 – 3:00 pm	Maternal outcomes in women with PMOS undergoing assisted reproductive technology: a Swedish population-based retrospective cohort study	Freja Koch Sweden
3:00 – 3:15 pm	Association of preconception metabolic markers with gestational diabetes mellitus in women with Polyendocrine Metabolic Ovarian Syndrome (PMOS)	Wendy Vollebregt Netherlands
3:15 – 3:30 pm	Waterloo Foundation award Dissecting molecular dysfunctions in adipose tissue of insulin-resistant women with polyendocrine metabolic ovarian syndrome	Congru Li Sweden

3:30 – 4:15 pm	COFFEE BREAK	
Session 3. New approaches to phenotype PMOS Chairs:		
4:15 – 4:45 pm	Data-driven subtypes of PMOS and association with clinical outcomes	Zi-Jiang Chen China
4:45 – 5:15 pm	Dissecting androgen excess and metabolic dysfunction in PMOS: the DAISY PCOS study	Wiebke Arlt UK
5:15 – 5:30 pm	Panel discussion	All panelists
5:30 – 6:30 pm	Let's make a change Priority setting partnerships and advocacy	Patient advocacy and support groups
6:30 - 8:00 pm	NETWORKING AND RECEPTION	

DAY 2: Friday 11th December		
Session 4. PMOS name change and Award session Chairs: Ricardo Azziz (USA), Anuja Dokras (USA)		
09.00 – 09.40 am	PCOS is now PMOS! Implementation and dissemination work of the name change	Helena Teede Australia Rachel Morman UK
09.40 – 10.10 am	Ricardo Azziz Distinguished Researcher Award	Joop Laven Netherlands
Session 5. Oral presentations Chairs:		
10.15 – 10.30 am	Liver steatosis, fibrosis and MASLD in PMOS – identifying high-risk women in a population-based WENDY study	Maija Ollila Finland
10.30 – 10.45 am	Lower insulin sensitivity despite greater lean mass and muscle strength in women with obesity and PMOS compared with women with obesity without PMOS	Andrijana Koceva Slovenia
10.45 – 11.00 am	Altered stem cell functionality drives adipose dysfunction in PMOS-like mouse models	Ingrid Wernstedt Asterholm Sweden
11.00 – 2.30 pm	Free time	
1.30 – 2.30 pm	LUNCH	
Session 6. Early Investigator Awards Chairs: Ricardo Azziz (USA)		
2.30 – 2.45 pm	Azziz-Baumgartner Family Early Career Investigator Award	Milena Myllykangas Finland

	The Impact of Menstrual Cycle Phase and BMI on Mitochondrial Dysfunction in PMOS Endometrium	
2.45 – 3.00 pm	Azziz-Baumgartner Family Early Career Investigator Award Microfluidics to Model the PMOS versus Control Hormonal Environment for Endometrial Epithelial Organoids	Anja Dekanski Sweden

Session 7. Oral Presentations Chairs:

3.00 – 3.15 pm	General and central adiposity in the association between Polyendocrine Metabolic Ovarian Syndrome (PMOS) and incident type 2 diabetes: a 25-year population-based cohort study	Faegheh Firouzi Iran
3.15 – 3.30 pm	Age-specific lifespan risk of incident psychiatric comorbidities in Chinese women with Polyendocrine Metabolic Ovarian Syndrome: a longitudinal cohort study	Noel Ng Hong Kong
3.30 – 3.45 pm	GnRH-receptor antagonism as a targeted approach to reproductive dysfunction in Polyendocrine Metabolic Ovarian Syndrome	Ludovica Cotellessa France
	PHOTOGRAPH SESSION	
3.45 – 4.30 pm	COFFEE WITH SANTA	

Session 8. Hot and new - Rapid oral posters Chairs:

4.30 – 5.00 pm	Rapid oral posters	
5.00 – 6.30 pm	Poster session	
7:00-11:00 pm	CONFERENCE DINNER	

DAY 3: Saturday 12th December

8:00 - 9:00	Early/Mid -Career Event: Leadership session	
09.00 - 09.15 am	AE-PMOS SOCIETY UPDATE General body meeting/Oral and poster awards	Anuja Dokras USA
	Session 9. What happens long-term? Chairs:	
09.15 – 09.35 am	Long-term follow-up of women with PMOS in Sweden	Maria Forslund Sweden

09.35 – 09.55 am	PMOS-related health outcomes in the Nordic cohort studies	Dorte Glintborg Denmark
09.55 – 10.15 am	Long-term health outcomes in women with PMOS in the USA	Snigdha Alur Gupta USA
10:15 - 10:45 am	COFFEE BREAK	
10.45 – 11.15 pm	Kelzyn® - the only approved treatment for hirsutism in PCOS/PMOS women Exeltis: Sponsor lecture	Assit. Prof. PD Dr. med. Pedro-Antonio Regidor, Medical Director Exeltis Europe Slovakia
Session 10. New treatment opportunities Chairs:		
11.15 – 11.35 am	The COMET PMOS trial - COCP versus metformin in the hyperandrogenic, obese phenotype.	Anuja Dokras USA
11.35 – 11.55 am	Ovulation induction in PMOS: the LOCI trial	Pedro Melo UK
11:55 - 1:05 pm	LUNCH	
12.10 - 1.05 pm	Early/Mid -Career Event: Networking Session	
Session 11. Walter Futterweit Award lecture Chair: Kathy Hoegar		
1:05 - 1:35 pm	Walter Futterweit Award in Clinical Research	Selma Witchel USA
Session 12. Oral presentations: Chair:		
1:35 - 1:50 pm	Coronary Artery Calcium in Women with PMOS: Overall Excess Burden and Early-Life Signal	Sanjana Satish USA
1:50 - 2:05 pm	Defining the male phenotype in a mouse model of Polyendocrine metabolic ovarian syndrome	Silvia Bongiovanni France
2:05 - 2:20 pm	Cell type-specific endometrial dysfunctions across the menstrual cycle in Polyendocrine Metabolic Ovarian Syndrome	Tanja Turunen Sweden
2.20 – 2.30 pm	Panel discussion	
2.30 – 2.45 pm	AE-PMOS ANNUAL MEETING 2026 WRAP UP INTRODUCTION OF FUTURE MEETINGS IN 2027	Prof. Terhi Piltonen President Prof. Rebecca Campbell President-elect of the Society

