



**24rd ANNUAL MEETING OF THE
ANDROGEN EXCESS & PMOS SOCIETY
10–12 December 2026
Hotel Levi Panorama,
LEVI, KITTILÄ, FINLAND**

**“PMOS across the
life course”**





**Congress venue: Hotel Levi Panorama
Tunturitie 205, 99130, Levi, Kittilä, Finland
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DAY 1: Thursday 10th December

Time	Event	
9:00 – 10:00 am	Registration	
10:00 – 10:15 am	Welcome	Terhi Piltonen Aled Rees Maria Forslund
Session 1. Early start with vast consequences		
10:15 – 10:35 am	What is the outcome? Finnish population-based studies reveal long-term health disparities in PMOS	Terhi Piltonen Finland
10:35 – 10:55 am	What is the start? Oocyte-mediated DNA methylation reprogramming in PMOS	Han Zhao China
10:55 – 11:15 am	What is the cost? QoL and financial cost of PMOS	Ricardo Azziz USA
11:15 – 11:30 am	Panel discussion	All panelists
	PHOTOGRAPH SESSION	
11:30 – 12:30 am	Early/Mid -Career Event: Meet and Greet	
11:45 – 2:30 pm	Free time	Option of lunch symposia
Session 2. Oral Presentations		
2:30 – 2:45 pm	Oral presentation 1	
2:45 – 3:00 pm	Oral presentation 2	
3:00 – 3:15 pm	Oral presentation 3	
3:15 – 3:30 pm	Oral presentation 4	
3:30 – 3:45 pm	Waterloo Foundation award Dissecting molecular dysfunctions in adipose tissue of insulin-resistant women with polyendocrine metabolic ovarian syndrome	Congru Li Sweden
3:45 – 4:15 pm	COFFEE BREAK	
Session 3. New approaches to phenotype PMOS		
4:15 – 4:45 pm	Data-driven subtypes of PMOS and association with clinical outcomes	Zi-Jiang Chen China
4:45 – 5:15 pm	Dissecting androgen excess and metabolic dysfunction in PMOS: the DAISY PCOS study	Wiebke Arlt United Kingdom
5:15 – 5:30 pm	Panel discussion	All panelists
5:30 – 6:30 pm	Let's make a change Priority setting partnerships and advocacy	
6:30 - 8:00 pm	NETWORKING AND RECEPTION	

DAY 2: Friday 11th December

Session 4. PMOS name change and Award session

09.00 – 09.40 am	PCOS is now PMOS! Implementation and dissemination work of the name change	Helena Teede Mahnaz Bahri Khomami Australia
09.40 – 10.15 am	Ricardo Azziz Distinguished Researcher Award	Joop Laven Netherlands
10.15 -11.00 am	Oral presentations	
10.15 – 10.30 am	Oral presentation 5	
10.30 – 10.45 am	Oral presentation 6	
10.45 – 11.00 am	Oral presentation 7	
11.00 – 2.30 pm	Free time	

Session 5. Early Investigator Awards

2.30 – 2.45 pm	Azziz-Baumgartner Family Early Career Investigator Award	
2.45 – 3.00 pm	Azziz-Baumgartner Family Early Career Investigator Award	
3.00 – 3.45 pm	Oral presentations	
3.00 – 3.15 pm	Oral presentation 8	
3.15 – 3.30 pm	Oral presentation 9	
3.30 – 3.45 pm	Oral presentation 10	
3.45 – 4.15 pm	COFFEE BREAK	

Session 6. Hot and new - Rapid oral posters

4.15 – 4.45 pm	Rapid oral posters	
4.45 – 6.15 pm	Poster session	
6:45-10:00 pm	CONFERENCE DINNER	

DAY 3: Saturday 12th December

8:00 – 9:00 am	Breakfast Get Together	
8:00 - 9:00	Early/Mid -Career Event: Leadership session	

09.00 - 09.10 am	AE-PMOS SOCIETY UPDATE Oral and poster awards	
Session 7. What happens long-term?		
09.10 – 09.30 am	Long-term follow-up of women with PMOS in Sweden	Maria Forslund, Sweden
09.30 – 09.50 am	PMOS-related health outcomes in the Nordic cohort studies	Dorte Glintborg Denmark
09.50 – 10.10 am	Cardiometabolic risk analysis in PMOS	Sunni Mumford USA
10:10 - 10:45 am	COFFEE BREAK	
Session 8. Oral presentations		
10:45 - 11:00 am	Oral presentation 11	
11:00 - 11:15 am	Oral presentation 12	
11:15 - 11:30 am	Oral presentation 13	
Session 9. Award lecture		
11:30 - 12:10 pm	Walter Futterweit Award in Clinical Research	Selma Witchel USA
12:10 - 1:15 pm	LUNCH	
12.10 - 1.15 pm	Early/Mid -Career Event: Networking Session	

Session 10. New treatment opportunities		
1.15 – 1.35 pm	The COMET PMOS trial - COCP versus metformin in the hyperandrogenic, obese phenotype.	Anuja Dokras USA
1.35 – 1.55 pm	Ovulation induction in PMOS: the LOCI trial	Pedro Melo UK
1.55 – 2.15 pm	Sponsor lecture	
2.15 – 2.30 pm	Panel discussion	
2.30 – 2.45 pm	AE-PMOS ANNUAL MEETING 2026 WRAP UP INTRODUCTION OF FUTURE MEETINGS IN 2027	Prof. Terhi Piltonen President Prof. Rebecca Campbell President-elect of the Society

