



YOUTHFUL YOU

A E S T H E T I C S & A C A D E M Y ®

RADIESSE

Pre-Treatment Guidelines

- **Avoid Blood Thinners:** Discontinue the use of aspirin, ibuprofen, vitamin E, and fish oil supplements 7 to 10 days prior to treatment. If you are prescribed any of these medications for a medical condition, consult your physician before stopping them.
- **No Alcohol:** Do not consume alcohol for at least 24 hours before your treatment, as it may increase the risk of bruising.
- **No Smoking:** Refrain from smoking for at least 24 hours prior to your treatment to promote optimal healing and reduce complications.
- **Skincare Products:** Discontinue the use of retinoids, glycolic acid, and other active skincare products 2 to 3 days before treatment. These products may cause skin sensitivity and irritation.
- **Health Information:** Disclose all relevant medical conditions, allergies (especially to lidocaine or similar anesthetics), medications, and previous filler treatments to your provider. Full disclosure is essential to avoid adverse reactions and complications.
- **Cold Sores:** If you have a history of cold sores (herpes simplex virus), notify your provider before treatment. You may require antiviral medication to prevent an outbreak.
- **Hydrate:** Drink plenty of water before your appointment to ensure proper hydration and improve skin condition.
- **Avoid Treatment:** Treatment with Radiesse should not be performed if you are pregnant, breastfeeding, or have active skin infections at or near the treatment site.

Disclaimer: These instructions are provided to ensure optimal treatment results and reduce the risk of complications. **Failure to follow the guidelines may result in undesirable outcomes.**

call or text: (587) 855-4558

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