



YOUTHFUL YOU

AESTHETICS & ACADEMY®

EXION® CLEAR RF

Post-Treatment Guidelines

Skin Care:

- Use a gentle cleanser and moisturizer. Avoid harsh exfoliants, retinol, or active ingredients for 48 hours.
- Do not touch or pick at the treated area to avoid irritation or infection.

Sun Protection:

- Apply a broad-spectrum sunscreen (SPF 30 or higher) daily. Avoid direct sun exposure and tanning beds for at least 7 days post-treatment.

Heat Avoidance:

- Refrain from hot showers, saunas, steam rooms, or intense physical activity that induces sweating for 24-48 hours.

Hydration:

- Continue drinking plenty of water to support skin healing and collagen production.

Avoid Makeup:

- Avoid applying makeup for at least 12 hours post-treatment to minimize the risk of irritation.

Skincare Treatments:

- Delay other facial treatments or procedures for at least 1-2 weeks, unless recommended by your provider.

Disclaimer: These instructions are provided to ensure optimal treatment results and reduce the risk of complications. **Failure to follow the guidelines may result in undesirable outcomes.**

What to Expect

Immediate Effects:

- Mild redness, warmth, or sensitivity in the treated area, which typically subsides within a few hours to a day.
- A temporary tightening sensation due to the heat and RF stimulation.

Gradual Results:

- Improvements in skin texture, tone, and clarity may be visible within a few days.
- Optimal results typically develop over several weeks as collagen and elastin production increases.

Minimal Downtime:

- Exion Clear RF is a non-invasive procedure with minimal downtime. Most clients resume normal activities immediately after treatment.

