

A new level of control over GLP-1s



GLP-1s are now first-line therapy for a growing set of conditions and customers, which has the potential to dramatically expand utilization, generate waste/fraud, challenge supply, and escalate costs for everyone.

As demand grows, customers are turning to unfounded compounds and unsuitable prescribers with little-to-no clinical guidance, all of which can lead to waste, ineffective treatment, and serious health risks.

Due to this increased demand for GLP-1s, some pharmacies have stopped dispensing them or are limiting dispensing to a 30-day supply.

10%
of the U.S. population
will use GLP-1
medications by 2030.¹

**EnReachRxSM for
Cigna Healthcare[®]**
supports customers, limits waste,
and can help maximize
employer investment in
the therapeutic value of GLP-1s.²

Introducing EnReachRx for Cigna Healthcare



This new program is a high-touch customer support clinical program that targets increased adherence and positive outcomes for those taking a GLP-1 medication through appropriate oversight and utilization.

The EnReachRx program presents a new suite of solutions for GLP-1 prescription medications for both diabetes and weight management (if covered), providing support for both customers and their prescribers **by a pharmacist** to address the growing GLP-1 demand and complexities.



- **Evernorth EnGuide PharmacySM** is a new U.S.-based convenient home delivery pharmacy dedicated to distributing GLP-1 medications.
- **Walgreens[®]** is our national retail pharmacy partner, supporting the EnReachRx Program and dispensing GLP-1 medications. New pharmacies will be added over time.
- Customers can also continue to use in-network pharmacies where these drugs are stocked, but they will not receive the additional clinical support that EnReachRx provides.



**Clients need serious management of GLP-1 spend –
our suite of clinical services delivers just that**

EnReachRx – high-touch customer support model

Enhanced clinical care and customer support	Enhanced review and waste reduction	Focused oversight
<ul style="list-style-type: none"> Pharmacist and clinician coaching to help manage side effects and adverse events Dose support for new starts and their progression to their therapeutic level Regular clinical assessments to help ensure adherence and progress toward goals Coordination of care across customers, prescribers, pharmacists, and coaches Help with copay assistance Customer welcome kits Digital tools for GLP-1 customer education, including side effects, self-injecting tips, and nutrition support Extended 90-day payments plans* 	<ul style="list-style-type: none"> Comprehensive prescription review helps ensure appropriate usage and valid prescriber/customer relationship Outreach to customers' physicians confirming they're ready for 90-day supply Controls to limit stockpiling, eliminate waste with cumulative supply thresholds, and to prevent fills for providers under investigation 	<ul style="list-style-type: none"> Customer progress of their dose optimization, adherence, and engagement with education and clinical resources Utilization metrics and projected savings Access and supply stability

*Additional services offered at Evernorth EnGuide Pharmacy.

EnReachRx – Participating Pharmacies

Evernorth EnGuide Pharmacy	Walgreens	Future Pharmacies
<ul style="list-style-type: none"> EnGuide Pharmacy replaces Express Scripts® Pharmacy for home delivery of GLP-1 prescriptions starting June 15, 2025. At that time, all existing, active customers currently filling GLP-1 prescriptions at Express Scripts Pharmacy will be automatically transitioned and the customer can simply place a refill at EnGuide 	<ul style="list-style-type: none"> Participating national retail pharmacy dispensing GLP-1s Where Walgreens is in-network, customers can use Walgreens to get the additional clinical services available through EnReachRx 	<ul style="list-style-type: none"> Potential for other retail pharmacies to participate in the future

NOTE: Customers can request to have their prescription transferred to an in-network retail pharmacy; however, not all retail pharmacies would provide the enhanced clinical services offered at EnGuide Pharmacy.

All sources and disclosures appear at the end of this document on page 3

1. JP Morgan. The Increase in Appetite for Obesity Drugs. Nov. 29, 2023.

2. Evernorth EnReachRx and EnGuide are service marks of Express Scripts Development, Inc.

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