

Knowlton Trucking Employee NEWSLETTER

August 2025

OUR MISSION STATEMENT
STRIVING FOR EXCELLENCE THROUGH
INTEGRITY, SAFETY, PROFITABILITY AND
EFFICIENCY.

SAFETY TRENDS

Behaviors by Highest Frequency

[View Details](#)

BEHAVIOR	FREQ.	TREND ⓘ
Following Distance: ≥ 1 sec to < 2 sec	79	▼ 11%
Other Distraction	24	▼ 8%
Inattentive	17	▲ 240%
Handheld Device	15	▲ 150%
Steering Wheel Control	15	▲ 150%

DOCK DOOR SAFETY TIP

It's the responsibility of the operator to accurately observe and verify the trailer is safe to pull away from the dock. Instructions given by another person or via a digital device do not remove that responsibility

Let's Celebrate

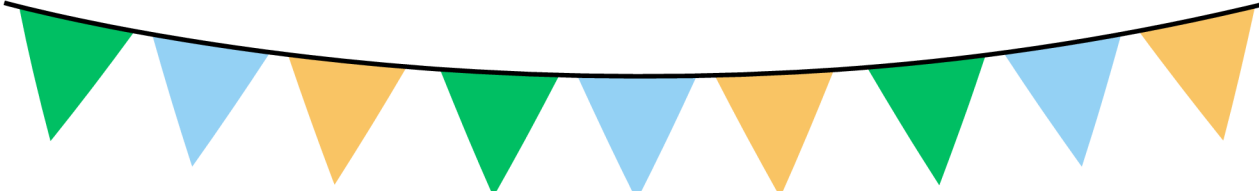


**Happy
Birthday
To You!**

Cheyene Curtis
Mike Graves
Dale Stagner

HAPPY
Anniversary!

Jordan Daniels - 1 year
Travis Edwards - 1 year
Lane Gray - 8 years
Michael Smith - 2 years
Terry Smith - 2 years
LJ Vosika - 6 years



Your Pre-Trip Inspection - A Critical Reminder

We cannot stress this enough: your pre-trip inspection is essential to safety and success.

While we believe everyone is doing a great job in this area and making good use of EBO, we want to take a moment to share a few important reminders:

- **Do NOT hook up to a trailer unless the door is fully closed.**
- **NEVER pull away from a dock without checking the trailer and verifying it's safe to do so.**
- **ALWAYS inspect before you connect — no exceptions.**

Safety starts with each of us. Thank you for staying sharp and continuing to do things the right way, every time.

How to Prevent Drowsy Driving:

Prioritize sleep: Aim for 7-9 hours of sleep per day/night shift for optimal alertness.

Maintain a consistent sleep schedule: Stick to a regular sleep-wake pattern, even on weekends.

Avoid driving when tired: If you're feeling sleepy, pull over to a safe location for a rest or nap.

Don't rely on stimulants: Caffeine can provide a temporary boost, but it's not a long-term solution and can create a false sense of alertness.

Be aware of warning signs: Recognize the signs of drowsiness, such as frequent yawning, difficulty focusing, and drifting from your lane.

Please be aware

Drivers, just a friendly reminder, please be aware that you will soon receive an important, time-sensitive email from the DACH (Fedexsupport@FADV.com). It's crucial that you check your inbox and spam folders regularly for this message. I know some of you have been staying in touch with me on your status. I will continue to remind you to be watching for it until I know it's been sent out to all hubs.

Next Steps:

Follow the instructions in the email carefully.

Acknowledge receipt and completion of the steps as outlined in the email. PLEASE Confirm completion by either notifying your manager or sending an email/text to Karla Kilgore.

Important: If this step is not completed, you risk being placed as inactive. Please ensure everything is taken care of promptly. If you do not receive the email, or if there are any issues, don't hesitate to reach out.

Brake Safety Awareness Month

August is Brake Safety Awareness Month, with the Commercial Vehicle Safety Alliance (CVSA) holding its Brake Safety Week from August 24-30, 2025.

Brake system and adjustment violations are the most common issues found during roadside inspections, according to CDLjobs.com.

FMCSA data shows braking deficiencies are the most frequent inspection violations.

Drivers should carefully inspect their own braking systems to avoid being sidelined.

Increased Level IV brake inspections can be expected during this safety week.

AIRLINES

Please be advised that your airlines are not to touch the fuel tank or the front fender. This practice is unsafe and violates DOT regulations.

Kindly adjust your airlines accordingly to ensure compliance and safety.

Please see the attached video



MUD FLAPS

This is a reminder that under no circumstances should mud flaps be removed from other tractors. If you need mud flaps, please contact Dell to obtain them.

Additionally, please store mud flaps on the catwalk or inside the truck when moving pups. This practice helps prevent damage to the mud flaps during pulling operations and ensures they are not destroyed. Mud flaps must be properly installed on tractors when pulling 53-foot trailers.



WELCOME
TO THE TEAM

Christopher Shannon
Christopher Wilkerson
Jason Allee
Metzie Edwards



HEALTHY TIP

Driving in challenging summer conditions

Stay hydrated: Drink plenty of water throughout the day, even if not thirsty, to prevent dehydration.

Take breaks: Regularly take breaks to cool down and rest in shaded or air-conditioned areas.

Watch for construction zones: Plan routes to avoid peak traffic in construction areas, and be extra cautious as roadwork is more common in the summer.

Be patient with increased traffic: Summer often brings more travelers to the roads, necessitating increased patience and awareness.

Use extra caution in work zones: Be alert for sudden stops, reduced speed limits, workers, and equipment.

Be alert for pedestrians, cyclists, and bikers: Pay close attention, especially in urban areas and recreation spots.

Operational Management Support Staff

PRESIDENT - BRYAN KNOWLTON

OPERATIONS MANAGER - DELL GUNTER (281-678-5382)

- TRUCK MAINTENANCE
- SCHEDULING
- SAFETY

**WESTERN KANSAS AND TEAM FLEET MANAGER - CHEYENE CURTIS
(479-601-3262)**

P&D AND SOLO FLEET METRO MANAGER - LARRY VOSIKA (913-223-8170)

**HUMAN RESOURCE - KARLA KILGORE (479-366-1184)
ASHLEY KNOWLTON**

Things you need to know...

EBO Pro - You can now request time off and submit your reimbursement on EBO Pro. Please use these features.

WEAR YOUR SEAT BELTS - Please do not put them behind you. They need to be visible over your chest.

BLACK OUT DATES - Please remember black out dates November 1 to January 15.



Teladoc Registration

Before you are able to use this feature, please make sure you register with Teladoc.

3 WAYS TO REGISTER



Online

OR



Mobile App

OR



Phone

During registration, you'll complete your medical history so when you need Teladoc®, it'll be fast and easy.

Teladoc is the easy, convenient, and affordable option for quality medical care. Our licensed doctors can treat cold and flu symptoms, respiratory infections, sinus problems, and more!

With your consent, Teladoc is happy to provide information about your Teladoc consult to your primary care physician.

Talk to a doctor anytime!



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1-800-Teladoc (835-2362)



Teladoc.com/mobile

***Pick 'Trustmark/Star Marketing and Administration' as your health plan from the drop-down menu and enter your health plan ID shown on your medical ID card.**



SHOES FOR CREWS - This program gives you a \$70.00 credit at the time you order. They provide one pair of slip resistant shoes to each driver every year, up to \$70.00. Knowlton Trucking will contribute \$30.00 a year to allow you \$100.00 to spend on a pair of shoes.

Please contact Karla Kilgore and she will order and ship your shoes to you. Please use the online catalog at www.shoesforcrews.com.

We will need the style number and size.

YOU GOT CAUGHT

JUSTIN HOOK

We want to take a moment to recognize and sincerely appreciate Justin for his exceptional efforts in leading our referral program. His dedication in spreading the word and bringing in quality drivers has made a significant difference to our team's success.

Justin's hard work, dependability, and unwavering commitment to the company exemplify the core values we cherish. His contributions are truly valued, and we are grateful to have him as part of our team.

He will receive a \$25.00 gift card

**BEHIND
THE SCENES**



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