

Dementia 1st

for care & support

Summer 2025 | Issue 19

Welcome to our quarterly newsletter for carers, clients and staff. We hope it will provide you with useful information and that you will enjoy reading about what we do and what we are planning to do!

The Day Centres will be closed on Bank Holiday **Monday 25th August**
Please come & support us at **Godstone Fete & Donkey Derby**
10:30 until 5pm



Please note that a ring has been found at the day centre. If you have lost one, please telephone the office with a description of it.

Follow us & stay connected



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www.dementiafirst.org.uk

Registered Charity Number
1172242

Update from our Trustees

Hi Folks, can you believe that three months have passed since the last newsletter! The weather over the past few weeks has been kind but the gardeners among us are pleased we have had a little rain to help establish our new plants and veggies.

Just a reminder that during the hot weather it is very important to keep people hydrated, (easier said than done, I know), but we have seen a big increase in our folks having UTIs which if it gets a hold can keep reoccurring over months.

We have various fundraising activities coming up in the next couple of months; **Bletchingley Village Fair on 29th June** and **Banstead Village Fete on 5th July**. Also, one of our Trustees is doing a parachute jump for charity, (rather her than me). So, if you see us about at one of these fetes please come and say hello.

Lastly, I would like to thank the staff for all their hard work in making the week of VE celebrations so successful. Every day they celebrated with games and entertainment of some kind, also the stories that some folk told us were so enlightening, lunches that week were the old recipes, the days always ended with an old fashion sing song. So thank you everyone! Have a good summer.

Best wishes, Lyn Watson (Acting Chair)

Useful Information

Marie Curie Companions support anyone living with a terminal illness aged 18 or over. Companions can offer you support in the comfort of your own home, for up to three hours each week. If you need to do something around the house, be accompanied to the shops, or talk about how you're feeling, Marie Curie Companions will be right there alongside you. **To find out more - telephone: 0800 090 2309 or email: southcompanions@mariecurie.org.uk**

You may have heard about **Sunflower Lanyards for Hidden Disabilities** but did you know you can also get a **Sunflower sticker for your vehicle**? It discreetly indicates that you may need additional support if you break down or need assistance on a motorway or major A-road in England. The Sunflower will indicate to roadside and emergency services that you or someone in your vehicle has an impairment which may not be visible. **Please visit <https://nationalhighways.co.uk> for further information.**

Interesting Fact: On 20th July 2025 we celebrate National Ice Cream Day in the UK. In fact the whole of **July** has been traditionally considered ice cream month since 1984.



Day Centre News



We had a wonderful week celebrating the 80th Anniversary of VE day with various live music throughout the week which the clients thoroughly enjoyed. It's also lovely to see the warmer weather finally arrive as it means we can take a stroll down the lane to see the farm animals and horses. If you would like to keep up to date with what we get up to at our day centres, please feel free to like and follow our Facebook page @Dementia1st



Since 2019 **Able Community Care**, a Live-in Care Provider, has been offering older people a free door sticker to deter unwanted callers. It is a fact that older people are targeted by fraudulent traders, workmen and fake 'professional' people such as conmen advising they are from the Water Board, Gas Board, NHS Covid Dept., etc. As many people have reported, a sticker on a door does mean they walk back down the path. To date **ACC** have given out nearly 70,000 door stickers and if you know of an older person who would like to have one, please email: chris@ablecommunitycare.com or telephone **01603 764567** stating how many you would like and the address to send them to.

A note from the office!

You may have seen the recent flyer regarding free dementia training by Surrey County Council. You can attend any number of sessions and at either venue. Please telephone the office for further information or to book your session.

Thank you to two of our supporters, Rosie & Ruth, who are walking to raise money for our charity and are hoping to raise £750! If you would like to donate, please visit:

<https://www.justgiving.com/crowdfunding/ruthellen-reid-3>

Watch this space, in our next edition, to see how they do!

I hope to see you at some of our upcoming fairs.

Love, Carole x

Fundraising & Donations Update

We are so grateful to **Rudland Alzheimer's Golf Society** for their continuing support and yet another very generous donation of **£2,000** this year! We were thrilled that they came to visit the day centre and hear about how their donations are being used.

We are pleased to announce that we have been chosen as Charity of the Year by both **Betchworth Golf Club** and also by **IGF, Redhill**, who donated delicious Easter cupcakes for our clients and their staff raised an amazing **£712.00**

A huge thank you to **TWM** for their **£2152.03** donation in March, we are very grateful for their continued support.

We would like to extend our thanks to the **The Reachout Group at Reigate Methodist Church** for their wonderful donation of **£1370.00**, in April, raised from an **Auction of Promises**. We were nominated to share in the proceeds along with an overseas cause.

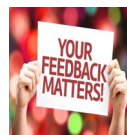
Thank you so much to the **Bletchfest Committee** for their very kind donation of **£150.00** raised at their comedy night on 5th April.

Thank you to all of our **knitters and supporters** who made, sold or bought our Easter chicks with chocolate eggs inside - we raised an eggcellent **£256.00** this year.

Please get in touch if you are able to knit any chicks or snowmen for us - we would love to hear from you!

At the **Horley Spring Fair** in April we raised **£116.00**
Thank you to everyone who kindly donated cakes.

Please contact us if you would like to submit something for us to publish here, or let us know if you have any suggestions!



If you do not wish to receive further copies of this newsletter, please let us know:

Telephone: 01883 818310 or

Email: info@dementiafirst.org.uk