

## PAIN RELIEF ASSOCIATES

## NEW PATIENT INTAKE

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_ Age: \_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_

Best Phone Number to Reach You: \_\_\_\_\_ Email: \_\_\_\_\_

Social Security #: \_\_\_\_\_ Employer: \_\_\_\_\_ Job Description: \_\_\_\_\_

Marital Status: M S D W Children (names and ages): \_\_\_\_\_

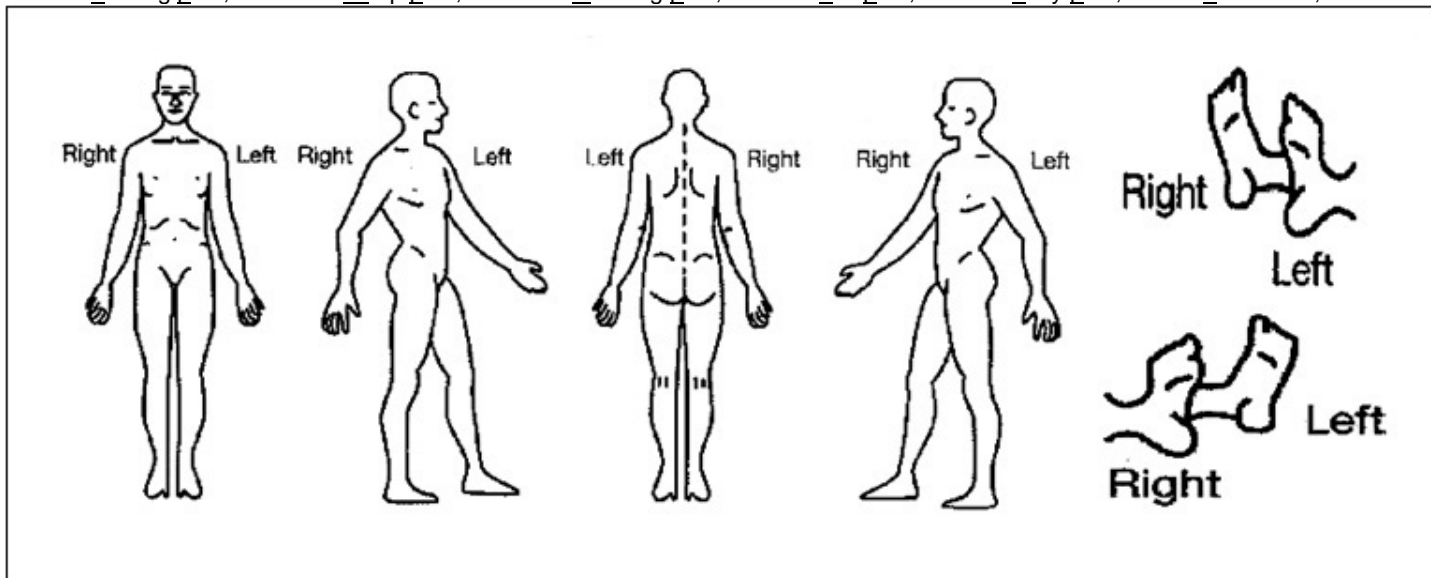
Spouse Name: \_\_\_\_\_ Spouse Employer: \_\_\_\_\_

Primary Care Physician: \_\_\_\_\_ Phone: \_\_\_\_\_

Chief Complaint (Why are you seeing the doctor today?): \_\_\_\_\_

Please circle the area(s) of the body where you are experiencing symptoms and mark the circled area(s) with:

"BP" for burning pain, "SHP" for sharp pain, "STP" for stabbing pain, "DP" for dull pain, "AP" for achy pain, "N" for numbness, and "T" for tingling



### Timing of Pain/ Alleviating and Aggravating Factors:

What makes your pain feel better? \_\_\_\_\_

What makes your pain feel worse? \_\_\_\_\_

### Duration of Pain:

How long have you had the pain you are currently experiencing (Or, date of the injury)? \_\_\_\_\_

What caused your current pain to start? \_\_\_\_\_

How often do you have your pain?

- \_\_\_\_\_ a. Constantly (80-100% of the time) \_\_\_\_\_ c. Intermittently (25-50% of the time)  
\_\_\_\_\_ b. Nearly Constant (50-80% of the time) \_\_\_\_\_ d. Occasionally (less than 25% of the time)

### Past Treatment:

Treatment	Did it give you relief? For how long?	When and why did you discontinue?

Do you have any known (drug) allergies? (Explain) \_\_\_\_\_

Education: K-8 \_\_\_\_ High School \_\_\_\_ 2 Year College \_\_\_\_ College Graduate \_\_\_\_ Post Graduate \_\_\_\_

Do you or have you ever smoked cigarettes, cigars or pipes? Yes / No If Yes, How long? \_\_\_\_\_

How many packs per day? \_\_\_\_\_ Age you started: \_\_\_\_\_ Have you quit? Yes / No When? \_\_\_\_\_

Do you consume alcohol? Yes / No Number of drinks per day, week, or month: \_\_\_\_\_

Have you ever undergone treatment for drug or alcohol addiction? Yes / No

Have you had any of the following conditions?

Scarlet Fever	Yes	No	High Blood Pressure	Yes	No	Skin Disorders	Yes	No
Measles	Yes	No	Heart Murmur	Yes	No	Tumor, Cancer, Cysts	Yes	No
German Measles	Yes	No	Dizziness/Fainting	Yes	No	Venereal Diseases	Yes	No
Rheumatic Fever	Yes	No	Weakness/Paralysis	Yes	No	HIV	Yes	No
Mumps	Yes	No	Insomnia	Yes	No	Problems with Urination	Yes	No
Chicken Pox	Yes	No	Frequent Anxiety or	Yes	No	Hepatitis	Yes	No
Malaria	Yes	No	Depression	Yes	No	<b>FEMALES ONLY</b>		
Tuberculosis	Yes	No	Recurrent Headaches	Yes	No	No. Of Pregnancies	Yes	No
Gum or Tooth Problems	Yes	No	Recurrent Colds	Yes	No	Irregular Periods	Yes	No
Sinusitis	Yes	No	Gallbladder Disease	Yes	No	Severe Cramps	Yes	No
Eye Trouble	Yes	No	Bloody Stools	Yes	No	Excessive flow	Yes	No
Ear, Nose, Throat	Yes	No	Recurrent Diarrhea	Yes	No	<b>IMMUNIZATIONS</b>		
Head Injury	Yes	No	Jaundice/Hepatitis	Yes	No	MMR-Measles/Mumps	Yes	No
Hay Fever/Allergies	Yes	No	Stomach Problems/Ulcers	Yes	No	Polio	Yes	No
Asthma	Yes	No	Recent Weight Gain/			DPT	Yes	No
Shortness of Breath	Yes	No	Weight Loss	Yes	No	Tetanus	Yes	No
Chest Pain/Pressure	Yes	No	Joint Disease	Yes	No	Flu Shot	Yes	No
Chronic Cough	Yes	No	Back Problems	Yes	No	Pneumovax	Yes	No
Rapid Heart Beat or			Sciatica	Yes	No	Mammogram	Yes	No
Palpitations	Yes	No	Neck Pain	Yes	No	Flexible Signoidoscopy		
Diabetes	Yes	No	Other:			Or Procto Exam	Yes	No

Please List any Hospitalization or Surgery Dates: \_\_\_\_\_

#### FAMILY MEDICAL HISTORY:

Father: \_\_\_\_\_ Alive? \_\_\_\_\_ State of Health: \_\_\_\_\_

Deceased? \_\_\_\_\_ Age at Death: \_\_\_\_\_ Cause of Death: \_\_\_\_\_

Mother: \_\_\_\_\_ Alive? \_\_\_\_\_ State of Health: \_\_\_\_\_

Deceased? \_\_\_\_\_ Age at Death: \_\_\_\_\_ Cause of Death: \_\_\_\_\_

Grandparent	Age	Sex	Illness, Congenital Abnormalities or Cause of Death

Medications: Please list any medications, dosage, how many times per day and for how long:

Medication	Dosage	How Often?	When Did You Start?	Comments

Please circle YES or NO to the following question.

- |   |     |    |                 |
|---|-----|----|-----------------|
| 1. Do you have weakness in your legs, feet, arms, or hands? | Yes | No | Details_____    |
| 2. Do you have numbness in your legs, feet, arms, or hands? | Yes | No | Details_____    |
| 3. Do you suffer from burning in your legs or feet?         | Yes | No | Details_____    |
| 4. Do your legs or feet ever fall asleep?                   | Yes | No | Details_____    |
| 5. Do you have back pain?                                   | Yes | No | How often?_____ |
| 6. Do you ever have headaches?                              | Yes | No | How often?_____ |
| 7. Do you often trip or catch your toe while walking?       | Yes | No | Details_____    |
| 8. Have you ever been diagnosed with arthritis?             | Yes | No | Details_____    |
| 9. Do you ever suffer from dizziness?                       | Yes | No | Details_____    |
| 10. Do you have difficulty maintaining your balance?        | Yes | No | Details_____    |
| 11. Do your knees crack, pop, or give you pain?             | Yes | No | Details_____    |

**Activity:**

Circle the number that best describes how your pain has interfered with your:

	<u>Does Not Interfere</u>							<u>Completely Interferes</u>		
• Bending:	1	2	3	4	5	6	7	8	9	10
• Changing Position (Sit-Stand)	1	2	3	4	5	6	7	8	9	10
• Sitting:	1	2	3	4	5	6	7	8	9	10
• Standing:	1	2	3	4	5	6	7	8	9	10
• Lifting:	1	2	3	4	5	6	7	8	9	10
• Walking:	1	2	3	4	5	6	7	8	9	10
• Kneeling:	1	2	3	4	5	6	7	8	9	10
• Climbing Stairs:	1	2	3	4	5	6	7	8	9	10
• Sleeping:	1	2	3	4	5	6	7	8	9	10
• Driving:	1	2	3	4	5	6	7	8	9	10
• Taking Care of Children:	1	2	3	4	5	6	7	8	9	10
• Household Chores:	1	2	3	4	5	6	7	8	9	10
• Yard Work	1	2	3	4	5	6	7	8	9	10
• Extended Computer Use:	1	2	3	4	5	6	7	8	9	10
• Bathing:	1	2	3	4	5	6	7	8	9	10
• Getting Dressed:	1	2	3	4	5	6	7	8	9	10
• Self-Care:	1	2	3	4	5	6	7	8	9	10
• Sexual Activities:	1	2	3	4	5	6	7	8	9	10
• Pet Care:	1	2	3	4	5	6	7	8	9	10
• Reading:	1	2	3	4	5	6	7	8	9	10
• Family Relationships:	1	2	3	4	5	6	7	8	9	10
• Relationship with Spouse/Partner:	1	2	3	4	5	6	7	8	9	10
• Social Activities with Others:	1	2	3	4	5	6	7	8	9	10
• Work/Job Duties:	1	2	3	4	5	6	7	8	9	10
• Concentration:	1	2	3	4	5	6	7	8	9	10
• Mood:	1	2	3	4	5	6	7	8	9	10
• Enjoyment of Life:	1	2	3	4	5	6	7	8	9	10

**TREATMENT GOALS** - Please list the specific goals you would like to achieve through treatment (i.e., *golf, sleep, work, etc*):

What is your single most important reason for wanting to reduce or eliminate your pain?