

Step Up for

Ancoats

Beswick

Clayton

Openshaw

Winter 2022 Edition



stepupmcr.org



Step Up in 2022



Make a big change in your neighbourhood this year

As we step into 2022, we're asking what your big plans are for this year.

Have you always wanted to transform your community by running a brand new project or event but aren't sure where to start?

Would you like to try volunteering your skills, time or talents to support a great local cause?

Maybe you have been looking for the right time to grow your own community business and need advice to get going?

Whatever your ambitions, the time to step up for your community is now.

2021 saw the making of incredible transformational change in Ancoats & Beswick and Clayton & Openshaw, with residents across East Manchester dreaming big and taking action.

Max Trax in Openshaw built a huge fundraising campaign to kickstart plans for a community-led cycle track in Delamere Park. The Beacon Centre in Clayton began refurbishing a former community centre with exciting plans to bring it back into community use once again early this year. A Beswick resident began Evermore, a new environment project to promote recycling in the community. Pd Coaching ran their first summer football camp for East Manchester young people. The Resonance Centre in Clayton turned an old kitchen showroom into a brand new health and wellbeing space. What will you do this year?

How can Step Up MCR help?

Step Up MCR is a place-based giving charity aiming to create powerful change in communities from the inside out. With a focus on

Ancoats & Beswick and Clayton & Openshaw, we work to build more connected communities by increasing local giving to community-led projects.

Our purpose is simple. We're here to unleash the unlimited potential of people by connecting into the support that exists in the community. Whatever your ambition, we can link you up to the support to make it happen.

Looking for some inspiration? Read on to find out about some fantastic local projects in your area.

If you're a resident or local business looking to give where you live, get in touch for a chat:



hello@stepupmcr.org



www.stepupmcr.org

Max Trax Crowdfunder

THANK YOU! Together, we have raised an incredible £82,000 for Max Trax

We're starting 2022 with a bang!

In November, Step Up MCR launched a Crowdfunder to support Openshaw residents to raise £40,000 towards a community-led cycle track.

We committed to match fund every £1 you donated up to £20,000 to reach the target, and thanks to you...

We have fundraised an incredible £82,000 for a brand new community cycle track in Delamere Park, all in memory of local resident Max Rimmer-Chambers.

We want to say A HUGE THANK YOU to every single community hero and supporter for donating your time, funding, talents, prizes and so much more to make this campaign a success.

Because of you, we have exceeded our fundraising target and are well on the way to fundraising the £200,000 needed to make the dream of Max Trax a reality.

The Max Trax team of local volunteers have worked non-stop since the campaign launched, fundraising through bucket collections in the snow, holding online raffles and auctions, securing prizes from brilliant local businesses, and hosting amazing community fundraising events. Thanks to each and every one of you for your hard work.



Collaborative Giving

Step Up MCR is all about collaborative giving to increase investment in the community. We're delighted to have received match funding pledges from Sport England, British Cycling, Power to Change and One Manchester towards the Max Trax Crowdfunder.

There are also some incredible businesses who have contributed to the success of the campaign. Thank you to Two Wheel Claims, the accident specialists for two wheel road users, who have been a big support to Max Trax. The team climbed Snowdon to fundraise for our campaign and donated two electric bikes to our Crowdfunder Rewards along with children's bikes and helmets.

Travis Perkins, the UK's largest supplier of building materials, donated £2,5000, and roofing specialists WRPS donated £1,500.

Special Thanks

The whole Openshaw community, Manchester City Council, Belsize Garage, Friends of Delamere Park, One Manchester, MCR Active, Manchester Local Care Organisation, Manchester Settlement, Booker Wholesale Ardwick, The Silly Country Bottle Beer Shop Droylsden, Morrison's Openshaw, Tesco Droylsden, Sara Davis - Dragons Den, St. Clements Church, Marco Rea's, Design & Print Denton, Anthony Wood Autobodies, Fabrication Technology, Decathlon Eastlands, local donors and fundraisers, local schools, Becky Higg- singer song writer for her beautiful song about Max, friends, family and many more supporters.

It's not too late to donate to the Max Trax Crowdfunder to enable us to get even closer to our £200,000 goal!



Pd Coaching



Pd Coaching is a Beswick based football and coaching project run by Paul Downing, a Beswick resident with a passion to start Beswick's first football club.

Pd Coaching began in 2020 following Paul's success of running 1:1 football sessions, free online PE and keep fit classes for local young people on lockdown. Surprised by how many more people turned up online each week, Paul decided to start running his own outdoor classes alongside his busy job once restrictions eased, and now regularly sees up to 40 young people at each of his weekly sessions. Each session focuses on a different fundamental of the game in a fun, engaging environment before finishing with small sided football matches as an opportunity for the players to showcase their newly learnt skills.

Pd Coaching offers pathways into local grassroots football to teams like Droylsden Juniors, East Manchester Galaxy, West Gorton FC. However, Paul hopes to create its own Beswick based football club in the near future. With a passion for football and his community, Paul also works hard to put pre-loved football boots back into the community through his Rebooted scheme.

Manchester Powerleague Weekly Timetable:

Groups - Thursday, 5-6pm (4-8 years)

Groups - Thursday, 6-7pm (9-12 years)

Little Legs - Sunday, 10-11am (4-6 years)

Holiday camps- affordable football camps every school holiday. £15 from 10am-3pm or £25 9am-4pm.

Step Up for Pd Coaching

Paul is looking for local businesses to sponsor his football sessions. Support will cover equipment, hiring facilities, and coaching costs.

Contact Pd Coaching for more information

✉ pdcoaching_@hotmail.com

To follow the journey follow

📷 📺 [@pdcoaching_](https://www.instagram.com/pdcoaching_)

Positive Media Company

Podcasting? YouTuber? Influencer? Radio Star? Designer? Producer? Audio Whizz?

The Positive Media Experience is being created to give the community in East Manchester the opportunity to use professional broadcast facilities to develop new skills, create media projects, and provide an opportunity to grow.

That means, fun with microphones, cameras, and broadcasting!

Positive Media Experience is headed up by Andrew Peacock from Beswick. Andrew wants to use his experience of over 20 years in media and broadcasting at commercial and BBC national radio to give the next generation a taste of the opportunities available in an ever-expanding world of broadcast.

Positive Media Company will offer a wide range of experiences such as radio presenting, YouTube influencer first-steps, present a TV talk show, produce, or present a podcast, build your own radio station, build a streaming platform for gaming, and much more.

he 'experience' is a set of fun media activities, but the underlying aim is to educate about mental health, inclusivity, communication, confidence, and skills such as writing and presenting with confidence.

For those looking to work in broadcasting, Positive Media Company work with the UK industry to create programming and would love you to get involved too! Several projects are currently in development and pitches have been submitted to the BBC and commercial radio.

PMC welcome schools, clubs, or organisations to take part in the experience.



Step Up for Positive Media Company

Positive Media Company is in the early stages of development and needs your help to get going. They are currently seeking:

- **A good base in Beswick, Ancoats, or close by, accessible to all abilities**
- **Local businesses support**
- **Local groups, schools, and colleges to bring the PMC experience to**
- **Local charities to help us deliver its key aims**

Contact Andrew Peacock for more information

✉ ap@positivemedia.org.uk

☎ **0161 806 0126**

🌐 www.positivemedia.org.uk

Drywave Recovery



Drywave Recovery is a Clayton based organisation working with people in recovery from addiction through sober events, arts and holistic support.

Ben Riley and Will Power are recovery advocates and co-founded Drywave having overcome addiction and low mental health. They are passionate about supporting others on their journey to recovery through wellbeing and social inclusion.

Step Up MCR is currently supporting Drywave to build a podcasting and entertainment suite at The Resonance Centre in Clayton which will provide a space to enable local organisations and individuals gain wellness and wellbeing benefits with professional journey coaches who use media, music production, song writing and art as a way to develop strong community leaders.

Drywave hosts inclusive sober music events to enable people to interact with the recovery community in a sociable, no-pressure setting.

They offer personalised guidance on local services and support networks, and inspire recovery by offering enjoyable, culturally relevant sober experiences.

Step Up for Drywave Recovery

Drywave is planning a huge sober festival this year and is looking for in-kind support from digital promotion specialists and sponsorship from businesses who want to be a part of this exciting project.

Join the Drywave community!

✉ drywaveevents@icloud.com

📌 [@drywaveevents](https://www.facebook.com/drywaveevents)

New Leaf Foundation



Marcelina Stengert is a qualified counsellor living in Openshaw. She founded New Leaf Foundation as a way to bring people together and boost mental health and wellbeing in a relaxed and fun environment.

New Leaf Foundation is currently hosting weekly Crafting for Wellbeing groups and a Talk and Share Café. Marcelina has hopes to grow the offer from New Leaf as more people take part and offer their time volunteering.

The Crafting for Wellbeing group teaches crochet, knitting, plastic canvas and painting every Friday 4pm to 6pm.

 **1328-1330, Ashton Old Road,
Manchester, M11 1JG**

The Talk and Share Café provides an opportunity for people in the community to catch up over healthy homemade meals. The sessions run every Monday from 10.30am to 12.30pm.

 **New Leaf Foundation, Office 116, Riverpark
Trading Estate, Riverpark Road, M40 2XP**

Step Up for New Leaf

Support with funding, volunteer support to run sessions, support with social media, a local place for the group to meet, a creative mind to join the Board of Trustees.

Contact Marcelina Stengert for opportunities

 **newleafmcr@outlook.com**

 **07737104433**

Follow the journey and receive updates

 **New Leaf Foundation**

 **[newleaf.foundation](https://www.instagram.com/newleaf.foundation)**

The Resonance Centre



The Resonance Centre is a wellbeing centre, yoga studio and digital inclusion hub based in Clayton which is dedicated to powerful, positive change.

The Resonance Centre has its own in-house snackery, The Plant Base, which offers nutritional guidance, educational workshops and delicious drinks and snacks that are always supportive of good physical and mental health.

The Resonance Centre is also a growing Wellness Collective, home to Step Up MCR and a range of other local service providers delivering holistic treatments, support to the recovery community and domestic abuse survivors.

 **The Resonance Centre, The Old School House, Clayton Street, Manchester, M11 4EA**

 **info@theresonancecentre.co.uk**

Free Workshops

Sunday 27th February 6:30PM - 8:30PM
Stillness for Healing with Laura Booth

Sunday 6th March 7PM - 8PM
The Sound of Healing with Shakti Alchemy and Raquel Ltopez

All equipment for classes provided and all classes suitable for beginners. Check our social media for paid events hosted at the centre

Free Class Timetable

Monday 12 noon - 1PM

In the Flow Yoga

(Beginners Vinyasa Yoga)

Tuesday 2PM - 4PM

Digital Drop-in Afternoon

(Beginners Vinyasa Yoga)

7PM - 8PM

Relax & Restore Yoga

(Restorative Yoga & Yoga Nidra)

Wednesday 2PM - 4PM

Digital Drop-in Afternoon

4:30PM - 5:30PM

Midweek Reset Yoga

(Seated Yoga & Meditation)

Thursday 11AM - 12 NOON

Tap Your Troubles Away

(EFT/tapping, meditation & journeying)

2PM - 4PM

Digital Drop-in Afternoon

6:30PM - 9PM

Born Free - £6

(Weekly conscious dance floor)

Friday 11:30AM - 12:30PM

Transform Yoga

(Trauma informed yoga for recovery)

7:30PM - 9PM

Yin & Tonic

(A Yin Yoga class with calming bedtime drinks)

Saturday 10:30AM - 11:30AM

Little Yogis

(Children's Yoga - ages 4-7)

Local Business Support

Buzzin' Sounds Official Charity Partnership



We are excited to announce that Buzzin' Sounds Recording Studio has selected Step Up MCR as its chosen charity partner for 2022.

Over the past year we have been working with and getting to know Buzzin' Sounds and after some great conversations, we're finally able to confirm our official partnership.

What is Buzzin' Sounds?

Buzzin' Sounds is a professional recording studio headed up by Aaron Fletcher, a sound engineer and music producer with over 10 years of experience in the music industry. Buzzin' Sounds works with anyone and everyone- from musicians, rappers and singers at the start of their musical journey, to businesses and charities.

How will Buzzin' Sounds be supporting Step Up MCR?

Buzzin' Sounds will be supporting Step Up MCR through positive profits. Every month, Buzzin' sounds will donate 10% of profits to Step Up

MCR. These profits will go towards supporting projects led by the community and to improving the health and wellbeing of our neighbourhoods. As well as positive profits, Buzzin' Sounds will be offering all Buzzin' Sounds Music Studio & Buzzin' Sounds Podcast services and an exclusive discount rate for Step Up MCR and all the projects we support. They will also be helping us to set up our own podcast, from training to recording, editing and more.

Want to know more about Buzzin' Sounds?



www.buzzinsounds.com





Set to open at the end of 2023, Beswick is preparing to become home to the Co-op Live Arena, Europe's best and most sustainable live entertainment arena.

The arena will be a world-class venue that will host international music, sport, charity and business events, and create 4,000+ new jobs.

It will be a sustainable and socially responsible venue, creating zero waste, extremely low emissions and generating £1m a year for community causes.

At its peak, Co-op Live's construction site will see some 400 people working on it daily. Constructors, Royal BAM Group (BAM), estimate that more than 2,000 people will work on the site over its three-year construction phase, comprising the majority of the 3,350 total jobs the project will support from now to 2023. Oak View Group, the developer of the arena, have forecast that Co-op Live will create a further 1,000 jobs when operational.

The arena is being built by Salford-based BAM Construction. BAM has committed to working with Step Up MCR to support local community-

led projects in the arena's surrounding areas while neighbouring the scheme.

BAM is currently supporting Step Up MCR and One Manchester to create a meanwhile use community space on Grey Mare Lane which will provide an event and activities space for the local community through the warmer months.

BAM will be a key partner in the building of the space, donating resources and labour for the benefit of the community.

Visitor's Centre

The Co-op Live Visitor's Centre is open to the public to call in. If you want information on the project or enquire about opportunities on site, please drop into the main site reception and ask security for either Julie or Alison.

Alternatively email:

 Julie Bratt jbratt@bam.co.uk

Alison Power apower@bam.co.uk

Calling Local Businesses

Step Up for Ancoats & Beswick and Clayton & Openshaw

Step Up is seeking business investments to place at the heart of local communities. By becoming a partner, you can support Step Up to build a sustainable place based giving model that puts more power in neighbourhoods.

Our Ask

There are lots of ways your business can make a meaningful contribution to the local community—from volunteering time, lending skills, and donating or loaning goods and services.

If your business has the skills, resources, knowledge or space to give to community-led projects, complete our online form and we'll match you to the perfect project.

Principal Partners

We are seeking Principal Partners to regularly support Step Up's activities. By becoming a Principal Partner, you can help us build a sustainable place based giving model that gives more power to communities. In return for supporting us, we can offer:

- **A co-ordinated and efficient way of giving locally**
- **Partnerships and networking opportunities**
- **Brand promotion through our newspaper, website and social channels**
- **Monitoring the impact of business investments in the community**
- **Training for your staff to get involved as local mentors**

Let's Chat

Our approach to place based giving is collaborative and Step Up MCR will work with your business to shape your social commitments.

Get in touch to make a difference.

 hello@stepupmcr.org

 www.stepupmcr.org/business

Art in the Community



The Caravan Gallery

The Caravan Gallery- Pride of Place Openshaw

The Caravan Gallery has been commissioned by One Manchester, MCR Active and Step Up MCR to create an Openshaw exhibition.

Itinerant artists and photographers Jan Williams and Chris Teasdale (aka The Caravan Gallery) are bringing their tiny yellow gallery on wheels to Openshaw. This unique and internationally famous gallery on wheels will be hosted at Manchester Settlement in a specially constructed wooden pavilion that will be situated behind the Roundhouse in Openshaw.

The exhibition in the caravan will feature pictures from their ongoing extra{ordinary} - Photographs of Britain by The Caravan Gallery collection which celebrates everyday creativity and local identity, and includes some hilarious observations.

Get Involved!

The Caravan Gallery is looking for anything with an Openshaw connection that can be displayed in the exhibition - this could be your own arts and crafts inspired by Openshaw, photos, artefacts, memorabilia and stories about the area. Make your mark on the gallery's People's Map of Openshaw, share some fascinating facts

about where you live, as well as your hopes and dreams for Openshaw in the future. If you fancy getting creative, Jan and Chris will even help you make your own postcards and souvenirs of Openshaw. Your contributions will be displayed in The Caravan Gallery!

Volunteer

Would you like to volunteer your time to help welcome visitors and encourage them to take part in the exhibition? People with local knowledge and connections are especially welcome, also anyone interested in socially engaged art who would enjoy working alongside and learning from internationally acclaimed professional artists.

Contact Jan and Chris to share your art and register an interest involunteering

✉ admin@thecaravangallery.co.uk

Visit The Caravan Gallery

Friday 29 April – Saturday 28 May 2022

📍 **New Roundhouse, 1328 – 1330, Ashton Old Road, Openshaw, Manchester, M11 1JG**

📌 **Openshaw Pride of Place Project**

Take Up Space



A Spotlight on the Artist



My Name is Laura and I'm an artist living and working in Manchester. I left my small hometown of Cannock and came to Manchester in 2012 to study Fine Art at MMU and subsequently never left! I feel like an adopted Mancunian now after being here for ten years.

When I finished university there were very few opportunities and it felt like we had to make them for ourselves. A small group of friends and I started a nomadic gallery called Scaffold Gallery. We would put on artists exhibitions and monthly group discussions that all took place in and around Manchester. This grassroots project aimed to support national and international graduates and early career artists. This was a great experience that helped support the artist community in Manchester and beyond.

After five years of being part of the gallery, I was more and more excited by engaging with local communities and left my role to further this. Step Up gave me this opportunity and their ethos to grow community-led projects was what jumped out at me.

Seeing all the lockdown art in windows and the banners in the streets with messages of appreciation and hope, for the first time in a long time, it felt like a collective conscience had returned. People were finding different ways to connect and help each other. I loved seeing all

the colour, all the kind and caring words and drawings – not only in people's front windows but in the parks and public spaces. It brightened up my day and gave a sense of solidarity.

It gave me the idea for the Take Up Space project – creating bunting packs and sending them out for people and to see how they would interpret nature, their experiences, their homes, their favourite places and then put it into words, poetry or pictures. I thought the best way for this to be displayed is on bunting as it can be hung from anywhere, adds so much colour and is accessible for everyone.

Next step was to get all the packs together and make the bunting! Once I had all the fabric I realised that this was an ambitious idea that was going to take quite a bit of time. You don't want to know how many triangles I've cut and sewn, but it was a lot! It has been a great project to work on and I hope this has a positive impact for everyone involved. Also, I hope it makes people think about their locality, their space.

This is only the half of the project done, the best part is yet to come with the packs being sent out over the next couple of weeks so keep your eyes out for bunting in your neighbourhoods!

If you spot one please tag us in it. Our handle is [@stepup_mcr](https://www.instagram.com/stepup_mcr). We really can't wait to see everyone's creativity!

What's Going On In Your Community?

Beswick Activation Scheme



The council with support from the Mayor's Challenge fund, is currently delivering a number of walking and cycle schemes across the city. The Mayor's Challenge fund requires schemes to have an activation plan to encourage and enable residents to use the new cycling and walking provisions and offer practical support that aims to remove potential barriers. The main aim is to encourage those that may never have walked or cycled before and look to change people's culture towards considering other alternative methods of sustainable transport. Keep your eyes peeled, lots of walking and cycling events will be announced for 2022.

Bike Maintenance Courses:



Are you interested in learning or expanding your bike maintenance skills? Our providers will be providing beginners and intermediary course for bike maintenance. Led by a bike maintenance expert, you'll be in a small group with others at either a beginners or intermediary levels in a friendly, supportive atmosphere. It's a hands-on session which will give you the confidence and skills to keep your bike on the move.

Each course can accommodate 6 residents.
To book contact,

 hello@stepupmcr.org

One Manchester

Are you interested in learning to be a Community Reporter or a Jr Community Reporter for Beswick or Openshaw?

From April, One Manchester will be running two sessions, one for adults and one for children age 7 to 11+ on how to become a Community

Reporter. You'll learn skills like news reporting, podcasting, video and photography and it's all FREE.

You can register your interest by emailing your name and contact details to:



Grey Mare Lane Meanwhile Community Space

Step Up MCR is working with One Manchester to create a meanwhile use community space that will provide opportunities for residents to get involved in events and activities, or even host their own.

Get in touch to share your ideas for the space!

✉ community.development@onemanchester.co.uk
hello@stepupmcr.org



Royal Exchange Theatre



Royal Exchange Theatre is beginning work in Beswick and Clayton as part of its Local Exchange Programme!

Local Exchange is a programme that sees the theatre company take up residency in communities across Greater Manchester, build upon existing partnerships, develop new connections, and bring together people, places and artists to cement long-lasting relationships with the communities right outside its doors.

The Exchange have begun a new three-year residency in Beswick and Clayton. It is partnering with One Manchester and will work closely with residents of the Grey Mare Lane Estate.

The Exchange joined One Manchester at the launch event for their Meanwhile Site on Grey Mare Lane Estate. It was filled with street art, football, and growing activities. They were joined by theatre company Malandra Jacks, delivering a range of craft activities for kids.

Alongside these initial partnerships The Exchange will also recruit a group of local ambassadors, people who are passionate about the place they live in and excited by everything that arts and culture have to offer. Together with professional artists, the team at the Royal Exchange will develop projects, workshops, performances, and events that are tailor-made for you and your communities.

Get involved

Do you want to meet new people, develop new skills, and create a festival of arts and culture in Beswick?

The Exchange is looking for residents aged 14+ from Beswick and Clayton to join its team of ambassadors - a group of community members working with the Royal Exchange Theatre to deliver its Local Exchange Programme.

There will also be lots of training opportunities, the chance to develop new skills, meet new people and create a festival of arts and culture.

Visits to The Royal Exchange Theatre

If you live in Beswick or Clayton, you can get FREE theatre tickets from The Royal Exchange Theatre. If you are interested in visits to the theatre to see upcoming shows, please get in touch. The next production is NORA: A DOLL'S HOUSE in March.

 neil.eskins@royalexchange.co.uk

 07494 315213

 www.royalexchange.co.uk/local-exchange-beswick

 @rxtheatre

FREE CHILDRENS ACTIVITIES AND REFRESHMENTS WHILE YOU HAVE YOUR COVID VAGGINATION

at Grange Community Centre,
Pilgrim Drive, Beswick, M11 3TQ



No appointment needed – walk-in clinics

January, February and March 2022,
each Tuesday from 3.30 – 5.00pm
each Thursday from 3.30 – 5.00pm

Free Swimming for Manchester U17s



Manchester residents under 17 can swim for free in our 'Swim for All' sessions during school holidays and at weekends in term time.

Available at: Arcadia Library & Leisure Centre, East Manchester Leisure Centre, Hough End Leisure Centre, Moss Side Leisure Centre and North City Family & Fitness Centre.

View our latest school holiday activity programme at
better.org.uk/mcr-holidays

In partnership with

BETTER

MCRactive



East Manchester
Circle

Have you heard?

About Circle where the over 50s do more and create a flourishing life.

Our members enjoy a whole range of monthly social events including meals, trips and activities.

We're launching in East Manchester and we want you to be part of it!

Do you want to feel part of your community, learn new things, meet new people and stay active?

Sound out Circle today!

To find out more, contact us:

T: 0800 112 3440

E: eastmrcircle@hmrcircle.org.uk

W: www.hmrcircle.org.uk

Twitter: @EastMcrCircle

Facebook: East Manchester Circle

Manchester Settlement

What's On

MONDAY

- Stay and Play - 10-12noon - St Clements
- Creche - 12.30-2.30am
- After School Club - 3-6pm
- Table Tennis - 6-7.15pm

TUESDAY

- Talk English ESOL classes - 9.30am & 12.30pm
- Parent & Baby (0-6months) group - St Clements 10am till 12pm
- Roundhouse Food Pantry - 3-6pm
- After-school Club - 3-6pm
- Play Hub Youth Club (8-11yrs) - 6-7.45pm
- Youth Group (11-13yrs) - 6.30-8.15

WEDNESDAY

- Well-Being Wednesday plus free lunch - 9.30-2.30pm
- Be Well Drop-in - 9-3pm
- Mens Peer Support Group - 9.30am till 10.45am
- One Money Advice Drop In - 9-3pm
- Community Café with table tennis - 9.30-11.30am
- Mummy Mentor Drop-In - 10-12pm
- Creche - 10-12pm
- Well-being Women - 11-12.15pm
- Craft Club - 1-2.30pm
- After-school Club - 3-6pm
- CeeBee Gold craft 4pm-6pm

THURSDAY

- Practise English Conversation Club 9.30am-11.30am
- After-school Club - 3-6pm
- Inspiring Women - 5.30-7pm- Bi Weekly
- Youth Group (14-18yrs) - 6-7.45pm

FRIDAY

- Stay & Play - 10-12pm - St Clements
- Standing Tai Chi - 10.30 -11.30pm
- Seated Tai Chi - 11.45-12.45
- Stay & Play - 12.30-2.30pm - St Clements
- Senior Catch up 2-4pm
- After-school Club - 3-6pm
- Family Well-Being/Crafting for Well-Being - 4-6pm

1328 Ashton Old Rd
Openshaw
Manchester
0161 974 1300

Manchester
Settlement

widening horizons since 1895

Please visit our website for more info
www.manchestersettlement.org.uk
info@manchestersettlement.org.uk



manchestersettlementcommunity



Manchester Settlement



@McrSettlement

Manchester Settlement

Youth Clubs

Manchester Settlement's youth clubs are a safe place for young people to come, meet and take part in exciting activities. From table tennis to film nights, games nights and more!

A space where they have the opportunity to hang out with others their own age, to develop friendships, learn to new skills and most importantly have fun.

They offer a supportive, nurturing & inclusive environment with a passion to help young people reach their full potential.

If this sounds like something you want to be part of then get in touch:

 info@manchestersettlement.org.uk

 **0161 974 1300**

 **1328-1330, Ashton Old Road,
Manchester, M11 1JG**



Join the Step Up MCR tribe and help your community thrive!

There are infinite ways we can all use our energy, skills and resources to benefit the community.

If you have a big idea or something to give back, we can offer the step up to get you there.

Get in touch if you'd like to support a local project or start up your own!

 hello@stepupmcr.org

 07879 531649

Other Ways to Give

Our community fundraising campaigns need your support, but you can also help us from home!

Raise FREE donations for Step Up MCR every time you shop online through Easyfundraising.

Join Our Team!

If you live or work in Ancoats & Beswick or Clayton & Openshaw and would like to have a say in the community, our Board of Directors or Advisory Panel opportunities could be for you.

We are looking for caring, dynamic and committed people who are passionate about building community and making a real difference to a place and the people who live there.

Head to www.stepupmcr.org to find out more.



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Raise FREE funds

for us every time you
shop online

[Find out more](#)

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U switch sky M&S Groupon ASOS



stepupmcr.org



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