

Trinity Sunday

Dear friends in Jesus Christ Today we celebrate one of the most beautiful and profound mysteries of our faith, that is to say the Solemnity of the Most Holy Trinity. One of the most striking aspects of the Trinity is how the three Persons relate to one another. The Father is not greater than the Son. The Son is not more powerful than the Spirit. There is no jealousy, no rivalry, no competition within the Trinity. Each Person fulfills a distinct role: the Father creates, the Son redeems, and the Holy Spirit sanctifies and they do it in perfect unity and love. Their relationship is one of harmony, mutual respect, and perfect equality. There is no debate about who is stronger or more important. Each honors the other. Each gives, each receives, and each lives in complete communion. Dear friends, we are also made in the image of this Trinitarian God. Which means we are called to live in the same spirit of unity and love. And the first place where this unity should be seen is in the family. However there is a sad reality we see in many families today. A family may live in the same house, eat at the same table, and carry the same family name, yet there is no unity in the heart. Sometimes the reason can be property or material possessions. We have seen brothers fighting against brothers, children turning against parents, and relatives refusing to speak to one another because of land, wealth, or selfishness. Material things that are temporary often destroy relationships that are far more precious. But Jesus reminds us that possessions should never become greater than people. A house, land, or money cannot love us back. But family members can support us, family members can stand with us, and care for us in times of suffering. Sadly, many people realize the value of relationships only after they lose them. Dear friends as we celebrate the Feast of the Holy Trinity, the Church places before us the greatest example of unity: the Father, the Son, and the Holy Spirit. The Holy Trinity teaches us that true love always creates unity. The Father is not against the Son, the Son is not competing with the Father, and the Holy Spirit is not seeking glory for Himself. They live in perfect love, perfect understanding, and perfect communion. Sometimes people say, That unity is possible only for God. We are human beings. We cannot live like that. It is true that we are human and imperfect. And we may have weaknesses, we may have anger, we may have misunderstandings, and different opinions. But being human is not an excuse to destroy unity. Even though we cannot be perfect like the Trinity, we are still called to imitate the love and unity of the Trinity in our families, communities, and society. Dear friends Unity does not mean everybody thinks the same way. Even in a family, people have different personalities, opinions, and habits. One person may speak unstopably, another may remain silent. One may become angry easily, another may be very sensitive. Differences will always exist. But unity becomes possible when people try to understand, try to forgive, try to adjust, and sacrifice for one another. Today another danger to family unity is excessive attachment to social media and phones. There is nothing wrong in using technology or social

media. These things can be useful and helpful. But sometimes people sitting in the same room are far away from one another because everyone is looking only at the phone. During family gatherings, instead of talking, instead of listening, instead of laughing, or sharing time together, some people remain busy scrolling endlessly. Slowly, real relationships become weaker. Dear friends a child not only needs food and education but also the child needs attention, conversation, and love. Husband and wife need time together. Parents need respect from children. Grandparents need someone who listens to them. Human hearts cannot be satisfied only by screens and virtual connections. God created us for relationships. Keep in mind that Unity does not happen automatically. A good family does not fall from heaven ready-made. Unity must be built patiently every day. Sometimes we must sacrifice our ego. Sometimes we must remain silent instead of hurting another person. Sometimes we must forgive even when it is difficult. Sometimes we must give time to others even when we are tired. Love always requires sacrifice. In the same way, in today's feast, the Holy Trinity reminds us that we are children of a God who lives in communion and unity. Since we are created in the image of God, we are also called to live in love and unity. A united family becomes a blessing. A united parish becomes strong. A united society becomes peaceful. So dear friends as we celebrate the Feast of the Holy Trinity, let us pray for the grace to live in unity, to live in understanding, to live in forgiveness, and love. May the Father, the Son, and the Holy Spirit teach our families to remain united as true children of God. Amen.