

MEDICAL EDUCATION NEWSLETTER

MAY 2026

In this issue, we cover the following topics:

- HEaT 2026
- Medical Education Awards Winners 2026
- Educational Supervisor Workshop Dates
- Save the Date - IMG Conference 2026



PROFESSOR JACK KASTELIK

Group Director of Medical Education

It is with great pleasure to welcome you the May edition of the MEC Newsletter.

On 8th May MEC hosted our annual HEAT 2026 Conference titled: 'Empowering Doctors, Dentists, Advanced Practitioners and Medical Associate Professionals to reach their highest potential'. The meeting was very well attended and started with an opening welcome from our Group Deputy Chief Medical Officer Mr Peter Sedman. Mr Sedman's presentation was met with a warm welcome from the audience. The HEaT 2026 presentations were delivered by the speakers representing both the South and North of the group as well as external speakers. The presentations covered varied topics ranging from well being and burnout, educational supervision, audit, exception reporting and SAS doctors.

The HEaT 2026 conference gave an opportunity for our Postgraduate Doctors in training to present their clinical and research projects. Our judging panel comprised three of our Associate Medical Education Fellows and awarded the winning poster, with the audience choosing the People's Choice winner. All the presentations were of a very high standard and we would like to congratulate the winners. The HEaT 2026 meeting also allowed for presentation of our educational awards. We would like to congratulate the winners for their excellent contribution to medical education. We are very fortunate to have such high standards of educational and clinical supervision and we would like to thank you for all your hard work and training provision. The HEaT 2026 conference also reminded us of the high standard of the resident doctors working in our organisation. Thank you to everyone who was involved in organising and presenting during HEAT 2026. Everyone worked very hard to make the meeting a success.

On another subject, we are approaching the ARCPs and everyone is currently working hard on their portfolios. This is a very busy time for the educational and clinical supervisors as well as the Resident Doctors. We would like to thank everyone who is contributing to clinical and educational supervision and everyone who is helping with the ARCP process. If anyone would like to get involved with the educational roles or ARCPs, the MEC team would be very happy to assist.

Best wishes

A handwritten signature in black ink, appearing to read 'J Kastelik'. The signature is fluid and cursive, written in a professional style.

Professor Jack Kastelik
Group Director of Medical Education

Save the Date - IMG Conference

We are excited to announce the IMG Conference taking place on Thursday 2 July 2026, at the Medical Education Centre, Hull Royal Infirmary, from 8:30 AM to 5:00 PM. The event will be led by Mr. Christos Vosinakis, Associate Medical Education Fellow, and Dr. Saira Sayeed, Consultant Radiologist and IMG Tutor.

What to Expect

- Engaging Presentations and Workshops: The program will feature discussions on important topics relevant to all IMG Doctors.
- Networking Opportunities: This is a fantastic chance for all IMG Doctors associated with HUTH and NLAG to connect.

Stay tuned for more information regarding registration details!

LGBTQIA+ Conference 2026

The next LGBTQIA+ Conference is taking place on Monday 29 June 2026 at the Lecture Theatre, DPoW. Please come and support Medical Education Administrator and LGBTQIA+ Staff Network Chair, Kasper Weber, deliver an inspiring and informative presentation around medical care as a Gender Diverse Patient.

For further details please click on the following link

<https://www.bridget.org.uk/page/28007>

Resident Doctor Induction 2026

We are in the early planning stages of Resident Doctors Induction for Summer 2026. Please see below key dates for your diary :-

F1 Induction - Thursday 30 July and Friday 31 July 2026

F1 Shadowing - Monday 3 August and Tuesday 4 August 2026

Main Trust Induction - Wednesday 6 August 2026

For further information on Induction programmes please contact

NLAG - nlg-tr.twpgmecontact@nhs.net

HUTH - hyp-tr.huth.doctorsinduction@nhs.net

Educational Supervisor Workshops

Please take note of the dates and times for the upcoming Educational Supervisor Workshops. To attend, participants must have completed the eLearning Modules on HHP (or provide proof of eLfHs completion) and can register through the HHP Learning Hub. For any issues accessing the learning platform, please reach out to the HHP Team at hyp-tr.learninghub@nhs.net.

- Friday, 3 July - 9:00 AM - 12:30 PM - Online - Fully Booked, no further bookings available
- Tuesday, 21 July - 2:00 PM - 4:30 PM - In-person at Fleming Room, Butterwick House, Scunthorpe General Hospital
- Wednesday, 9 September - 9:00 AM - 12:30 PM - In-person in the Lecture Theatre at Diana, Princess of Wales Hospital, Grimsby
- Tuesday, 22 September - 9:00 AM - 12:30 PM - In-person at CHH Lecture Theatre
- Friday, 13 November - 1:00 PM - 4:30 PM - In-person at MEC, HRI

We are continually seeking facilitators for the Educational Supervisor Workshops across both Trusts. Facilitators should be fully accredited, and the workshops typically last 3.5 hours at a time that works for you (available either online or in person). If you can offer your support, please contact janet.tasker5@nhs.net. Necessary resources will be provided.

Resident Doctor of the Month

May 2026



Dr Kate Quigley , ST3 Emergency Medicine

I attended A&E last week following an incident at work.

I have to say that everyone in A&E was polite, professional, and a credit to the healthcare service - not just clinical staff, but everyone in the team. They were incredible.

However, I would like to give a shining star to the Dr who assessed me (Kate was her first name, but I didn't get the surname, sorry). If it was not for her diligence, I would not have received an MRI and received the appropriate treatment. At the time, I thought it was all unnecessary, but Kate was incredible. Her knowledge, instinct, and perseverance could well have saved my life.

I owe everyone at HRI a debt of gratitude for their outstanding service!!!

Well done to the whole team, but to Dr Kate, I doff my hat to you.



Northern Lincolnshire
and Goole
NHS Foundation Trust

Dr Chloe Groenewald, FY1, Diabetes and Endocrinology

The doctor was very kind to our family after the passing of our son. She kept checking in on us to see if there is anything more she can do for us and provided a lot of support when we needed it, even offered to sit with us.

DON'T FORGET

Upload any submissions for Resident Doctor of the Month to Bridget as a 'Shining Lights'





The winners and finalists of the Medical Education Awards 2026 were announced on Friday 8 May 2026 at the annual HEaT event. Thank you to all the finalists, nominators and judging panel that make these awards possible. Congratulations to all Winners and Finalists.

Educational /Clinical Supervisor of the Year Award 2026

Winner: Mr Paolo Matteucci



Runners Up: Dr Anirban Som, Dr Sadia Javaid, Dr Asem Ali

Resident Doctor of the Year Award 2026

Winner: Dr Selma Al Ahmad



Runners Up: Dr Stephen McAleer, Dr Katie Winstone

Locally Employed Doctor (LED) of the Year 2026

Winner: Dr Sujata Singh



Runners Up: Dr Dinesh Temu, Dr Ayuni Zahar

Contribution to Medical Education Award 2026

Winner: Dr Emma Harkin



Runners Up: Dr Jonathan Spann, Aonghas Michie

Friendship Award 2026

Winner: Dr Eman Shamsaee



Runners Up: Chris Hendron, Dr Maneesh Kumar

ACP / ACCP of the Year Winner: Valerie Revill



Runners Up: Jaime Hyde-Wyatt, Jenna McKie

Medical Associate of the Year Award 2026 Winner: Nakia Brown



Runners Up: Emily Holmes

Poster Abstract Presentation Award

Winner: Dr Rebiye Chakartash



Poster Abstract - People's Choice Award 2026

Winner: Dr Mohammed Awadh



**Photos of some of our finalists present at HEaT 2026.
Congratulations to all our finalists**









IMG WhatsApp Group

Join Your Peer Support Community Today!

We're excited to introduce a brand-new IMG Support WhatsApp Group. A dedicated space for International Medical Graduates working across our Group.

This group is here to help you:

-  Navigate NHS life
-  Connect with fellow IMGs
-  Share concerns or ideas
-  Get updates on IMG events
-  Ask questions (big or small!)
-  Access support and resources



Hull IMG Doctors
WhatsApp group

Scan this QR Code using the
WhatsApp Camera to join this group

If you have any questions or ideas, feel free to get in touch at
hyp-tr.imgdoctors@nhs.net.



Accessing the Health Toolbox app is an essential part of your doctor training, the toolbox app has everything you need to know all in one place, from previous induction videos, to study leave guides and wellbeing support all essential details are in once place.

How to access:

1 Download Health Toolbox or open it in the browser on your PC or Phone.

2 You can then create an account



3 Create a new account

Select your location in the list or search below.

Search bar containing 'HUTH'. Below it, a dropdown menu shows 'Hull University Teaching Hospitals' with the acronym 'HUTH'. A note says: 'If you already have an account please first sign in here.'

You will need to search HUTH or NLG depending on which hospital you would like to access.

Create a new account

Select your location in the list or search below.

Search bar containing 'NLG'. Below it, a dropdown menu shows 'Northern Lincolnshire and Goole' with the acronym 'NLG'.

Main / Help centre /

Create account: Hull University Teaching Hospitals

4 You will then need to fill out the below with details about you and your job, this will then create you an account and you will have full access to the Health Toolbox Site.



Creating a new account for:

Hull University Teaching Hospitals (change)

• If you already have an account at Health Toolbox please sign in.

Work Email (NHS, doctors.org.uk or .ac.uk):

Email address

Ensure it is correct as we need to send the login details.

Name:

First and Last Name

Already have an account?

If you already have an account don't worry you can sign in if you remember your details or you can click 'forgot your password?' and you can then follow the relevant steps to recover your account

If you have any further questions about the Toolbox app please contact hyp-tr.huth.doctorsinduction@nhs.net

Thank you for reading!

TELL US ABOUT YOUR BEST PRACTICES

If you have any areas of good practice within your department/team that you would like to share and be included in the HEE Best Practice App, please send details of what was implemented and why, any benefits or positive impacts and any details of lessons learnt to...

[**charlotte.precious@nhs.net**](mailto:charlotte.precious@nhs.net)

WANT TO FEATURE IN NEXT MONTH'S NEWSLETTER?

If you'd like to feature in next month's newsletter, please supply text, images and contact details to...

hyp-tr.mec.events@nhs.net