



HM Hull
Medical
Education
Centre

MEDICAL EDUCATION NEWSLETTER

JUNE 2025



DIRECTOR OF MEDICAL EDUCATION

Professor Jack Kastelik

It is with great pleasure that I welcome you to the June edition of the newsletter. The last few weeks have been very busy for us; many specialties are in the middle of the ARCP's. We would like to thank everyone who has been or will give time to the ARCP process. The whole ARCP process relies on the support of the TPDs and the Educational Supervisors and without your support we, would not be able to manage.

From trainees' aspect, it is of great pride for us to see all your hard work resulting in very good ARCP outcomes and seeing you progress through your training. Many congratulations to all our trainees who have received Outcome 6 and are due to finish training and obtain their CCTs. This is a very proud moment for the trainees, along with their trainers, seeing them all moving onto consultant posts.

We are working very hard to finalise the August and September inductions. This is a complex piece of work, which hopefully will result in better experience for our trainees.

We have started to receive early GMC survey reports. We contacted the relevant departments and have received replies regarding the concerns raised. Thank you to all the departments for their timely investigations and responses. Fortunately, there have only been a small number of issues highlighted so far. We are awaiting the main GMC survey results, and we will provide an update in due course.

We are now approaching the beginning of the summer, and we all are hoping to have some well- deserved rest.

Thank you

JKastelik

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Professor Jack Kastelik
Director of Medical Education

MEET YOUR SENIOR LEADERSHIP TEAM



Professor Jack Kastelik
Director of Medical Education

As Director of Medical Education, Professor Kastelik operationally supports the education and training of all Doctors in Training as well as supporting Educational and Clinical Supervisors.



Dr Rana Ali
Deputy Director of Medical Education

As Deputy Director of Medical Education, Dr Alia supports the Foundation Training Programme as well as International Medical Graduates.



Charlotte Precious
Medical Education Manager

Charlotte supports the Directors as well as managing the Medical Education Team.

MEET YOUR FTPD TEAM

The FTPD team are here to support all Foundation Doctors in the Trust as well as ensuring that the regional training programme is delivered. The FTPD's work closely with the Director and Deputy Director of Medical Education to ensure that all Foundation Doctors have access to suitable training which will allow them the opportunity to achieve the requirements for a satisfactory completion of the Foundation Training Programme.



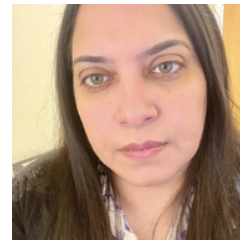
Dr Uzma Tazeen
Consultant in Elderly Medicine and FTPD



Dr Anju Raina
Consultant Anaesthetic and FTPD



Mr Mahmud Fleet
Consultant Paediatric Surgeon and FTPD



Dr Uzma Kamdar
Consultant in Respiratory Medicine and FTPD



Mr Junaid Sultan
Consultant Vascular Surgeon and FTPD

Meet the rest of the team
hmec.uk/meet-the-team



July Upcoming Events

2ND

JULY 25
8:00- 16:00

**Humber Generalist
School**

9TH

JULY 25
8:00-16:00

Trust Induction

11TH

JULY 25
8:30-16:30

**Yorkshire Trainee
Infection Day**

16TH

JULY 25
8:00- 16:00

**Humber Generalist
School**

24TH

JULY 25
8:30- 17:00

**STEPP Adolescent
Health & CAMHS
Training Day**

31ST

JULY 25
8:00-17:30

FI Induction



We need your help! The Toolbox app is designed to make a difference, and we want it to reach as many people as possible. We're asking all Educational and Clinical Supervisors to take a moment to explore the app, share any feedback to help us refine and improve it, and most importantly, pass it along to the trainees. Your support can help us make this tool even more valuable — let's spread the word!

MEC Events - hyp-tr.mec.events@nhs.net

Foundation Year 1 Induction



The Foundation Year 1 induction will take place on Thursday 31st July and Friday 1st August 2025. It is mandatory that all new Foundation Year 1 Doctors attend the Induction on both of the days. Shadowing will take on Monday 4th and Tuesday 5th August. All trainees will be required to register their attendance via a QR code. For further information please contact hyp-tr.foundation.year1@nhs.net.

Resident Doctors Induction

The Resident Doctor Induction for F2 and above trainees will take place on Wednesday 6th August. All newly employed Doctors to the Trust will be required to attend on that date. Due to the number of Doctors starting within the Trust, this will be a full day induction programme. Departments that are apart of the Fast Track groups will be on the wards just after lunch, once the necessary checks and lectures are complete. For further information please contact hyp-tr.huth.doctorsinduction@nhs.net



Departmental Inductions

We are currently updating the information we hold on Departmental Inductions for all Resident Doctors. The aim is to continually update this information via our Induction Programme and through Health Toolbox

If you haven't already done so - it would be really helpful if all departments can send the following as soon as possible for August inductions and by end July for September/October inductions.

- Date and Time - Departmental Induction
- Location - Departmental Induction

You may also wish to provide any other useful information for our Health Toolbox. By clicking the link, you can see examples of other specialties. Please let us have any updates by 31st July 2025.

Please send any updates to hyp-tr.medicaleducation@nhs.net

We appreciate your help in supporting our trainees.

GOODBYE
Katie



Congratulations to Katie on using her generalist learning to progress her career and take up a new role with clinical and system responsibility. Thanks for all your hard work and contributions to the Generalist Programme.



MRCP PACES Exams

On the weekend of the 7th and 8th June 2025, MEC once again hosted the new MRCP PACES examinations. The examination was hosted and co-hosted by Dr Tun Aung and Professor Fayyaz Ahmed. The event ran very smoothly and efficiently, administered by Nikki Pass, Jayne Baker and Kaytee Hirons and supported by other dedicated members of the MEC team. We had 10 national examiners who attended and examined 25 candidates from around the country over the 2 days. They were extremely complimentary to the Centre for the organisation and hosting of the new format of the examination. We have hosted the MRCP PACES at both Hull Royal Infirmary and Castle Hill Hospitals for over 30 years and have received many accolades of appreciation. The examination has evolved to ensure fairness and consistency of assessment. This latest version, after 10 years of the previous one, has led to further improvement in this process, Once again a very proud moment for the Medical Education team



Resident Doctor of the Month

May 25'



Mohamed Youssef
Trauma & Orthopaedic

Thank you to orthopaedic registrar Youssef on trying your best to get a patient the treatment she needed for her bilateral DVT ... you had seen her in outpatient orthopaedic " it took you all afternoon 8/5/2025 to finally get someone to listen " patient had to return next day to SDEC for follow up but you didn't give up you did amazing you cared gave compassion and you listened to the patient well done

Ahmed Elsafi
Oral Surgery

Dr Elsafi is a fantastic Doctor and a credit to the MaxFax team. He is kind and knowledgeable and puts the welfare of his patients first. He is dedicated to providing excellent patient care and his manner around staff and patients alike is incredibly sincere and genuine. It is an absolute pleasure to work alongside him.

Don't Forget!

Upload any submissions for Resident Doctor of the Month to Bridget as a 'Shining Lights'



Virtual Coffee with Kavitha

SuppoRTT Champion
Supported Return to training

Feeling like you need a little extra support?
Are you planning to take a break from
training or just returned to work after being
out of programme and need some advice?
Grab a cup of your favorite brew and join
Kavitha for a Virtual Coffee Chat—a warm,
welcoming space where you can connect,
share, and find encouragement.



No pressure, just good company and a chance to talk things through.
Don't miss out—let's make this coffee break count!



First Tue of every month
(Except September)



11:00am – 11:30am



Teams Link



Scan the QR Code above to join!

Meet Jonathan

Medical Educations Apprentice
Administrator



My name is Jonathan, and I'm excited to introduce myself as the new Apprentice Medical Education Administrator. In this role, I'll be supporting the organisation of Foundation Year 1 doctors and assisting across various areas within the Medical Education team.

Over the next year, I'll be learning the ropes, gaining hands-on experience within the Trust, and working towards a Level 3 Apprenticeship in Business Administration. This is my first role within the NHS, and I've already been blown away by how welcoming and supportive the team has been. Everyone has been incredibly generous with their time and guidance, making my transition smooth and enjoyable.

I come from a healthcare background, holding a Bachelor's degree in Sports and Exercise Therapy. Recently, I made the decision to shift into a non-clinical career path due to the challenges of managing a clinical role alongside my health as a Type 1 diabetic. Despite the change, my passion for healthcare and technology remains strong. I've long enjoyed building and maintaining computers as a hobby, and I'm excited about the possibility of combining these interests in the future.

So far, my experience has been both challenging and rewarding. I've particularly enjoyed learning how the Trust operates and developing new skills that will help me grow in this role. I'm looking forward to taking on more responsibilities and contributing meaningfully to the team.

Outside of work, I'm bit of a nerd with a love for sci-fi and fantasy. I'm a big fan of Warhammer 40k, enjoy video gaming on my custom-built desktop, and love spending time in nature, especially hiking and appreciating the outdoors. I'm also passionate about STEM, and I'm always eager to learn about new technologies and scientific discoveries.

Thank you for taking the time to read a bit about me. I'm always happy to chat, so please feel free to say hello if you see me around!

BEST WISHES!
Jonathan Milner

MONTHLY ROUND UP

71

Toolbox
monthly users

85
Events

23

Study leave
requests awaiting
TPD approval

651

Views on
Instagram

184

ARCP's Held

16

Virtual
Teachings

203

Views on
MEC Website

69

Study leave
requests
processed

738

Toolbox
page views

Summer Party

YORK, HULL AND SCARBOROUGH MESS' PRESENTS

SATURDAY 26TH JULY
MERCHANT TAYLORS HALL, YORK

6PM - LATE

WELCOME DRINKS
INCREDIBLE FOOD
GAMES
BAR
LIVE BAND

TRANSPORT AVAILABLE TO AND FROM SCARBOROUGH AND HULL

ABSOLUTELY EVERYONE (INCLUDING +I'S) WELCOME
DRESS CODE = DRESS TO KILL, BUT BE COMFY ENOUGH TO RESUSCITATE

TICKETS £50

ADDITIONAL DONATIONS ALSO WELCOME

THANK YOU FOR READING!



TELL US ABOUT YOUR BEST PRACTICES

If you have any areas of good practice within your department/team that you would like to share and be included in the HEE Best Practice App, please send details of what was implemented and why, any benefits or positive impacts and any details of lessons learnt to...

CHARLOTTE.PRECIOUS@NHS.NET

WANT TO FEATURE IN NEXT MONTH'S NEWSLETTER?

If you'd like to feature in next month's newsletter, please supply text, images and contact details to...

JESSICA.WHITTLES@NHS.NET