



Humber Health
Partnership

MEDICAL EDUCATION

NEWSLETTER

JANUARY 2026





PROFESSOR JACK KASTELIK

Group Director of Medical Education

It is with my great pleasure to write to you in the first edition of the MEC News in the year 2026. We have had a very busy time clinically and I would like to thank you all for hard work during the last few weeks. We also have been busy within the Medical Education Team.

We have undertaken a number of meetings with different departments prior to our Senior Leaders Engagement (SLE) meeting. We would like to thank everyone for their contribution and significant work towards improving medical education. We will update you shortly with the outcomes of the SLE meeting.

There has been a significant amount of work being undertaken in NLAG in response to the GMC survey. We would like to thank everyone involved in this work.

I would like to thank Mr Silas Gimba for his extensive work and contribution to medical education as Director of Medical Education at NLAG. Mr Silas Gimba finished in his role at the beginning of 2026. Thank you again for all your hard work.

There has been a significant amount of work undertaken towards Improving Doctors Working Lives Programme 10 point NHS plan. This is a large project where our organisation, together with representatives from the doctors in training are developing systems in order to improve doctors working and training conditions. We would like to thank everyone who has been contributing to this large project

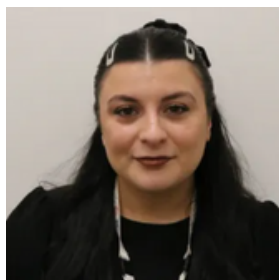
We are planning for the HEAT conference, which is due to take place in May 2026. We opened applications for the Educational Awards and would encourage everyone to consider putting forward trainees and trainers for the Yearly Educational Awards.

Finally, we appointed Dr Jo Corrado to a College Tutor post in General Internal Medicine. Congratulations.

Wishing you a Very Happy New Year 2026

Professor Jack Kastelik
Director of Medical Education

Meet The Medical Education Team!



Abby Weaver
Senior Events Administrator

My main responsibilities include coordinating clinical attachments and the Chinese Doctor Programme, organising Grand Rounds, supporting Trust inductions, and assisting with the planning of HEaT and other events within the Centre.



Cameron Clark
Audio Visual Technician

I look after the seminar rooms within the education centre. I also look after video projects for educational purposes, as well as any additional audio visual enquiries.



Carole Rogers
Medical Education Administrator

My main responsibilities are Trust Doctors study leave, departments ESR, departments finance, Trust Doctor E-portfolios As well as setting up rooms for events and ensuring that all requirements are met. Out of work I enjoy doing anything creative and love making and decoration cakes, making sourdough bread.



Charlotte Bedayse
Medical Education Administrator

I currently assist Janet Tasker, PA to the Group Medical Education Director, Professor Jack Kastelik. I provide secretarial support, organize meetings and general administrative work.



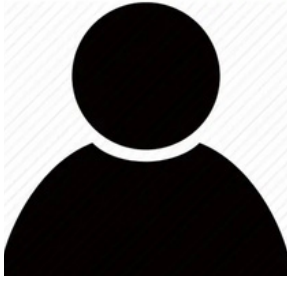
Charlotte Precious
Group Medical Education Manager

I am responsible for supporting the Director and Deputy Director of Medical Education as well as managing the Medical Education Teams based across HUTH and NLAG



Cheryl Bulman
Senior Administrator Foundation Year 2 (F2)

I deal with most things F2 related, such as queries, portfolios, ARCP's (checking and as a panel member). Arranging and allocating regional teaching days including Bridging the Gap days. Allocating GP placements for Hull. Arranging interviews and as a panel member for the Weekly Teaching Co-ordinators. Hull F2 study leave and expenses. Support to the Foundation Training Programme Directors.



Craig Ellis

Medical Education Administrator

Responsibilities include F2 resident doctors admin, Horus admin, Organising ARCP panels for DPoW F2, Organising the DPoW weekly Grand Rounds and sourcing sponsorship, Co-administration of resident doctors study leave, JRCPTB portfolio admin, Organising local trust training days for F2 doctors, including regional days. Organisation and planning of Trust Residential Doctor's Inductions. IT and media support for PGME facilities users.



Emma Rhodes

Senior Medical Education Administrator - NLAG

Oversight of Foundation Year 1 Induction & programme, Room bookings system, Study leave, Clinical Attachments & Health Toolbox and managing Educational & Clinical Supervisor allocations for Resident doctors.



Faye Williams

Senior Events Administrator

I am currently on Maternity Leave and Due to return Summer 2026. Abby Weaver is currently covering the role. Faye's main responsibilities are co-ordinating all Clinical Attachment requests, organising the Chinese Doctor Programme, Grand Rounds, supporting Resident Doctor Inductions and assisting with the annual Medical Education Awards and HEaT event.



Francine Booth

Events Administrator

My main responsibilities include processing Trust Doctor and IMG new starters, Eportfolio requests for Trust Doctors, Trust Doctor Study Leave processing as and when required, room bookings and event support for MEC rooms and the Castle Hill Lecture Theatre as and when required. Admin support for Resident Doctor Inductions and the annual Medical Education Awards / HEaT event.



Janet Tasker (she/her/hers)

PA to the Group DME, and site DDME's

My main responsibilities are around ES accreditation, diary management, servicing meetings, and general secretarial work. I also coordinate educationalist recruitment, Resident Doctor Study Leave and work with the Medical Education Manager on quality issues. I am a Speak Up Champion for the Trust. Away from work, I enjoy musical theatre, cinema and eating out and love to travel.



Jayne Baker

Medical Education Administrator

I'm Jayne and I organise and run the IMT 1, 2 & 3 plus Stage 2 Gim Regional Teaching programmes. I am involved with the organising and running of various courses and Exams including MRCOG part 2 & 3 courses for Obs & gynae and PACES exams that we run on behalf of the Royal Colleges of London and Glasgow.



Jessica Whittles

Medical Education Administrator - HUTH

My main responsibilities include managing room bookings for HRI and CHH, overseeing the HUTH Health Toolbox app, and running Medical Education's social media channels and newsletter. I also design posters for Medical Education, support Trust Doctor Weekly Teaching and the Doctors' Mess, and carry out regular fire safety checks.



Jonathan Milner

Apprentice Medical Education Administrator

Coordinates and delivers teachings by organising teaching programmes, managing logistics, and ensuring compliance with training standards. Provides day-to-day support to trainees and faculty, maintains accurate documentation to streamline processes and enhance the learner experience.



Julie Thomson

Business Programme Manager - Generalist School

Julie supports the administration of the Generalist School across NLAG and HUTH in implementing of policy, business planning, service developments and operational delivery of the school.



Kasper Weber (he/him)

Post Graduate Medical Education Administrator

My main role within PGME is supporting Foundation Year 1 (FY1) doctors based at Scunthorpe General Hospital as well as all Internal Medicine Trainees (IMTs) within NLaG. In addition to this I also manage and support the training rooms in Butterwick House, ALS attendance for all NLaG Foundation School trainees, and Study Leave reimbursements for Scunthorpe based Medicine & GP Trainees.



Kaye Turner

Business Administration Manager

My main responsibilities are Finance, E-Procurement and Event Management, which includes managing the Events Team and Room Booking system, overseeing the Resident Doctor Inductions, HEAT event and Medical Education Awards



Kaytee Hiron

Medical Education Administrator

I run and organise the Y&H Obs & Gynae Regional Teaching Programme for East, South & West trainees ST1-7. Here I organise many courses including MRCOG part 2 & 3 exam preparation courses. I also support the regional teaching teams, IMT programme, PACES Courses. I also keep the Resident doctor work schedule contracts up to date for HR. I am due to go on Maternity Leave February 2026 where my team will take over my responsibilities.



Nicola Stephens

Medical Education Co-Ordinator, Trust Wide

My main responsibilities are Pastoral Care for the Resident Doctors, SuppoRTT, LTFT, ARCP Adverse Outcomes, Finance, E-Procurement, Revalidation and Quality, I also oversee Resident Doctors Induction, FY2's and Grand Rounds



Nikki Pass

Business Administration Manager

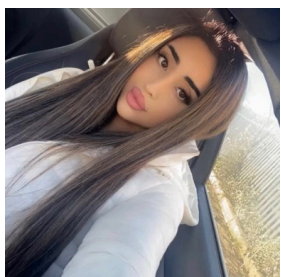
My main responsibilities are overseeing IMT Regional Training Programme across the East, South and West regions, including weekly IMT teaching and PACES examination and course administration. I also manage the Obstetrics & Gynaecology Training Programme and MRCOG course administration, alongside leading the Foundation Year 1 Training Programme for Hull and coordinating FY1 local weekly teaching. In addition, I support revalidation for Resident Doctors, administer SuppoRTT, and manage Educational and Clinical Supervisor allocations for Resident and Trust Grade Doctors.



Peter Hardisty

Medical Education Administrator DPOW Grimsby

Responsibilities include Foundation Year 1 Doctors at DPoW Grimsby, Organising the annual FY1 induction, FY1 weekly Teaching, Quality Improvement PDP Days, Monitoring FY1 e-Portfolios and organising and administering ARCP panels, Clinical Attachments, DPoW Study Leave & Expenses and DPoW Training Room Bookings



Saaniya Joshi

Postgraduate Medical Education Administrator

I am an FY2 Administrator for Scunthorpe General Hospital Trainees. I am also responsible for managing and arranging the Grand Rounds at Scunthorpe.

Induction Reminder

NLAG



The next Resident Doctors Induction for NLAG, will take place on Wednesday 4th February 2026 via TEAMS. The invite to attend will be sent out by Craig Ellis, Medical Education Administrator.

This will not only be sent to those joining the Trust on the 4th February but to all those that have joined since our last Induction took place, including those who were unable to attend.

HUTH

We would like to remind all colleagues that the February Induction will take place on Wednesday 4th February 2026 at the Medical Education Centre. This session is an essential part of welcoming our new starters to the Trust and ensuring they have the information, support, and guidance they need as they begin their roles.

Educational Supervision

We are looking for Facilitators for Educational Supervision Workshops across the Group (but especially for NLaG). Any fully accredited Educational Supervisor can facilitate a workshop and resources will be provided. Facilitators can choose a date/time to suit their commitments and workshops usually last for 3.5 hours. Certificates will be provided. Please email janet.tasker5@nhs.net if you are interested.

Current available dates for ES Workshops available to all Supervisors - please book via HEY247 or email janet.tasker5@nhs.net. Please note that the eLearning Modules must be completed before booking.

Tuesday 3 February 2026 10am - 1.30pm (in person at CHH)
Tuesday 10 March 2026 - 9am - 12.30pm (in person at MEC, HRI)
Wednesday 29 April 2026 – 8.30am - 12.00pm (in person at CHH)
Friday 3 July 2026 – 9am – 12.30pm (online via MS Teams)





DR JO CORRADO

Collage Tutor for Medicine

Dr Jo Corrado is a Consultant in Rehabilitation Medicine at Hull University Teaching Hospitals. She joined Hull in February for her first Consultant post having completed training in Rehabilitation Medicine in West Yorkshire. She is passionate about improving education and training for all doctors at Hull Teaching Hospitals and has been committed to improving medical training throughout her career. She is keen to hear from any doctors, whether that be consultants or residents regarding how they feel education can be improved in Hull. She also is a keen advocate for her specialty of Rehabilitation Medicine which she describes as "medicine's best kept secret!" If you would like to get in touch with Jo you can do so at j.corrado@nhs.net

Grand Round

HUTH

We're excited to share that Grand Round has relaunched with a refreshed format designed to be more focused and impactful. Moving forward, sessions will be held from 1:00pm to 2:00pm and will feature one dedicated speaker per week, rather than two. This streamlined approach will allow for deeper engagement, more meaningful discussion, and will help us ensure speakers can be reliably confirmed for each session.

We appreciate your ongoing support and encourage colleagues to continue attending and engaging with Grand Round as part of their ongoing professional development.

NLAG

At NLAG, Grand Rounds will continue to run the same. In recent weeks we have had some great speakers including Alex Marsh, Senior Occupational Therapist from Scunthorpe giving a talk on Functional Neurological Disorder at the Grimsby Grand Round. Alex is promoting the wider knowledge of FND across the Partnership.



Resident Doctors of the Month

December 2025

Mohammed Metawae

Acute Medicine - SpR



Northern Lincolnshire
and Goole
NHS Foundation Trust

I would like to recognise Mohammed Metawae, Specialty Registrar in Acute Medicine, for his consistently high standard of clinical practice and professionalism. Mohammed is a highly capable and dependable registrar who approaches his work with calm confidence, sound clinical judgement and a strong commitment to patient safety.

He is always approachable and supportive to the wider multidisciplinary team, readily offering advice and guidance, particularly to junior colleagues. Mohammed communicates clearly, works efficiently under pressure, and manages complex acute medical presentations with confidence and thoroughness.

Mohammed is also a strong team player who contributes positively to the working environment. His reliability, work ethic and dedication to Acute Medicine make him a valued member of the team and a credit to NLAG.



Hull University
Teaching Hospitals
NHS Trust

Samuel Stokes

Acute Medicine - CT/ST 1/2

A few weeks ago, Dr Stokes cared for my grandfather at the end of his life. He was kind, compassionate and courteous throughout and went out of his way to ensure that the process was as dignified and peaceful as possible for him and for us as a family. He fought for my grandfather to be moved to a cubicle so he could be somewhere quiet, checked on my grandfather regularly to ensure he was comfortable despite what looked to be a busy day and made more tea and coffee for us than we care to count. Then at the end, Dr Stokes explained what would happen next clearly, sensitively and ensured all the necessary paperwork was completed promptly, so we could proceed with funeral arrangements. A first class service and we could not have asked for better. He is a credit to your hospital and a thoroughly decent chap.



Hull University
Teaching Hospitals
NHS Trust

Anuki De Silva

Trauma & Orthopaedics - F2

Dr De Silva (F2) was called to review the patient from a medical point of view . The patient received the medical attention she required in a dignified and discrete manner. The “newly formed MDT” went on to work collaboratively , professionally and seamlessly together – patient care at its best . The patient was then transferred by ambulance from CHH to HRI ED for further investigations.

Despite the unexpected situation, the team continued to deliver the knee classes with minimal impact on patient experience . They approached everything as truly compassionate professionals , maintaining a calm and controlled environment throughout.

Well done team , and thank you .



DON'T FORGET

Upload any submissions for Resident Doctor of the Month to Bridget as a 'Shining Lights'



Humber Health
Partnership



DIVYA PARKASH

Assistant Psychologist



As I prepare to move on from my role, I wanted to take the opportunity to say thank you and goodbye.

Working in Medical Education at HUTH has been a rewarding experience. I have thoroughly enjoyed delivering teaching, training and supporting doctors at different stages of their career. It has been a real pleasure to have worked alongside colleagues who are committed to education, patient care, and continuous improvement. I have learnt a lot from the dedication, professionalism, and insight of those around me. I am proud of the work we have accomplished across the last 15 months.

I am particularly grateful for the collaboration and support of trainers, trainees, and colleagues across the team. It has been a real privilege to be part of work that plays a small but important role in shaping future clinicians and strengthening the culture of learning within the NHS.

Although it is never easy to leave such a committed and supportive community, I do so with great appreciation for the opportunities I've had and pride in what we've achieved together. I wish you all continued success in your roles and in the important work you do every day.

Thank you again, and I hope our paths cross again in the future.



KAYTEE HIRONS

Medical Education Administrator



We would like to say goodbye and good luck to Kaytee who has commenced her maternity leave last week. We are looking forward to meeting Baby Ottie when she arrives! Good luck Kaytee!

We are currently in the process of recruiting a part time administrator to cover Kaytee's maternity leave.

Vacancy - Site Directors of Medical Education

Shape the Future of Medical & Dental Training!

We're looking for two dynamic and driven leaders to oversee the delivery of Postgraduate Medical and Dental Education across the Group. One Site Director will be based at NLAG and one at HUTH. Both will report to the Group Director of Medical Education. In this pivotal role, applicants will work alongside top-tier professionals from Hull York Medical School, NHSE, and the Group Leadership Team to ensure we provide outstanding education to future doctors and dentists.

Key Responsibilities:

- **Educational Leadership:** Ensure the highest standards of medical education in line with GMC guidelines, overseeing the training of Foundation and Specialty trainees.
- **Training & Development:** Monitor, evaluate, and enhance educational delivery, including curriculum implementation and trainee support.
- **Leadership & Governance:** Manage budgets, ensure quality assurance, and lead educational committees.
- **Trainee Support:** Provide guidance on career development, wellbeing, and support for trainees in challenging situations.

What We Need:

- Proven experience in postgraduate medical or dental education
- Strong leadership skills with the ability to collaborate across teams
- Ability to drive quality improvement and innovation in educational practices
- Commitment to the professional development and wellbeing of trainees

Why Apply?

- Shape the future of medical education at a leading institution
- Play a key role in maintaining and enhancing the quality of training for medical professionals
- Work in a collaborative environment with expert teams


Duration: 3-year tenure, with potential for extension.

Remuneration: 3 PAs per week

Ready to make an impact? Apply now to join our innovative team and lead the next generation of healthcare professionals!

Send your CV and covering letter to: Andrew.gratrix@nhs.net

Closing date for expressions of interest: Close of play Wednesday 4th February

A stylized graphic of a firework exploding upwards, with many thin lines radiating from a central point, set against a dark blue background with golden bokeh lights.

Medical Education Awards 2026

Nominations open!

Educational/Clinical Supervisor of the Year

Resident Doctor of the Year

Locally Employed Doctor of the Year

Advanced Clinical Practitioner of the Year

Medical Associate of the Year

Contribution to Education Award

Friendship Award



Scan the QR code or visit hmec.uk/heat to nominate!

Nominations open 5th November 2025 and close 13th February 2026.
Finalists and Winners will be announced at our annual HEaT
Conference on Friday 8th May 2026

HEAT

Humber Education and Training Event

'Empowering doctors, dentists, advanced practitioners, and medical associate professionals to reach their highest potential'

Keynote
SPEAKERS

Poster Abstract
PRESENTATIONS

Medical Education
AWARDS

CPD points
APPLIED



Friday 8th May 2026
Medical Education Centre, HRI
Scan the QR code, or visit hmec.uk/heat
to book your place.



Abstract **SUBMISSIONS**

Submit your abstract poster for consideration at this year's HEaT Conference.

Share your innovations on clinical best practice and clinical education.

We will provide one A1 print of your poster, which you can present on the day.

Further Details

Email

hyp-tr.mec.events@nhs.net

Format

A1, Portrait

Closing date

Tuesday 25th February

'Empowering doctors, dentists, advanced practitioners, and medical associate professionals to reach their highest potential'



Friday 8th May 2026

Medical Education Centre, HRI

Scan the QR code, or visit hmec.uk/heat to book your place.



Accessing the Health Toolbox app is an essential part of your doctor training, the toolbox app has everything you need to know all in one place, from previous induction videos, to study leave guides and wellbeing support all essential details are in once place.

How to access:

1 Download Health Toolbox or open it in the browser on your PC or Phone.

2 You can then create an account



3 Create a new account

Select your location in the list or search below.

Search bar containing 'HUTH'. Below it, a dropdown menu shows 'Hull University Teaching Hospitals' with the label 'HUTH'. A link says 'If you already have an account please first [sign in here](#).'

Create a new account

You will need to search HUTH or NLG depending on which hospital you would like to access.

4 You will then need to fill out the below with details about you and your job, this will then create you an account and you will have full access to the Health Toolbox Site.

Select your location in the list or search below.

Search bar containing 'NLG'. Below it, a dropdown menu shows 'Northern Lincolnshire and Goole' with the label 'NLG'.

[Main/Help centre/](#)

Create account: Hull University Teaching Hospitals



Creating a new account for:

Hull University Teaching Hospitals ([change](#))

- If you already have an account at Health Toolbox please [sign in](#).

Work Email (NHS, doctors.org.uk or .ac.uk):

Email address

Ensure it is correct as we need to send the login details.

Name:

First and Last Name

Existing user email:
E-mail

Password:
Password

[Forgot your password?](#)

[Please read: Privacy policy and Terms of use](#)

[Accept terms & sign in](#) [Find your hospital or create an account](#)

Already have an account?

If you already have an account don't worry you can sign in if you remember your details or you can click 'forgot your password?' and you can then follow the relevant steps to recover your account

If you have any further questions about the Toolbox app please contact jessica.whittles@nhs.net

Thank you for reading!

TELL US ABOUT YOUR BEST PRACTICES

If you have any areas of good practice within your department/team that you would like to share and be included in the HEE Best Practice App, please send details of what was implemented and why, any benefits or positive impacts and any details of lessons learnt to...

charlotte.precious@nhs.net

WANT TO FEATURE IN NEXT MONTH'S NEWSLETTER?

If you'd like to feature in next month's newsletter, please supply text, images and contact details to...

jessica.whittles@nhs.net