

aerocoach

AeroCoach extension clamps – tilt blocks already owned and installed

1. Undo the bolts that currently connect the tilt blocks to the base bar or stackers.
 2. Undo the bolts that currently connect the extension clamps to the top of the tilt blocks.
 3. Place the AeroCoach extension clamps on top of the tilt blocks, and secure using the provided M6 12mm button head bolts (bolt heads inside the top of the tilt block) – recommended torque is 5-6Nm.
 4. Replace the tilt blocks back onto the base bar or stackers, using the original bolts from step 1, secured according to the instructions provided with the tilt block adapters.
 5. Insert 22.2mm diameter extension poles into the extension clamps.
 6. Place AeroCoach Align Wing carbon arm rests onto the extension clamps, and secure the arm rests onto the extension clamp using the M5 14mm button head bolts, with washers provided, to secure both the arm rests in position and the extension clamp around the extension poles (recommended torque 4-6Nm).
 7. If AeroCoach angled spacers or other spacers (e.g. AeroCoach micro adjust spacers) are used between the bottom of the arm rests and top of the extension clamps, please note that longer bolts (not provided) will be required – please ensure that the M5 bolts used are long enough to engage with all threads in the extension clamp.
- Please note that using non-AeroCoach parts between the extension clamps and arm rests is not advised, and any issues caused by this will not be covered by warranty.

Please check your equipment before each ride – if you see any damage then you should not use the bicycle until it has been inspected

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AeroCoach extension clamps with tilt blocks

1. Undo the bolts that currently connect the extension clamps to the base bar or stackers
 2. Align the AeroCoach extension clamps on top of the tilt blocks, using the provided M6 12mm button head bolts (bolt heads inside the top of the tilt blocks) - recommended torque is 5-6Nm
 3. Follow the separate instructions provided for installation of the tilt block on top of the base bar or stackers, ensuring that you have followed step 2 above to attach the AeroCoach extension clamps to the tilt blocks
 4. Once the tilt blocks are secured to your base bar or stackers according to the separate tilt block adapter instructions, insert 22.2mm diameter extension poles into the extension clamps.
 5. Place AeroCoach Align Wing carbon arm rests onto the extension clamps, and secure the arm rests onto the extension clamp using the M5 14mm button head bolts, with washers provided, to secure both the arm rests in position and the extension clamp around the extension poles (recommended torque 4-6Nm).
 6. If angled spacers or other spacers are used between the bottom of the arm rests and top of the extension clamps, please note that longer bolts (not provided) will be required - please ensure that the M5 bolts used are long enough to engage with all the threads in the extension clamp.
- Please note that using non-AeroCoach parts between the extension clamps and arm rests is not advised, and any issues caused by this will not be covered by warranty.

Please check your equipment before each ride - if you see any damage then you should not use the bicycle until it has been inspected