

2026 DCST BIG DOG SPLASH

HOSTED BY DEKALB COUNTY SWIM TEAM (DCST) /
KISHWAUKEE YMCA

Document last updated on: 2/26/2026

01

Meet Information

Sanction #	ILL0727-26	Location	Kishwaukee Family YMCA	2500 Bethany Rd, Sycamore IL 60178
Date:	July 10-12, 2026	Entry Chairperson:	Kayleigh Kozlowski	kkozlowski@kishymca.org ; 815-375-5385
Entry Acceptance:	Monday June 8th	Meet Director	Kayleigh Kozlowski	kkozlowski@kishymca.org ; 815-375-5385
Entry Deadline:	Monday July 6th NOON	Meet Referee	Paula Hastings	
Hosted By:	DeKalb County Swim Team	Safety Director	Michelle McGill	mmcgill@kishymca.org
Website:	www.DCST.org	AO	Stephanie Walters	stephaniemariawal18@g mail.com



Facility Information

Location: Kishwaukee Family YMCA (2500 Bethany Rd, Sycamore IL 60178)

Facility

The Kishwaukee YMCA has an 8 lane 25 yard competition pool with starting blocks in 7 feet of water at both ends. There will be some 25-yard lanes available in an additional pool for warm-up and warm-down during the meet. The facility uses non-turbulent lane lines with a fully automatic Colorado timing system. The meet will be run using Hy-Tek's Meet Manager. The seating capacity is for 700 spectators.

Conduct

All coaches are responsible for the conduct of their swimmers and will see that their club has proper supervision at all times. Meet Marshals have the authority to remove any swimmer and/or spectator from the meet for any violation such as improper behavior, damage to property, etc. No smoking on the premises. Please encourage your parents and swimmers to clean up after themselves. Use of audio or visual recording devices, including cell phones, is not permitted in the changing areas, restrooms, or locker rooms. Changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited. Deck changes are prohibited. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

Image Authorization

All participants agree to be filmed and photographed by the official photographer(s) and network(s) of Illinois Swimming and the meet host under the conditions authored by Illinois and USA Swimming, and allow event organizers the right to use names, pictures, likenesses, and biographical information before, during or after the period of participation in this Illinois Swimming competition to promote such competitions.

Eligibility

All entered swimmers must be current (2026) athlete members of USA Swimming. All coaches and officials must be non-athlete members under current USA Swimming rules and policies. A swimmers' age as of July 10th, 2026, will determine their age for the entirety of the meet.

There will be a positive check-in for each session. The deadline to turn in scratches will be 40 minutes before the beginning of each session. Scratch sheets will be in the coaches' packet. Swimmers not checked in by the deadline will not be seeded to swim (and will not be permitted to swim). Swimmers without representation of a coach must check in with the Meet Director. After all entries are received, warmup assignments, timing assignments, timelines, and psych sheets will be distributed to teams.

Timeline (subject to change)

Friday Session 1

Warmups: 4:00-4:55PM

Meet Start: 5:00PM

Saturday Session 2

Warmups: 8:00AM

Meet Start: 10:00AM

Sunday Session 3

Warmups: 8:00AM

Meet Start: 10:00AM

Officials/ Timers Meetings: 20 minutes prior to meet start

Coaches Meeting (Saturday AM ONLY): 7:15AM

Warmups

Teams will be assigned lanes and times for warm-ups. (Final schedule to be determined after all entries are received). Swimmer(s) without a coach present are to report to the Meet Director prior to warm-ups for lane assignment.

Timing

Each team will be required to supply timers. Timing assignments will be made after the entries are received. Teams will be contacted via email with their timing assignments.

Format

This meet is a Sanctioned meet, SWIMMERS WHO ARE IN ATTENDANCE MUST BE USA SWIMMING MEMBERS. All current USA Swimming and ISI Rules and Regulations will apply.

ISI and USA Swimming safety rules will be strictly enforced. Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. USA Swimming technical rules will be followed. Swimmers without representation will need to check in with the Meet Director.

We will be using fly-over starts. Please instruct swimmers to remain in the water at the completion of events, excluding backstroke events.

Bullpen will be available for 8&Under swimmers only.

USA Swimming, Inc. Membership

Insurance regulations require that all swimmers, judges, starters, and referees be a current member of USA Swimming. It is each club's responsibility to register their swimmers, coaches, and officials. Swimmers, coaches and officials who are not current members of USA Swimming may not participate in the meet or be on deck.

All coaches must be currently registered with USA Swimming and must show proof of current coach membership upon signing in at the start of each session.

Disabilities

In accordance with USA Swimming Rules; Articles 105 and 202.1.13, the Meet Referee has the authority to accommodate swimmers with disabilities. It is the responsibility of the coaches or swimmers to contact the Meet Referee, prior to competition, with specific requests.

Entries, Forms & Fees

The individual event entry fee is \$4.00 per individual event. Relay fee is \$16.00 per relay. These are the required fees: Illinois Swimming surcharge of \$2.00 per athlete, and a facility surcharge of \$5.00 per swimmer. Payment must be submitted by check by the first day of the meet - if not possible, a date needs to be given to the Meet Director. A signed Summary Fee / Release Form provided in this packet and a payment in full are required to enter this meet. Entry fees and release forms can be sent by email to kkozlowski@kishymca.org. Please make checks payable to "DeKalb County Swim Team". If mailing, please use the address below:

DeKalb County Swim Team

% Kayleigh Kozlowski

2500 Bethany Rd

Sycamore, IL 60178

Entry Deadline

Entries open on Monday, June 8th. Entries will close at NOON on Monday, July 6th. Entries must be sent via email to kkozlowski@kishymca.org in Hy-Tek format.

Entry Limits

Swimmers may enter a maximum of (4) events per day and 4 relay events total. Deck entries are not permitted.

500 & 1650 Freestyle

Swimmers the 1000 and 1650 Freestyle events must supply their own timers and counters. 500 Freestyle swimmers will just need a counter.

Scoring & Awards

Duckies will be given to all attending athletes and HOT HEAT prizes will be given out.

Chuck - A - Duck

This year we will be doing a Chuck- a Duck event to raise funds for our teams' technology needs. Ducks will be available at the concession stand. Please write your name on the duck w/ a sharpie. Following the conclusion of the Sunday Session participants can "chuck" their ducks into the pool, aiming for our target. The duck closest to the center wins a prize! (Multiple throws may be required if there are ties - only one duck will come out on top!)

Seeding

All events will be timed finals from slowest to fastest. Short course yard times should be submitted for entry purposes. The 1650 Freestyle will be swum fastest to slowest, alternating between girls' and boys' heats.

Deck Access and Spectators

Only athletes, coaches, volunteer meet support, timers and working meet officials will be allowed on the pool deck. There is deck seating available to watch your swimmer compete, and teams will have space to camp out in the commons area and the athletic hallway. Please be respectful of this space and pick up any trash accrued in your space at the end of the meet.

Heat Sheets/Programs

Heat Sheets will be available on Meet Mobile during the meet for reference. Times are not final until the meet has concluded.

Locker Rooms

Athletes may use the designated athlete locker rooms and restrooms only. All spectators and non-athlete adults may use the non-athlete designated restrooms. Coaches, officials, and volunteers on deck MUST use the non-athlete designated bathrooms.

Concessions & Merchandise

Concessions will be available in the track area. A limited number of event shirts (and other apparel/ equipment) will be sold on site as long as supplies are available.

Entrance & Parking

All parents should drop swimmers off at Door B (towards the back of the building). Do not park in adjacent lots to the YMCA. Individuals parking in lots not designated for the swim meet will be towed.

Meet Results will be emailed to each team at the conclusion of the meet.

Session 1 – Friday PM:

1000 and 1650 freestyle may be swum together

101	Mixed Open 1000 Freestyle	
	Mixed Open 1650 Freestyle	102
103	Mixed Open 50 Breaststroke	
	Mixed 14 & Under 500 Freestyle	104
105	Mixed Open 200 Breaststroke	

Session 2 – Saturday:

201	21 & Under 400 Freestyle Relay	202
203	Mixed 10 & Under 200 Freestyle Relay	
	Mixed 12 & Under 200 Freestyle Relay	204
205	Open 400 IM	206
207	8 & Under 25 Backstroke	208
209	Open 50 Backstroke	210
211	Open 200 Freestyle	212
213	8 & Under 25 Breaststroke	214
215	Open 100 Breaststroke	216
217	Open 50 Freestyle	218
219	Open 200 Backstroke	220
221	Open 100 Butterfly	222
223	10 & Under 200 Medley Relay	224
225	12 & Under 200 Medley Relay	226

227	14 & Under 200 Medley Relay	228
229	21 & Under 200 Medley Relay	230
231	Mixed 21 & Under 200 Medley Relay	
Session 3 - Sunday:		
301	21 & Under 400 Medley Relay	302
303	Mixed 10 & Under 200 Medley Relay	
	Mixed 12 & Under 200 Medley Relay	304
305	8 & Under 25 Butterfly	306
307	Open 50 Butterfly	308
309	Open 200 IM	310
311	8 & Under 25 Freestyle	312
313	Open 100 Freestyle	314
315	Open 200 Butterfly	316
317	Open 100 Backstroke	318
319	Open 100 IM	320
321	21 & Under 500 Freestyle	322
323	10 & Under 200 Freestyle Relay	324
325	12 & Under 200 Freestyle Relay	326
327	14 & Under 200 Freestyle Relay	328
329	21 & Under 200 Freestyle Relay	330
331	Mixed 21 & Under 200 Freestyle Relay	

The USA Swimming Safe Sport program is USA Swimming's comprehensive abuse prevention program dedicated to creating a healthy and positive environment free from abuse for all its members. Components of the program include, but are not limited to, providing education and training, enforcing policies (such as the Minor Athlete Abuse Prevention Policy), rules and best practice guidelines, promoting healthy boundaries and mandatory reporting of violations.

- The Minor Athlete Abuse Prevention Policy (www.usaswimming.org/maapp) prohibits Adult Participants (as defined) from having one-on-one interactions with minor athletes which are not within an observable and interruptible distance from another adult participant. Adult Participants are required to abide by this policy in full during this meet.
- Pursuant to USA Swimming Rules and Regulations and federal law, it is every member's responsibility to immediately (i.e., within 24 hours) report any incident of child abuse, including physical or sexual abuse, to law enforcement and the U.S. Center for SafeSport. Reporting must occur when an individual has firsthand knowledge of misconduct or where specific and credible information has been received from a victim or knowledgeable third party. A report to the U.S. Center for SafeSport may be made via telephone at 833-5US-SAFE (833-587-7233) or online at www.uscenterforsafesport.org/report-a-concern. Various state laws may also require reporting to law enforcement or to a designated child protection agency.
- For information on how to report other alleged violations, including without limitation, the USA Swimming Code of Conduct and the Minor Athlete Abuse Prevention Policy, please visit www.usaswimming.org/report.
- All athletes age 18, or who turn 18 during the meet, must complete Athlete Protection Training in order to be a USA Swimming registered member in good standing by the first day of the meet. A member not in good standing will be prohibited from participating in the competition until such time as all membership requirements are completed. Times achieved by an athlete who turns age 18 on or during the meet, who competes in this USA Swimming sanctioned event without completing this membership requirement, will NOT count for qualification or recognition. This includes participation as a member of a relay.

Current USA Swimming and ISI rules, including safety and Minor Athlete Abuse Prevention Policy (MAAPP) will govern this meet. In granting this sanction, it is understood and agreed that USA Swimming shall be free of any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (MAAPP), and that they understand that compliance with MAAPP policy is a condition of participation in the conduct of this competition. A registered athlete member at a sanctioned/approved meet who is over 18 years of age or older, who had not completed the Athlete Protection Training (APT) by the date of the swim, will not be able to upload into SWIMS. These athletes will also be considered "not in good standing" and can be subject to fines under Illinois Swimming Policy 11.2.1. Underwater photography of any kind is prohibited at all times during this meet. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. Further, those participants not proficient with a backstroke ledge must start each race from within the water, and without use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. Operation of a drone, or any other flying apparatus, is prohibited over the venue anytime athletes, coaches, officials and/or spectators are present. Deck changing is prohibited. Training equipment or devices are not permitted during warm-up periods at this meet.



Waiver and Entry Summary Form

DeKalb County Swim Team / Kishwaukee Family YMCA

2026 DCST Big Dog Splash

July 10th-12th, 2026

Sanction #: TBD

In consideration of the acceptance of this entry, I, intending to be legally bound, hereby consign, waive, and release any and all rights and claims for damages which may occur against Kishwaukee Family YMCA (DeKalb County Swim Team); Kishwaukee Family YMCA; Illinois Swimming; USA Swimming or their representatives, employees, or successors, for any or all injuries suffered by me or any contestant or representative in said meet as a representative of my club.

I/we also understand that our club will be responsible financially for any damage done to the facility by our athletes at the meet. This completed and signed summary of fees and release form, entry forms and check must be received no later than the last day of the meet (July 12th, 2026), unless a change is previously agreed upon with the Entry Chairperson.

Club Name:

Club Code / USA Swimming, Inc. Affiliation:

Entry Chair Name:

Entry Chair Phone & Email:

Head Coach Name:

Head Coach Phone & Email:

Coaches Attending:

Signature of Team Representative:

Title:

Entry Fee Summary

Total Individual Events: _____ x \$4.00 = \$_____

Total Relay's: _____ x \$16.00 = \$_____

Total Athletes in Meet: _____ x \$7.00 = \$_____

(\$2 ISI fee/\$5 Facility Fee)

TOTAL DUE = \$_____