



SEPTEMBER 2025 • ISSUE 24



TEAM MESSAGE FROM COACH JOHN

Dear Quest Swimming Parents and Swimmers,

Welcome back for another memorable and fun swim season! The coaches are excited to welcome back returning swimmers and their families as well as new swimmers and families to the team for the 2025 - 2026 season(s).

We will begin the season with three events that all families should have marked in their calendars.

• Welcome Back Party:

When: September 13th From 12:00pm - 3:00PM

Where: Harpers Mill Clubhouse

8600 Pullman Lane, Chesterfield 23832

What: This is a great opportunity for swim team members and families to interact & meet teammates as well as other Quest families. The Party will include plenty of outdoor activities to include DJ, food trucks, games, social events and adult beverages.

• Quest Swimming Intrasquad Meet:

When: September 19th-September 20th

Session #1 - Friday, September 19th PM - Novice Green, Novice Orange & all 10 & Under Homeschool Athletes.

Session #2 - Saturday, September 20th AM - All Quest Senior Athletes.

Session #3 - Saturday, September 20th Mid-Morning - Age Group, Novice Blue & all 11 & Up Homeschool Athletes.

Where: Deer Run

What: This is a good opportunity to establish racing in a FUN setting with teammates in a relatively quick time.

• Kings Dominion Day:

When: September 20th - after the Quest Intrasquad Meet

Where: Kings Dominion

What: A fun day at Kings Dominion! Swimmers & Families are encouraged to wear Quest t-shirts to spot other Quest swimmers and families to connect & explore the park together. Please see the email from 8/27 to RSVP.

The Quest Coaching Staff is looking forward to seeing you at these events! Be on the lookout for more information to start the season!

All the best, John

IMPORTANT DATES

September 2

2025-2026 Season
STARTS!

Click [HERE](#) for the
Practice Schedule.

September 13

Welcome Back Party!
All Quest Swimmers &
Families
Harpers Mill Clubhouse

September 19-20

Quest Kick-Off
Intrasquad Meet
All Athletes
Deer Run

September 27-28

Hanover Happy Meet
All Athletes
*Jeff Rouse Swim & Sport
Stafford, VA*

Week of September 29th

First week of dryland for
all Age Group, Novice &
Homeschool athletes.

Excellence in Swimming. Excellence in Life.

UPDATED EVENT & MEET SCHEDULE

Click [HERE](#) for an updated Event & Meet Schedule.

*This is an updated schedule, effective 8/26/2025.
The schedule is also available on our website
under Swim Team & the Resources tab.*



MIDLOTHIAN SWIM SHOP

QUESTSWIMMING BACK-TO-POOL '25

SEPTEMBER 2nd - 4th 2PM-7PM
September 6th 9am-12pm

The 2025-2026 season is here and we're ready to kick it off in style. Stop by for team & tech suit sizing, equipment sizing, awesome sales, get some answers to those questions you may have and a chance to catch up. Can't wait to see everyone!"

WELCOME BACK!

- ✓ Team Suit & Equipment Sizing
- ✓ Tech Suit Sizing
- ✓ NEW Practice Suit Prints
- ✓ 30% off Practice Suits
- ✓ 30% off Select Quest Spirit Wear
- ✓ 50% off Clearance

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- ✉ amydean@midlothianswimshop.com



Exclusions apply. Sale dates are September 2-September 6th

TEXT MESSAGE Alerts for Important Group/Team Announcements

Quest Swimming will utilize the text message feature through Captyn to communicate important announcements, reminders, schedule changes and other pertinent information for each Quest training group.

Email will be the primary means of communication, but we will use the text message alerts through Captyn for shorter, time sensitive messages and reminders. Therefore, all parents should sign up to receive text alerts as well as any athletes ages 13 Yrs Old & Older with parent approval.

Quest will no longer be using the Remind app as in previous years.

Click [HERE](#) for instructions.

Follow Quest on Social Media!!



Quest Swimming

Parents & Alumni of
Quest Swimming*

*This page is a Parent Page - ask questions, sell or giveaway used equipment & apparel



QuestSwimmingVA

Teaching The Art of Swimming & Perfecting The Game of Racing