



Practice Group	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Practice Location	Recommended Practice Attendance
Novice Green		7:15-8:00am 6:00-6:45pm <i>Dryland 5:35-5:55pm</i>		7:15-8:00am 6:00-6:45pm <i>Dryland 5:35-5:55pm</i>	6:00-6:45pm	11:30-12:15pm	Deer Run	2-3 Practices per week
Novice Orange	6:00-7:00pm <i>Dryland 5:35-5:55pm</i>	7:00-8:00am	6:00-7:00pm <i>Dryland 5:35-5:55pm</i>	7:00-8:00am	6:00-7:00pm	11:30-12:30pm	Deer Run	3 Practices per week
Novice Blue	7:00-8:15pm	6:45-8:00pm <i>Dryland 6:05-6:35pm</i>	7:00-8:15pm	6:45-8:00pm <i>Dryland 6:05-6:35pm</i>	7:00-8:15pm	10:00-11:30am <i>Dryland 9:20-9:50am</i>	Deer Run	4 Practices per week
Age Group	4:30-6:00pm <i>Dryland 6:10-6:50pm</i>	4:30-6:00pm	4:30-6:00pm <i>Dryland 6:10-6:50pm</i>	4:30-6:00pm	4:30-6:00pm	9:00-10:45am <i>Dryland 8:10-8:50am</i>	Deer Run	5 Practices per week + Dryland
Senior Sprint	5:30-7:00am <i>Dryland 5:00-5:40pm</i>	5:00-7:00am -OR- 4:00-6:00pm	5:30-7:00am <i>Dryland 5:00-5:40pm</i>	5:00-7:00am -OR- 4:00-6:00pm	5:30-7:00am <i>Dryland 5:00-5:40pm</i>	7:00-9:00am OPTIONAL @Deer Run	Mon-Fri @ Evergreen Sat @ Deer Run	5 Practices per week + 3 Drylands
Senior Orange	5:45-7:45pm <i>Dryland 5:00-5:40pm</i>	5:00-7:00am -OR- 4:00-6:00pm	5:45-7:45pm <i>Dryland 5:00-5:40pm</i>	5:00-7:00am -OR- 4:00-6:00pm	5:45-7:45pm <i>Dryland 5:00-5:40pm</i>	7:00-9:00am @Deer Run	Mon-Fri @ Evergreen Sat @ Deer Run	6 Practices per week + 3 Drylands
Senior Blue	5:30-7:00am 3:45-5:45pm <i>Dryland 6:00-6:40pm</i>	4:45-7:00am @Deer Run	5:30-7:00am 3:45-5:45pm <i>Dryland 6:00-6:40pm</i>	4:45-7:00am @Deer Run	5:30-7:00am 3:45-5:45pm <i>Dryland 6:00-6:40pm</i>	7:00-9:30am	Evergreen Tues & Thurs AM @ Deer Run	Coaches Plan
Homeschool Green	2:30-3:30pm	2:30-3:30pm <i>Dryland - TBD</i>	2:30-3:30pm	2:30-3:30pm <i>Dryland - TBD</i>	2:30-3:30pm		Deer Run	
Homeschool Orange	2:30-3:45pm	2:30-3:45pm <i>Dryland - TBD</i>	2:30-3:45pm	2:30-3:45pm <i>Dryland - TBD</i>	2:30-3:45pm		Deer Run	
							*UPDATED 7/14/2026	