



2026 Summer Schedule

Summer Schedule Starts Monday, June 1st

Practice Group	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Practice Location	Practice Attendance
Novice Green	6:00-6:45pm		6:00-6:45pm	6:00-6:45pm	6:00-6:45pm		Deer Run	2-3 Practices per week
Novice Orange	6:00-7:00pm		6:00-7:00pm	6:00-7:00pm	6:00-7:00pm		Deer Run	3 Practices per week
Novice Blue	6:45-8:00pm		6:45-8:00pm	6:45-8:00pm	6:45-8:00pm	10:00-11:30am	Deer Run	4 Practices per week
Age Group	4:30-6:00pm Dryland 6:10-6:50pm	8:00-9:30am	4:30-6:00pm Dryland 6:10-6:50pm	4:30-6:00pm	4:30-6:00pm	10:00-11:45am Dryland 9:00-9:45am	Deer Run	5 Practices per week
Senior Sprint	5:30-7:30 am	5:30-7:30am Dryland 7:45-8:30am @Evergreen	6:00-8:00am *Primary Practice* 2:45-4:00pm @Evergreen	5:30-7:30am Dryland 7:45-8:30am @Evergreen	5:30-7:30 am	8:00-10:00am Dryland 10:15-11:00am	Deer Run Tues AM + Thurs AM + Wednesday PM @ Evergreen	5-6 Practices per week
Senior Orange	5:30-7:30 am	5:30-7:30am Dryland 7:45-8:30am @Evergreen	6:00-8:00am *Primary Practice* 2:45-4:00pm @Evergreen	5:30-7:30am Dryland 7:45-8:30am @Evergreen	5:30-7:30 am	8:00-10:00am Dryland 10:15-11:00am	Deer Run Tues AM + Thurs AM + Wednesday PM @ Evergreen	6 Practices per week
Senior Blue	5:30-8:00am Dryland 8:15-9:00am 2:45-4:00pm	5:30-8:00 am @Deer Run	6:00-8:00am Dryland 8:15-9:00am 2:45-4:00pm	5:30-8:00 am @Deer Run	5:30-8:00am Dryland 8:15-9:00am 2:45-4:00pm	7:00-9:30am	Evergreen Tues AM + Thurs AM @Deer Run	Coaches Decision

NOTE - The Wednesday morning practice is the primary practice for Senior Orange and Senior Sprint. The Wednesday afternoon practice is only available for Senior Orange and Senior Sprint wishing to double.

Updated 5/29/2026