



## 2025-2026 Quest Short Course Event Schedule

\*All dates and Meets are Subject to Change.\*

*Updated 1/12/2026*

Dates	Meet Host	Meet Location	Eligibility
<b>AUGUST</b>			
August 25	<b>First Day of Practice for SENIOR BLUE for the 2025-2026 Season!</b>		
<b>SEPTEMBER</b>			
September 2	<b>First Day of Practice for Senior Orange, Senior Sprint, Age Group, ALL Novice and Homeschool Groups for the 2025-2026 Season!</b> <b>**DRYLAND for ALL Senior Groups begin this week.**</b>		
September 13	Welcome Back Party	Harpers Mill Clubhouse	All Swimmers & Families
September 19-20	Quest Intrasquad	Deer Run	ALL Swimmers
September 20	Kings Dominion FUN Day	Kings Dominion	ALL Swimmers & Families
September 27-28	Hanover Happy	Jeff Rouse Swim & Sport Center (JRSSC) Stafford	ALL Swimmers
Week of September 29th	<b>Novice, Age Group and Homeschool Swimmers start DRYLAND this week.</b> <b>See Practice Schedule for days &amp; times for each group.</b>		
<b>OCTOBER</b>			
October 11-12	WAC	CSAC	All Swimmers
October 24-26	NOVA	NOVA-Regency	All Swimmers
<b>NOVEMBER</b>			
November 7-9	Commonwealth Cup	CSAC	13 & Overs with Qualifying Times Prelims/Finals
November 15-16	WAC	CSAC	All Swimmers
<b>DECEMBER</b>			
December 4-7	RAYS	Jeff Rouse Swim & Sport Center (JRSSC) Stafford	ALL Ages - BB+ Swimmers <i>*Only able to compete in events in which BB+ time achieved.</i>
December 5-7	NOVA	NOVA	ALL Ages - B/C Swimmers
December 11-14	USA Swimming Speedo Winter Junior Nationals	Indiana University	Athletes with Qualifying Times

<b>December 20-26</b>	<b>CHRISTMAS BREAK - NO Practices!</b>		
<b>JANUARY</b>			
January 10	Quest Intrasquad	Deer Run	ALL Swimmers
January 17-19	NOVA LC Invitational	NOVA	13 & Overs with Meet Qualifying Times Prelims/Finals
January 24-25	WAC	CSAC	All Swimmers
<b>FEBRUARY</b>			
February 13-15	12 & Under Old Districts Championships	NOVA	All 12 & Under Swimmers Prelims & Finals for 9-12 Yr Olds <b>Team Scored</b>
February 27-March 1	13 & Over Regional Championships	NOVA	All 13 & Overs <b>Team Scored</b>
<b>MARCH</b>			
March 5-8	VA Swimming Senior Championships	CSAC	15 & Overs with VSI Senior Championships Qualifying Times
March 12-15	VA Swimming Age Group Championships	CSAC	All 14 & Unders with VSI Age Group Championships Qualifying Times
March 21	Quest Intrasquad	Deer Run	ALL Swimmers
March 24-28	ISCA Senior Cup	St. Petersburg, FL	15 & Over Qualifiers w/ 80% Practice Attendance
<b>APRIL</b>			
<b>March 28-April 5</b>	<b>SPRING BREAK - NO Practices!!</b>		
April 1-4	ISCA Elite Showcase Classic	St. Petersburg, FL	14 & Under Qualifiers w/80% Practice Attendance