

2025-2026 Quest Swimming Practice Equipment List



Quest Swimming is an Arena-sponsored team. As such, Arena is our official apparel partner, and it is important that all training equipment and team uniforms are Arena brand whenever possible.

All Arena gear should be purchased through our official team vendor to receive your team discount: Midlothian Swim Shop, either in-store or online at www.midlothianswimshop.com.

Your support of this partnership helps maintain our sponsorship and ensures consistency across our team.

Email amydean@midlothianswimshop.com with any questions.

Thank you for your cooperation.

Novice Green, Orange & Blue and Homeschool:

- Quest Cap
- Arena Junior Fins or Arena Training Fins (ages 10 and Under)
- Arena PowerFin Pro II Training Fins (ages 11+)
- Finis Ankle Buoy
- Arena or Quest Mesh Bag
- Jump Rope & Yoga Mat

Age Group:

- Quest Cap
- Arena PowerFin Pro II Training Fins
- Finis Ankle Buoy
- Strokemaker Paddles Size 1 or 2 (coach will determine size)
- Arena or Quest Mesh Bag
- Jump Rope & Yoga Mat

Senior Orange & Blue:

- Quest Cap
- Arena Powerfin Pro II Training Fins
- Finis Ankle Buoy
- Senior Orange: Strokemaker Paddle Size 2 or 3 (coach will determine size)
- Senior Blue: Strokemaker Paddle Size 3 (Girls) & Size 4 (Boys)
- Arena Pro III Snorkel
- Arena Kickboard
- Finis Tempo Trainer Pro
- OneSwim Power Bag Set (socks) PB25
- A3 Performance Team Power Chute
- Arena or Quest Mesh Bag
- Jump Rope & Yoga Mat





All athletes are asked to provide their own water bottle, yoga mat, and jump rope for practice each day