

Face Mask Exemption Guide

“I AM EXEMPT”

It's illegal to ask for proof of exemption.

If pushed for proof, remind the person(s) that **Section 6** and **Section 21** of the Equality Act 2010 states you cannot discriminate and cannot be asked for proof.

It is a hidden disability for a reason, you should never be asked to provide any medical records.

Listed Exemptions (includes but not limited to):

- Children under the age of 11 (Public Health England does not recommend face coverings for children under the age of 3 for health and safety reasons)
- People who cannot put on, wear or remove a face covering because of a physical or mental illness or impairment, or disability
- Where putting on, wearing or removing a face covering will cause you severe distress
- If you are speaking to or providing assistance to someone who relies on lip reading, clear sound or facial expressions to communicate
- **To avoid harm or injury, or the risk of harm or injury, to yourself or others – including if it would negatively impact on your ability to exercise or participate in a strenuous activity**
- Police officers and other emergency workers, given that this may interfere with their ability to serve the public

Link to Government website: <https://www.gov.uk/government/publications/face-coverings-when-to-wear-one-and-how-to-make-your-own/face-coverings-when-to-wear-one-and-how-to-make-your-own>

Link to Exemption PDF:

[https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/903452/Exemption from face covering badge for mobile phone.pdf](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/903452/Exemption_from_face_covering_badge_for_mobile_phone.pdf)