



Iowa Volleyball Region



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2026-2027 Age – Grade Definitions

Updated: June 16, 2026

1. All Players on an **Iowa Age Level team** must meet these age requirements. No waivers will be given to teams competing in events that qualify a team for National Competition.
2. **Iowa Grade Level teams** may have waivers for players that do not meet the age requirement so long as they are in the appropriate grade. Boys may be waived on to a girl's grade level team for 8th grade / 14u & younger teams. (No boys are allowed on age level teams.) (No grade teams needed at 18s or 17s, female or male.)

JUNIOR AGE DEFINITIONS 2026-27											
AGE	18 & Under ¹	17 & Under	16 & Under	15 & Under ³	14 & Under ⁴	13 & Under ⁵	12 & Under	11 & Under	10 & Under	9 & Under	8 & Under
JULY*	2008 ²	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018
AUG	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018
SEPT	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018
OCT	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018
NOV	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018
DEC	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018
JAN	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019
FEB	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019
MAR	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019
APR	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019
MAY	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019
JUNE	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019
GRADE	12 th	11 th	10 th	9 th	8 th	7 th	6 th	5 th	4 th	3 rd	2 nd
Grad Year	2027	2028	2029	2030	2031	2032	2033	2034	2035	2036	2037

Once a player has been enrolled at a university, college, community college or junior college AND been cleared to participate by that (volleyball) program, he/she is **ineligible** to take part in any regional and national programming, which includes but is not limited to national JNC qualifying and championship events.

Note: These age definitions are used by domestic club programs and are **NOT** the same as the age definitions for the International Competition and Domestic National Team Development Programs.

¹ **OR** players born on or after July 1, 2007, **and** a high school student in the twelfth (12th) grade or below during some part of the current academic year are eligible to compete on 18 and under teams.

² **17 & under Division** – players (female & male*) born on or after July 1, 2008 (who are defined as 18 & under by USAV Age Definition) and are in the 11th grade for the current academic year are eligible to compete in 17 and under.

³ **Male Only** – Players who were **born on or after July 1, 2011** (15 years or younger) who neither have completed nor are in a grade higher than **8th grade** during the current academic year are eligible to play in the **14 & Under division**. Allowed to participate at BJNC.

⁴ **Male Only** – Players who were **born on or after July 1, 2012** (14 years or younger) who neither have completed nor are in a grade higher than **7th grade** during the current academic year are **eligible for a Region approved waiver** to compete in the boys 13's age group.

⁵ **Male Only** – Players who were **born on or after July 1, 2013** (13 years or younger) who neither have completed nor are in a grade higher than **6th grade** during the current academic year are **eligible for a Region approved waiver** to compete in the boys 12's age group.

*The Age Definition Policy was most recently revised by the USA Volleyball Board of Directors on May 27, 2025.