



# Iowa Volleyball Region



8170 Hickman Road, Ste 5  
Clive, IA 50325-4400  
P: 515-727-1860  
F: 515-727-1861

## 2022-2023 Age – Grade Definitions

Updated: June 7, 2022

1. All Players on an **Iowa Age Level team** must meet these age requirements. No waivers will be given to teams competing in events that qualify a team for National Competition.
2. **Iowa Grade Level teams** may have waivers for players that do not meet the age requirement so long as they are in the appropriate grade. Boys may be waived on to a girl's grade level team for 8<sup>th</sup> grade / 14u & younger teams. (No boys allowed on age level teams.) (No grade teams needed at 18s male or female; or 17s female.)

JUNIOR AGE DEFINITIONS 2022-23											
AGE	18 & Under <sup>1</sup>	17 & Under	16 & Under	15 & Under <sup>3</sup>	14 & Under <sup>4</sup>	13 & Under <sup>5</sup>	12 & Under	11 & Under	10 & Under	9 & Under	8 & Under
JULY*	2004 <sup>2</sup>	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014
AUG	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014
SEPT	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014
OCT	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014
NOV	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014
DEC	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014
JAN	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015
FEB	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015
MAR	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015
APR	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015
MAY	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015
JUNE	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015
GRADE	12 <sup>th</sup>	11 <sup>th</sup>	10 <sup>th</sup>	9 <sup>th</sup>	8 <sup>th</sup>	7 <sup>th</sup>	6 <sup>th</sup>	5 <sup>th</sup>	4 <sup>th</sup>	3 <sup>rd</sup>	2 <sup>nd</sup>
Grad Year	2023	2024	2025	2026	2027	2028	2029	2030	2031	2032	2033

**Once a player participates** (including but not limited to practicing, training, attending workouts and/or competing) **in a club or varsity program for any university, college, community college or junior college, he/she is ineligible** to take part in any regional and national programming, which includes but is not limited to national JNC qualifying and championship events.

**Note:** These age definitions are used by domestic club programs and are **NOT** the same as the age definitions for the International and Domestic National Team Development programs.

<sup>1</sup> **OR** players born on or after July 1, 2003 and a high school student in the 12<sup>th</sup> grade or below during some part of the current academic year.

<sup>2</sup> **Female Only** – players born on or after July 1, 2004 (who are defined as 18 & under by USAV Age Definition) and are in the 11<sup>th</sup> grade for the current academy year are waived to compete in 17 and under.

<sup>3</sup> **Male Only** – **OR** Players who were **born on or after July 1, 2007 (15 years or younger)** who neither have completed nor are in a grade higher than **8<sup>th</sup> grade** during the current academic year are eligible to play in the **14 & Under division**.

<sup>4</sup> **Male Only** – Players who were **born on or after July 1, 2008 (14 years or younger)** who neither have completed nor are in a grade higher than **7<sup>th</sup> grade** during the current academic year are eligible for a Region approved waiver to compete in the boys 13's age group.

<sup>5</sup> **Male Only** – Players who were **born on or after July 1, 2009 (13 years or younger)** who neither have completed nor are in a grade higher than **6<sup>th</sup> grade** during the current academic year are eligible for a Region approved waiver to compete in the boys 12's age group.

**\*The Age Definition Policy was most recently revised by the USA Volleyball Board of Directors on June 30, 2020.** The classification cut-off date of July 1 was reviewed by the USAV JA and the USA RVA and research justified the new cut-off date of July 1.